

**SYLLABUS (2023 - 24 )**  
**CLASS VII**

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# **SYLLABUS 2023-2024 ENGLISH**

## **VII**

### **Term 1: 5th April to 9th September 2023**

#### **5th to 7th April**

<b>Honeycomb:</b>	<b>L-1 Three Questions</b>
<b>Writing Practice:</b>	<b>Informal letter: Advising your younger brother not to adopt unfair means in the examination.</b>
<b>Class Activity:</b>	<b>Calligraphy</b>

#### **10th to 13th April**

<b>Honeycomb:</b>	<b>L1 Contd.</b>
<b>An Alien Hand:</b>	<b>L-1 The Tiny Teacher</b>
<b>Fresh Way:</b>	<b>L-4 Verbs</b>
<b>Writing Practice:</b>	<b>Notice Writing (Found)</b>

#### **17th to 21st April**

<b>Honeycomb:</b>	<b>Poem-1 The Squirrel</b>
<b>An Alien Hand:</b>	<b>L-1 Contd.</b>
<b>Fresh Way:</b>	<b>L-4 Contd.</b>
<b>Writing Practice:</b>	<b>Paragraph Writing: 'An Important Person in Your Life'</b>

#### **24th to 29th April**

<b>Honeycomb:</b>	<b>L-2 A Gift of Chappals</b>
<b>An Alien Hand :</b>	<b>L-1 Contd.</b>
<b>Class Activity:</b>	<b>Create a 'bookmark' and write a quote related to 'Honesty' on it. Click its picture and make a pdf file of the same. Upload it in your Activity Portfolio.</b>

#### **1st to 5th May**

<b>Honeycomb:</b>	<b>L-2 Contd.</b>
<b>An Alien Hand:</b>	<b>L-2 Bringing Up Kari</b>
<b>Fresh Way:</b>	<b>L-1 Pronouns</b>

#### **8th to 13th May**

<b>Honeycomb:</b>	<b>Poem-2 The Rebel</b>
<b>An Alien Hand:</b>	<b>L-2 Contd.</b>
<b>Fresh Way:</b>	<b>L-1 Contd.</b>
<b>Writing Practice:</b>	<b>Article Writing - The Benefits of Yoga and Meditation</b>

#### **15th to 19th May**

<b>Honeycomb:</b>	<b>L-3 Gopal and the Hilsa Fish</b>
<b>Fresh Way:</b>	<b>L-2 Adjectives</b>
<b>Grammar Practice:</b>	<b>Omitting</b>

#### **22nd to 26th May**

<b>Honeycomb:</b>	<b>L-3 Contd.</b>
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<b>An Alien Hand:</b>	<b>L-5 Golu Grows a Nose</b>
<b>Fresh Way:</b>	<b>L-2 Contd.</b>
<b>Grammar Practice:</b>	<b>Editing</b>
<b>Class Activity:</b>	<b>Log in to Diksha app and do the lesson 'The Shed'. Go through all the modules of the same.</b>
<b>5th to 8th July</b>	
<b>Honeycomb:</b>	<b>Poem-3 The Shed</b>
<b>An Alien Hand:</b>	<b>L-5 Contd.</b>
<b>Fresh Way:</b>	<b>L-8 Tenses Forms and Uses (Present Tense Ex. 46 to 50)</b>
<b>Writing Practice:</b>	<b>Bio- Sketch</b>
<b>Class Activity:</b>	<b>Write a hilarious poem of four lines ending with rhyming words in your class work notebook.</b>
<b>10th to 14th July</b>	
<b>Honeycomb:</b>	<b>L-4 The Ashes That Made Trees Bloom</b>
<b>Fresh Way:</b>	<b>L-8 Tenses – Forms and Uses(Present Tense Ex. 50 to 58)</b>
<b>Writing Practice:</b>	<b>Leave Application (Sick Leave)</b>
<b>17th to 21st July</b>	
<b>Honeycomb:</b>	<b>L- 4 Contd.</b>
<b>Fresh Way:</b>	<b>L-8 Tenses (Past Tense Ex. 59 to 65)</b>
<b>Writing Practice:</b>	<b>Speech Writing: 'Significance of Cleanliness'</b>
<b>24th to 28th July</b>	
<b>Honeycomb:</b>	<b>Poem- 4 Chivvy</b>
<b>Fresh Way:</b>	<b>L-10 Active and Passive Voice</b>
<b>Class Activity:</b>	<b>Draw a picture best suitable for the poem Chivvy in your classwork notebooks. Take a pic of the same and upload in your Activity Portfolio in pdf format.</b>
<b>31st July to 4th Aug</b>	
<b>Honeycomb:</b>	<b>Poem-4 Contd.</b>
<b>Fresh Way:</b>	<b>L-10 Contd.</b>
<b>Writing Practice:</b>	<b>Message Writing</b>
<b>7th to 12th Aug</b>	
<b>Honeycomb:</b>	<b>5 Quality</b>
<b>Fresh Way:</b>	<b>L-5 Adverbs</b>
<b>Writing Practice:</b>	<b>E-mail Writing: Write an email to your friend suggesting him / her the importance of following road safety rules.</b>
<b>14th to 18th Aug</b>	
<b>Honeycomb:</b>	<b>L-5 Contd.</b>
<b>Fresh Way:</b>	<b>L-5 Contd.</b>
<b>Writing Practice:</b>	<b>Paragraph writing on 'The Indian Constitution'.</b>

**21st to 25th Aug**

**Honeycomb:**

**Fresh Way:**

**Class Activity:**

**Poem-5 Trees**

**L-14 Capital Letters and Punctuation**

**Use Google Docs and type a short paragraph of about 5 to 7 sentences on 'Artificial Intelligence' using speech recognition. The upload a pdf of it in your activity portfolio.**

**REVISION (28th Aug to 9th Sept'23)**

**28th Aug to 2nd Sep**

**Honeycomb:**

**An Alien Hand:**

**Fresh Way:**

**Writing Practice:**

**L-1, L-3**

**L-1, L-2**

**Tense, Active and Passive Voice, Verbs, Pronouns**

**Article Writing, E-mail Writing, Notice Writing & Bio-sketch**

**4th to 9th Sep:**

**Honeycomb:**

**An Alien Hand:**

**Fresh Way:**

**Writing Practice:**

**L-4, L-5**

**L-5**

**Adjectives, Omitting/Editing, Present Tense, Adverbs**

**Message Writing, Informal letter Writing, Paragraph Writing and Leave Application Writing.**

**(Question/Answer and all notebook work along with Diary Entry/ Character Sketch)**

**Term 2:(3rd Oct'23 to 29th February'24)**

**3rd to 6th Oct**

**Honeycomb:**

**Fresh Way:**

**AI Class Activity:**

**L-6 Expert Detectives**

**L-9 Modals**

**Use Quick, Draw!**

**This game uses AI to recognize identifying features of different objects, places and animals. Put your doodling skills to the test and see if the game's AI can guess your drawing! Upload a screen shot in pdf format it in your activity portfolio.**

**9th to 13th Oct**

**Honeycomb:**

**An Alien Hand:**

**Fresh Way:**

**Writing Practice:**

**L-6 Contd.**

**L-7 Chandni**

**L-9 Contd.**

**Notice Writing (Competition)**

**16th to 21st Oct**

**Honeycomb:**

**Poem-6 Mystery of the Talking Fan**

<b>An Alien Hand:</b>	<b>L-7 Contd.</b>
<b>Fresh Way:</b>	<b>L-6 Preposition</b>
<b>Writing Practice:</b>	<b>Informal Letter to your friend inviting him/her to celebrate Diwali with you.</b>

<b>23rd and 27th Oct</b>	
<b>Honeycomb:</b>	<b>L-7 The Invention of Vita-Wonk</b>
<b>An Alien Hand:</b>	<b>L-7 Contd.</b>
<b>Fresh Way:</b>	<b>L-6 Contd.</b>
<b>Writing Practice:</b>	<b>Message Writing</b>

<b>30th Oct to 4th Nov</b>	
<b>Honeycomb:</b>	<b>L-7 Contd.</b>
<b>An Alien Hand:</b>	<b>L-8 The Bear Story</b>
<b>Fresh Way:</b>	<b>L-7 Conjunctions</b>

<b>6th and 7th Nov</b>	
<b>An Alien Hand:</b>	<b>L-8 Contd.</b>
<b>Fresh Way:</b>	<b>L-7 Contd.</b>
<b>Writing Practice:</b>	<b>Story Writing</b>
<b>Class Activity:</b>	<b>Everyday Conversation</b>

<b>16th to 18th Nov</b>	
<b>Honeycomb:</b>	<b>Poem-7 Dad and the Cat and the Tree</b>
<b>Fresh Way:</b>	<b>L-13 Direct and Indirect Speech</b>
<b>Writing Practice:</b>	<b>Speech Writing- 'Say No To Plastic'</b>
<b>Class Activity:</b>	<b>Writing Practice - A short poem on any topic of your choice.</b>

<b>20th to 24th Nov</b>	
<b>Honeycomb:</b>	<b>Poem-8 Meadow Surprises</b>
<b>Fresh Way:</b>	<b>L-13 Contd.</b>
<b>Writing Practice:</b>	<b>Paragraph Writing - 'The Winter Season'.</b>

<b>28th Nov to 1st Dec</b>	
<b>An Alien Hand:</b>	<b>L-9 A Tiger in the House</b>
<b>Fresh Way:</b>	<b>L-13 Contd.</b>
<b>Writing Practice:</b>	<b>Bio-Sketch</b>
<b>Class Activity:</b>	<b>Students will be asked to write four lines ending with rhyming words and create a short poem. Use <a href="http://versebyverse.com">versebyverse.com</a> for the same.</b>

<b>4th to 9th Dec</b>	
<b>An Alien Hand:</b>	<b>L-9 Contd.</b>
<b>Fresh Way:</b>	<b>L-3 Articles</b>
<b>Writing Practice:</b>	<b>E-Mail to a friend advising him/her how to fight Global Warming.</b>

**11th to 15th Dec**

<b>Honeycomb:</b>	<b>Poem-9 Garden Snake</b>
<b>Fresh Way:</b>	<b>L-3 Contd.</b>
<b>Grammar Practice:</b>	<b>Editing</b>

**18th to 22nd Dec**

<b>Honeycomb:</b>	<b>L 8 A Homage To Our Brave Soldiers.</b>
<b>An Alien Hand:</b>	<b>L9 -Contd.</b>
<b>Fresh Way:</b>	<b>Comprehension</b>
<b>Grammar Practice:</b>	<b>Omitting</b>

**26th to 29th Dec**

<b>Honeycomb:</b>	<b>L-8 Contd.</b>
<b>An Alien Hand:</b>	<b>L-10 An Alien Hand</b>
<b>Fresh Way:</b>	<b>Comprehension</b>
<b>Class Activity:</b>	<b>Write a slogan' on 'Water Conservation' and upload the pdf file in your activity portfolio.</b>

**15th to 19th Jan**

<b>Honeycomb:</b>	<b>L-8 Contd.</b>
<b>An Alien Hand:</b>	<b>L-10 Contd.</b>
<b>Writing Practice:</b>	<b>Leave Application (For Urgent piece of work)</b>

**22nd to 25th Jan**

<b>Reading Practice:</b>	<b>Comprehension</b>
<b>Fresh Way:</b>	<b>Dialogue Completion</b>
<b>Class Activity:</b>	<b>Make a collage of pictures of space in your notebook.</b>

**29th Jan to 2nd Feb:**

<b>Reading Practice:</b>	<b>Comprehension</b>
<b>Fresh Way:</b>	<b>Dialogue Completion Contd.</b>
<b>Class Activity:</b>	<b>Make a comic strip on any nice joke and upload in your Activity Portfolio.</b>

**Revision (5th to 29th February'24)**

**5th to 9th Feb:**

<b>Honeycomb:</b>	<b>L-6 Expert Detectives,</b>
<b>An Alien Hand:</b>	<b>L-7 Chandni, L-8 The Bear Story</b>
<b>Fresh Way:</b>	<b>Omitting/Editing, Direct-Indirect Speech</b>
<b>Writing Practice:</b>	<b>Letter Writing, Message Writing</b>

**12th to 16th Feb**

<b>Honeycomb:</b>	<b>L-7 The Invention of Vita-Wonk, L 8 A Homage To Our Brave Soldiers</b>
<b>An Alien Hand:</b>	<b>L-9 A Tiger in the House, An Alien Hand</b>

**Fresh Way: Modals, Preposition**  
**Writing Practice: E-mail Writing, Speech Writing**

**19th to 24th Feb**

**Revision of all poem and prose extracts will be done along with Diary Entry/ Character Sketch.**

**26th to 29th Feb**

**Revision of Term-1 syllabus will be done**

**Syllabus of PTs:**

**PT 1:**

**Honeycomb: L-1 Three Questions**  
**Poem-1 The Squirrel**  
**An Alien Hand: L-1 The Tiny Teacher**  
**Fresh Way: L-4 Verbs, L-1 Pronoun**  
**Writing: Notice Writing**

**PT 2:**

**Honeycomb: L-2 A Gift of Chappals**  
**Poem-2 The Rebel**  
**An Alien Hand: L-2 Bringing up Kari**  
**Fresh Way: L-10 Active and Passive Voice, L-8 Tense (Present Tense)**  
**Writing: Paragraph Writing**

**PT 3:**

**Honeycomb: L-6 Expert Detectives**  
**Poem-6 Mystery of the Talking Fan**  
**An Alien Hand: L-7 Chandni**  
**Fresh Way: L-6 Preposition, L-9 Modals**  
**Writing: Message Writing**

**PT 4:**

**Honeycomb: L-7 The Invention of Vita-Wonk**  
**Poem-7 Dad and the Cat and the Tree**  
**An Alien Hand: L-8 The Bear Story**  
**Fresh Way: L-3 Articles, L-13 Direct and Indirect Speech**  
**Writing: E-Mail Writing**

**Half Yearly**

**Honeycomb: Lessons 1 to 5**  
**An Alien Hand: Lessons 1, 2 and 5**  
**Writing & Grammar: 5th April to 25th August**

**Final Exam**

**Honeycomb: Lessons 1, 3, 6, 7 and 8**  
**An Alien Hand: Lessons 3, 5, 7, 8, 9, 10**

**Writing:** Full Syllabus  
**Grammar:** 3rd October to 25th February 2024 and L-8: Tenses (Present & Past)

**Deleted Chapters:**

**Honeycomb:** Unit 8 Fire: Friend and Foe  
Unit 9: A Bicycle in Good Repair  
Unit 10: The Story of Cricket

**An Alien Hand:** L 3: The Desert  
L 4: The Cop and the Anthem  
L 6: I Want Something in a Cage

Pattern for Periodic Test							
Time:30-35Mins.						M.M: 20	
Section	A	B	C		D		Total
	Reading	Writing	Grammar		Literature		
Ques.	1	2	3	4	5	6	
M.M.	5	4	2	2	2	5	20

Pattern for Half Yearly / Final Examination																
Time: 3 Hrs														M.M. 80		
Section	Reading			Writing				Grammar					Literature			
	A (20)			B (20)				C (15)					D (25)			
Ques.	1	2	3	4	5	6	7	8	9	10	11	12	13		14	15
													a	b	c	
M.M.	10	5	5	3	5	6	6	3	3	3	3	3	3	3	3	6



सत्र एक : 5 अप्रैल से वसिंतंबर 2023

5 से 7 अप्रैल

वसंत : पाठ 1 हम पंखी उन्मुक्त गगन के  
रचनात्मक-कार्य : 'काश ! हमारे पास भी पंख होते....'  
विषय पर दो बच्चों की बातचीत

10 से 13 अप्रैल

वसंत : पाठ 3 हिमालय की बेटियाँ  
व्याकरण : भिन्नार्थक शब्द पृष्ठ 87-88 (1-7)  
पर्यायवाची शब्द पृष्ठ 72 (1-10)  
अनेकार्थक शब्द पृष्ठ 79 (1-6)

17 से 21 अप्रैल

वसंत : पाठ 3 हिमालय की बेटियाँ  
व्याकरण : अनेक शब्दों के लिए एक शब्द पृष्ठ 82  
(1-10), विलोम शब्द पृष्ठ 85 (1-15)  
शुद्ध कीजिए पृष्ठ 187 (1-3)  
रचनात्मक-कार्य : पर्वत एवं नदी का चित्र बनाना

24 से 29 अप्रैल

वसंत : पाठ 4 कठपुतली  
व्याकरण : मुहावरे पृष्ठ 201-202 (1-12)  
लौकिकीयता पृष्ठ 204-205 (1-7)  
अपठित गद्यांश

1 से 5 मई

वसंत : पाठ 4 कठपुतली  
व्याकरण : वर्ण-विचार, संज्ञा  
रचनात्मक-कार्य : 'आत्मनिर्भरता' विषय पर चर्चा

8 से 13 मई

वसंत : पाठ 5 मिठाईवाला  
व्याकरण : सर्वनाम , वाक्य

15 से 19 मई

वसंत : पाठ 5 मिठाईवाला  
व्याकरण : समास ( अव्ययीभाव , तत्पुंस्य  
स्वं कर्मधारय )

22 से 26 मई

वसंत : पाठ 5 मिठाईवाला  
व्याकरण : क्रिया  
रचनात्मक-कार्य : क्राफ्ट की कोई एक वस्तु बनाना

5 से 8 जुलाई

वसंत : पाठ 7 पापा खो गए  
पत्र : यात्रा की मंगलकामना करते हुए  
अपने मित्र को पत्र ।

10 से 14 जुलाई

वसंत : पाठ 7 पापा खो गए  
व्याकरण : कर्ता, कर्म एवं क्रिया की पहचान  
निबंध : इंटरनेट की दुनिया

17 से 21 जुलाई

वसंत : पाठ 7 पापा खो गए  
व्याकरण : विलोम शब्द पृ० 85 ( 16-35 )  
शुद्ध कीलिय पृ० 188 ( 4,5 )  
रचनात्मक-कार्य : खिड़की का दरवाजे से संवाद  
करते हुए दिखाना ।

24 से 28 जुलाई

वसंत : पाठ 8 शाम-एक किसान  
व्याकरण : अनेक शब्दों के लिए एक शब्द  
पृ० 82 (11-18)

31 जुलाई से 4 अगस्त

वसंत : पाठ 8 शाम-एक किसान  
पत्र : हिंदी की महत्ता बताते हुए  
मित्र को पत्र ।  
रचनात्मक-कार्य : शाम के दृश्य का चित्र बनाना ।

7 से 12 अगस्त

वसंत : पाठ 10 अपूर्व अनुभव  
व्याकरण : भिन्नार्थक शब्द पृ० 88 (8-15)  
अनेकार्थक शब्द पृ० 79 (7-12)  
पर्यायवाची शब्द पृ० 72 (11-20)

14 से 18 अगस्त

वसंत : पाठ 10 अपूर्व अनुभव  
व्याकरण : मुहावरे पृ० 202-203 (13-25)  
लौकिकीतयाँ पृ० 205-206 (8-14)  
निबंध : बढ़ती सड़क दुर्घटनाएँ : जिम्मेदार कौन

21 से 25 अगस्त

वसंत : पाठ 10 अपूर्व अनुभव  
पत्र : पार्क को सही करवाने हेतु  
नगरपालिका के अध्यक्ष को पत्र ।  
रचनात्मक-कार्य : वीरता व जोखिम से भरी कहानी  
सुनाना ।

Page: \_\_\_\_\_  
Date: \_\_\_\_\_

## पुनरावृत्ति ( १४ अगस्त से १ सितम्बर )

१४ अगस्त से १ सितम्बर

वसंत : पाठ ७, ८  
व्याकरण : विलोम शब्द, भिन्नार्थक शब्द, पर्यायवाची शब्द, अनेकार्थक शब्द, अनेक शब्दों के लिए एक शब्द ।

५ से १ सितम्बर

वसंत : पाठ १०  
व्याकरण : वाक्य, समास, संज्ञा, सर्वनाम, क्रिया ।

सत्र दो : ३ अक्टूबर २०२३ से २१ फरवरी २०२४

३ से ६ अक्टूबर

वसंत : पाठ ११ रहीम के दोहे  
व्याकरण : पर्यायवाची शब्द (पृ० १२) (१-३०), शुद्ध कीलिय पृ० १४४ (६-७), विलोम शब्द पृ० ४५ (३६-५०)  
रचनात्मक-कार्य : कौड़ी के दोहे सस्वर सुनाना ।

१ से १३ अक्टूबर

वसंत : पाठ १५ खानपान की बदलती तस्वीर  
व्याकरण : अनेकार्थक शब्द पृ० ११९-४० (१३-१९), अनेक शब्दों के लिए एक शब्द पृ० ४९ (१९-२७), लघुकथा-लेखन

१६ से २१ अक्टूबर

वसंत : पाठ १५ खानपान की बदलती तस्वीर  
व्याकरण : भिन्नार्थक शब्द पृ० ४४ (१६-३१)  
रचनात्मक-कार्य : संतुलित आहार का चार्ट



23 से 27 अक्टूबर

वसंत : पाठ 13 एक तिनका  
व्याकरण : विराम चिह्न, विशेषण, क्रियाविशेषण,  
विलोम शब्द पृ० 85 (51-65)  
निबंध : स्वच्छता का महत्व

30 अक्टूबर से 4 नवंबर

वसंत : पाठ 13 एक तिनका  
पत्र : छोटे भाई की परीक्षा की सफलता पर  
बधाई पत्र।  
रचनात्मक-कार्य : 'विनम्रता' पर कोई श्लोक/दोहा या  
कविता सुनाना

6 और 7 नवंबर

व्याकरण : कारक, मुहावरे पृ० 203 (26-35),  
लौकिकीय पृ० 206 (15-22)

16 से 18 नवंबर

वसंत : पाठ 15 नीलकंठ  
व्याकरण : समास (द्वंद्व, द्विगु एवं बहुव्रीहि)

20 से 24 नवंबर

वसंत : पाठ 15 नीलकंठ  
पत्र : 'हिंदी कविता प्रतियोगिता' में प्रथम आने  
पर अपनी माता जी को पत्र।  
रचनात्मक-कार्य : पशुओं या पक्षियों से संबंधित  
पी. पी. टी. तैयार करना।

28 नवंबर से 1 दिसंबर

वसंत : पाठ 16 और और बरखा  
व्याकरण : पर्यायवाची शब्द पृ० 73 (31-40),  
उपसर्ग-प्रत्यय, लघुकथा-लेखन

4 से 9 दिसंबर

- वसंत : पाठ 16 और और बरखा  
व्याकरण : अनेक शब्दों के लिए एक शब्द  
पृ० 82-83 (28-36)  
मुहावरे पृ० 203-204 (36-50)  
रचनात्मक-कार्य : मीरा जी के पद सस्वर सुनाना ।

11 से 15 दिसंबर

- वसंत : पाठ 17 वीर कुँवर सिंह  
पत्र : बालसभा आयोजित करने हेतु प्रधानाचार्या  
जी को प्रार्थना पत्र ।  
संवाद-लेखन : गृहकार्य न करके लाए बच्चे और अध्यापिका  
जी के मध्य संवाद ।

18 से 22 दिसंबर

- वसंत : पाठ 17 वीर कुँवर सिंह  
व्याकरण : विलोम शब्द पृ० 85 (66-75)  
रचनात्मक-कार्य : 'वीर कुँवर सिंह' पर डाक्यूमेंट्री तैयार करना ।

26 से 29 दिसंबर

- वसंत : पाठ 18 संघर्ष के कारण मैं तुनुकमिजाज  
हो गया : धनराज  
व्याकरण : अनैकार्थक शब्द पृ० 80 (20-25)  
शुद्ध कीजिए पृ० 189 (8, 9)

15 से 19 जनवरी 2024

- वसंत : पाठ 18 संघर्ष के कारण मैं तुनुकमिजाज हो गया : धनराज  
संवाद-लेखन : मनुष्य के पुर्न्यवहार से दुखी दो पैड़ों के  
मध्य संवाद ।  
रचनात्मक-कार्य : हॉकी खेल को मैदान में खेलना ।

११ से २५ जनवरी

वसंत : पाठ १५ आश्रम का अनुमानित व्यय  
व्याकरण : लौकीकृतियाँ पृ० १०१ (१३-१४)  
निबंध : आत्मनिर्भरता

१५ जनवरी से १ फरवरी

वसंत : पाठ १५ आश्रम का अनुमानित व्यय  
रचनात्मक-कार्य : पौध लगाना, खाद बनाना, कील लगाना,  
गमले पेंट करना आदि काम सीखना।

पुनरावृत्ति (५ से १५ फरवरी २०१५)

५ से ५ फरवरी

वसंत : पाठ १, ५, ११  
व्याकरण : समास, कारक, विशेषण

११ से १६ फरवरी

वसंत : पाठ १३ से १६  
व्याकरण : विलोम शब्द, क्रियाविशेषण  
मुहावरे, लौकीकृतियाँ, लघुकथा-लेखन

१५ से १५ फरवरी

वसंत : पाठ १७ से १९  
व्याकरण : उपसर्ग-प्रत्यय, पर्यायवाची शब्द, पत्र  
१६ से १९ फरवरी : अनेकार्थक शब्द, निबंध।

Periodic Test

पाठ्यक्रम

Periodic Test 1

वसंत : पाठ १, ३  
व्याकरण : भिन्नार्थक शब्द (१-७), विलोम शब्द (१-१५),  
अनेक शब्दों के लिए एक शब्द (१-१०),  
7 P.T.O.

पर्यायवाची शब्द (1-10), अनेकार्थक शब्द  
शुद्ध कीजिए (1-3) लिंग, वचन (1-6),  
तथा सर्वनाम संबंधी अभ्युदियाँ ।

### Periodic Test 2

वसंत : पाठ 4, 5  
व्याकरण : संज्ञा, सर्वनाम, वर्ण-विचार, वाक्य,  
मुहावरे (1-12), लोकोक्तियाँ (1-7)

### Periodic Test 3

वसंत : पाठ 11, 14  
व्याकरण : पर्यायवाची शब्द (21-30), विलोम शब्द (36-50)  
शुद्ध करो (6-7), भिन्नार्थक शब्द (16-31),  
अनेक शब्दों के लिए एक शब्द (19-27),  
अनेकार्थक शब्द (13-14)

### Periodic Test 4

वसंत : पाठ 13, 15  
व्याकरण : विशेषण, क्रियाविशेषण, विराम चिह्न,  
विलोम शब्द (51-65), कारक,  
समास (द्वन्द्व, द्विगु एवं बहुव्रीहि)

### अर्द्धवार्षिक-परीक्षा-पाठ्यक्रम

वसंत : पाठ 1, 3, 4, 5, 7, 8, 10  
व्याकरण : 5 अप्रैल से 25 अगस्त तक

### वार्षिक-परीक्षा-पाठ्यक्रम

वसंत : पाठ 1, 5, 11, 13 से 14  
व्याकरण : समास (अव्ययीभाव, तत्पुरुष एवं कर्मधारय)  
3 अक्टूबर 2023 से 29 फरवरी 2024 तक  
(8) PTO



# अंक विभाजन

## Periodic Test

Signature  
Date

वसंत 08	व्याकरण 12	कुल 20
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### अंकविभाजन

खंड-क (45)	अर्द्धवार्षिक-परीक्षा के अंक	वार्षिक-परीक्षा के अंक
1 (क) विलोम शब्द	02	02
(ख) अनेक शब्दों के लिए एक शब्द	02	02
2 (क) अनैकार्थक शब्द	02	02
(ख) पर्यायवाची शब्द	02	02
3 (क) भिन्नार्थक शब्द	02	02
(ख) शुद्ध कीजिए	02	02
4 वाक्य	02	02
प्रत्यय एवं उपसर्ग	02	—
5 वर्ण-विचार	—	02
विराम-चिह्न	02	—
6 संज्ञा	02	02
कारक	—	02
7 समास	02	02
8 मुहावरे एवं लौकिकीयताएँ	03	03
9 सर्वनाम	03	—
विशेषण	—	03
10 क्रिया	03	—
क्रियाविशेषण	—	03
11 अपठित गद्यांश	05	—
संवाद - लेखन / लघुकथा - लेखन	—	05
12 पत्र	05	05
13 निबंध	06	06
खंड-ख (35)		
14 सप्रसंग व्याख्या	06	06
15 आशय स्पष्ट कीजिए	04	04
16-19 प्रश्नोत्तर	20	20
20 शब्दार्थ	05	05
कुल	80	80

## **SYLLABUS 2023-2024**

### **MATHEMATICS (CLASS VII)**

Term 1 : 5th April to 9th September' 23

5 th to 7 th April	<b>Ch. 1 Integers</b> , Ex 1.1
10 th to 13 th April	Ex 1.1 (Contd), Ex 1.2
17 th to 21 st April	Ex 1.3 , Activity : Addition of Integers ( Art Integrated)
24 th to 29 th April	<b>Ch. 2 Fractions and Decimals</b> Ex 2.1, Ex2.2
1 st to 5 th May	Ex 2.3 , Ex 2.4
8 th to 13 th May	Ex 2.5 Assignment will be given
15 th to 19 th May	Activity: Convert fraction into decimal and vice versa ( Art Integrated) <b>Ch-8 Rational Numbers</b> , Ex8.1
22 nd to 26 th May	Ex 8.2 , Assignment will be given
5 th to 8 th July	<b>Ch.7 Comparing Quantities</b> , Ex7.1
10 th to 14 th July	Ex 7.2 Assignment will be given Video on Simple interest
17 th to 21 st July	<b>Ch- 3 Data Handling</b> , Ex 3.1
24 th to 28 th July	Ex 3.2, Ex 3.3
31 st July to 4 th Aug	Activity: Compare the marks obtained in PT -1 and PT2 using double bar graph, Assignment will be given
7th Aug to 12th Aug	<b>Ch- 5 Lines and angles</b> , Ex 5.1
14 th to 18 th Aug	Ex 5.2

Activity: Relation between angles when two parallel lines  
Are cut by transversal

21 st to 25 th Aug

**Chapter 12 Symmetry** ,

Ex 12.1, Ex12.2 , Ex12.3

Activity of symmetry

28 th Aug to 2 nd Sep

Revision of Ch 1, 2, 3

4 th to 9 th Sep

Revision of 5 , 7, 8

Term 2 : 3rd Oct 2023 to 29th Feb 2024

3rd to 6th Oct

**Ch.4 Simple Equations** Ex 4.1

9th to 13th Oct

Ex 4.2, Activity : To generate mathematical equation of  
The given expression

16th to 21st Oct

Ex4.3, Assignment will be given

23 rd to 27th Oct

**Ch. 6 Triangle and its properties**

Ex 6.1

Activity : To verify angle sum property of  
a triangle

30th Oct to 4th Nov

Ex 6.2 , Ex 6.3

6th and 7th Nov

Ex 6.4

16th to 18th Nov

Ex 6.5

Activity : To verify Pythagoras Theorem

20th to 24th Nov

**Ch-9 Perimeter and Area**

Ex 9. Activity: To find area  
of a circle

28th Nov to 1st Dec .	Ex 9 . 2
4th to 9th Dec	<b>Ch-11 Exponents and Powers</b> , Ex 11.1
11th to 15th Dec	Ex 11.2 Ex 11.3
18th to 22 nd Dec	Activity: Exponents using paper folding (Art Integrated) Assignment will be given.
26th to 29th Dec	<b>Ch-10 Algebraic Expression</b> , Ex 10.1
15th to 19 th Jan'24	Ex 10.2
22 nd to 25th Jan	Assignment will be given <b>Ch- 13 Visualising Solid Shapes</b> Ex13.1
29 th Jan to 2nd Feb	Ex 13.2 , Ex 13.3, Ex 13.4
5th to 9th Feb	Revision of ch 4 ,6
12th to 16th Feb	Revision of ch 9 , 10
19th to 24th Feb	Revision of Ch 11, 13
26th and 29th Feb	Revision of Ch 2 ,3, 8

Syllabus for Periodic Tests											
PT1		PT2		PT3		PT4					
Ch 1, 2		Ch 7, 8		Ch 4, 6		Ch 9, 11					
Pattern for Periodic Test											
Ques.	2	3	3	Total							
M.M.	01	02	04								
Pattern for Half Yearly and Yearly Exams											
Section		A	B	C	D	TOTAL					
No. of Questions		20	08	08	05	80					
Marks		01	02	03	04						
Lessonwise Weightage of Half Yearly Exams											
L. No.	1	2	3	5	7	8	14	TOTAL			
Marks	10	13	13	13	13	13	05	80			
Lesson wise Weightage of Yearly Examination											
L.No.	4	6	9	10	11	13	3	2	8	TOTAL	
Marks	11	12	11	09	12	04	09	05	07	80	

**Term 1 : 5<sup>th</sup> April to 09<sup>th</sup> September 2023**

**5<sup>th</sup> to 7<sup>th</sup> April** : Ch.1 Nutrition in Plants

**10<sup>th</sup> to 13<sup>th</sup> April** : Ch. 1 Contd

**Activity** : To make a PPT on different modes of nutrition in plants

**17<sup>th</sup> to 21<sup>st</sup> April** : Ch 4 Heat

**24<sup>th</sup> to 29<sup>th</sup> April** : Ch 4 Heat

**Activity** : To perform an experiment to understand radiation and emission by black colour

**1<sup>st</sup> to 5<sup>th</sup> May** : Ch. 2 Nutrition in Animals

**8<sup>th</sup> to 13<sup>th</sup> May** : Ch 2 Contd

**15<sup>th</sup> to 19<sup>th</sup> May** : Ch. 2 Contd

**Activity** : To conduct a role play on the topic 'Nutrition in Animals'

**22<sup>nd</sup> to 26<sup>th</sup> May** : Ch. 5 Acids, Bases & Salts

**5<sup>th</sup> to 8<sup>th</sup> July** : Ch-5 Contd

**Activity** : To test the acidic or basic nature of the given solution by using litmus solution/paper as an indicator.

**10<sup>th</sup> to 14<sup>th</sup> July** : Ch 6 Physical & Chemical changes

**17<sup>th</sup> to 21<sup>st</sup> July** : Ch 6 Contd

**Activity** : To take pictures of different changes and make a collage

**24<sup>th</sup> to 28<sup>th</sup> July** : Ch 10 Respiration in Organism

**31<sup>st</sup> July to 4<sup>th</sup> Aug** : Ch 10 Contd

**Activity** : To make a model (DIY) of lungs using straws, balloons and plastic bottle

**7<sup>th</sup> to 12<sup>th</sup> Aug** : Ch 15 Light

**14<sup>th</sup> to 18<sup>th</sup> Aug** : Ch 15 Contd

**21<sup>st</sup> to 25<sup>th</sup> Aug.** : Ch 15 Contd

**Activity** : To make a rainbow with the help of clay.

**28<sup>th</sup> Aug to 2<sup>nd</sup> Sept** : Revision of Ch 1,4,2,5  
**4<sup>th</sup> to 9<sup>th</sup> Sept** : Revision of Ch 6,10, 15

**Term 2 : 3<sup>rd</sup> Oct 2023 to 29<sup>th</sup> Feb 2024**

**3<sup>rd</sup> to 6<sup>th</sup> Oct.** : Ch 12 Reproduction in Plants

**9<sup>th</sup> to 13<sup>th</sup> Oct** : Ch 12 Contd

**Activity** : To use autodraw for various modes of asexual reproduction in plants.

**16<sup>th</sup> to 21<sup>st</sup> Oct** : Ch 14 Electric current and its effect

**23<sup>rd</sup> to 27<sup>th</sup> Oct** : Ch 14 Contd

**Activity** : To conduct a role play on the topic: Different electrical components.

**30<sup>th</sup> Oct to 4<sup>th</sup> Nov** : Ch 17 Forests our lifeline

**6<sup>th</sup> & 7<sup>th</sup> Nov** : Ch 17 Contd

**16<sup>th</sup> to 18<sup>th</sup> Nov** : Ch 17 Contd

**Activity** : To use Google Lens to collect information related to tropical rain forest

**20<sup>th</sup> to 24<sup>th</sup> Nov** : Ch 11 Transportation in Animals & Plants

**28<sup>th</sup> Nov to 1<sup>st</sup> Dec** : Ch 11 Contd

**4<sup>th</sup> to 9<sup>th</sup> Dec** : Ch 11 Contd

**Activity** : To write a story by assuming yourself as blood on [www.inklewriter.com](http://www.inklewriter.com)

**11<sup>th</sup> to 15<sup>th</sup> Dec.** : Ch 18 Waste water story

**18<sup>th</sup> to 22<sup>nd</sup> Dec** : Ch 18 Contd

**26<sup>th</sup> to 29<sup>th</sup> Dec.** : Ch 18 Contd

**Activity** : To make a table on A4 sheet about water borne diseases and their pathogens

**15<sup>th</sup> to 19<sup>th</sup> Jan'24** : Ch 13 Motion and Time

**22<sup>nd</sup> to 25<sup>th</sup> Jan** : Ch-13 Contd

**29<sup>th</sup> Jan to 2<sup>nd</sup> Feb** : Ch 13 Contd

**Activity** : To use a time measuring device available in house to measure time required for different daily life activities.( at least four)

**5<sup>th</sup> to 9<sup>th</sup> Feb** : Revision of Ch 2,4,6,  
**12<sup>th</sup> to 16<sup>th</sup> Feb** : Revision of Ch 12,13  
**19<sup>th</sup> to 24<sup>th</sup> Feb** : Revision of Ch 14,17  
**26<sup>th</sup> to 29<sup>th</sup> Feb** : Revision of Ch 11, 18

**Periodic test 1:**

**Ch 1 : Nutrition in Plants**  
**Ch 4 : Heat**

**Periodic Test 2**

**Ch 2: Nutrition in Animals**  
**Ch 5: Acids, Bases & Salts**

**Periodic Test 3:**

**Ch 12: Reproduction in Plants**  
**Ch 14: Electric current and its effect**

**Periodic Test 4:**

**Ch 11: Transportation in animals and plants**  
**Ch 17 : Forests our lifeline**



## Pattern for Half Yearly and Final Examination

Type of Ques.	MCQ	FI B	VSAQ	SAI (2M)	SAII (3M)	LA (5M)	Marks
No. of Ques.	10	5	5	9	9	3	80
Marks	10	05	05	18	27	15	

## Lessonwise Weightage for Half Yearly Exams

L. No.	1	2	4	5	6	10	15			TOTAL
Marks	12	12	12	10	10	12	12			80

## Lessonwise Weightage for Final Examination

L. No.	11	12	13	14	17	18	2	4	6				TOTAL
Marks	12	12	10	10	08	08	07	07	06				80

## Pattern of PT-I, II, III and IV

Time : 30-35 Minutes

M.M. : 20

No. of Questions	3	4	3	Total
Marks	01	02	03	20

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**SYLLABUS 2023-24**  
**Social Science Class VII**

**Term 1: 5<sup>th</sup> April to 9<sup>th</sup> September 2022**

**5<sup>th</sup> to 7<sup>th</sup> April**

History : L-1 Tracing Changes Through a Thousand Years

**10<sup>th</sup> to 13<sup>th</sup> April**

History : L-1 Contd.

Geography : L-1 Environment

Civics : L-1 On Equality

**17<sup>th</sup> to 21<sup>st</sup> April**

History : L-1 Contd.

Geography : L-1 Contd.

Civics : L-1 Contd.

AI Activity : PPT showing Components of Environment.

**24<sup>th</sup> to 29<sup>th</sup> April**

History : L-2 Kings and Kingdoms

Geography : L-2 Inside Our Earth

Civics : L-1 Contd.

AI Activity : Make a model of 'Layers of Earth' with clay

Map : Pg.16 Major Kingdoms Seventh-Twelfth centuries .

**1<sup>st</sup> to 5<sup>th</sup> May**

History : L-2 Contd.

Geography : L-2 Contd.

Civics : L-2 Role of the Government in Health.

Map : States and Capitals of India

**8<sup>th</sup> to 13<sup>th</sup> May**

History : L-2 Contd.

Civics : L-2 Contd.

Geography : L-2 Contd.

**15<sup>th</sup> to 19<sup>th</sup> May**

History : L-2 Contd.

Civics : L-2 Contd.

AI Activity : Presentation showing the Contrast of Public and Private Health Care Facilities and facts stating the contrast of Healthcare in India.

**22<sup>nd</sup> to 26<sup>th</sup> May**

History: L-2 Contd.  
Civics: L-2 Contd.

**5<sup>th</sup> to 8<sup>th</sup> July**

History : L-3 Delhi 12<sup>th</sup> to 15<sup>th</sup> Century  
Geography : L-3 Our Changing Earth  
Civics : L-2 Contd.

**10<sup>th</sup> to 14<sup>th</sup> July**

Geography : L-3 Contd.  
History : L-3 Contd.  
AI Activity: Evolution of Various  
Landforms using  
sand/ sparkle

**17<sup>th</sup> to 21<sup>st</sup> July**

History : L-3 Contd.  
Civics : L-3 How the State Government Works  
AI Activity : Make a power point presentation on State  
Legislative Election process.

**24<sup>th</sup> to 28<sup>th</sup> July**

History : L-3 Contd.  
Civics : L-3 Contd.

**31<sup>st</sup> July to 4<sup>th</sup> August**

History : L-4 The Mughal 16<sup>th</sup> to 17<sup>th</sup> Century  
Civics L-4 Growing up as Boys and Girls

**7<sup>th</sup> to 12<sup>th</sup> August**

History : L-4 Contd.  
Geography : L-4 Air  
Civics : L-4 Contd.  
AI Activity : Make a Model in a Glass/ Jar showing Layers of the Atmosphere.

**14<sup>th</sup> to 18<sup>th</sup> August**

History : L-4 Contd.  
Civics : L-4 Contd.  
Geography : L-4 Contd..  
Map : Military Campaigns under Akbar and Aurangzeb

### **21<sup>st</sup> to 25<sup>th</sup> August**

History : L-4 Contd.

Geography : L-4 Contd.

### **Revision**

### **28<sup>th</sup> August to 2<sup>nd</sup> September**

Geography : L-2, 4

Civics : L-1, 2

History : L-3,4

Map: States and Capitals of India

### **4<sup>th</sup> to 9<sup>th</sup> September**

History : L-1, 2

Map : Major Kingdoms Seventh-Twelfth Centuries ,  
Military Campaign under Akbar and Aurangzeb

Geography : L-1, 3

Diagram : Interior of the Earth , Rock cycle,  
Composition of the Atmosphere

Civics : L-3,4

## **Term 2: 3<sup>rd</sup> October 2023 to 29<sup>th</sup> February 2024**

### **03<sup>rd</sup> to 6<sup>th</sup> October**

History : L-5 Tribes , Nomads and Settled Communities

Geography : L-5 Water

Civics : L- 5 Women Change the World

AI Activity: Make a Collage of Women of Substance of 21<sup>st</sup> Century

### **9<sup>th</sup> to 13<sup>th</sup> October**

History : L-5 Contd.

Geography: L-5 Contd.

Civics : L-5 Contd.

AI Activity : Talk on Ways to Prevent Water Pollution

### **16<sup>th</sup> to 21<sup>st</sup> October**

History : L-5 Contd.

Geography : L-5 Contd.

Civics : L-5 Contd.

Map : World-Major seas, Lakes and Rivers

### **23<sup>th</sup> to 27<sup>th</sup> October**

History : L-5 Contd.

Civics : L-5 Contd.

### **30<sup>th</sup> October to 4<sup>th</sup> November**

History : L-6 Devotional Paths To The Divine  
Geography : L-6 Human Environment Interactions  
Civics:. L-6 Understanding Media  
AI Activity : Collage of Five Saints Of Bhakti Tradition

### **6<sup>th</sup> & 7<sup>th</sup> November**

History : L-6 Contd.

### **16<sup>th</sup> to 18<sup>th</sup> November**

History : L-6 Contd.  
Geography : L-6 Contd.  
Civics : L-6 Contd.  
Map : Ganga Brahmaputra Basin

### **20<sup>th</sup> to 24<sup>th</sup> November**

History : L-6 Contd.  
Geography : L-6 Contd.  
Civics : L-6 Contd.

### **28<sup>th</sup> November to 1<sup>st</sup> December**

History : L-6 Contd.  
Geography : L-6 Contd.  
Civics : L-7 Markets Around Us  
Map : Major Bhakti Saints and Regions associated with them.  
AI Activity : Make a List of Groceries and other Items and purchase them for Your Home. Also list the kind of Shops/Market that you have purchased the goods from.  
.

### **4<sup>th</sup> to 9<sup>th</sup> December**

History: L- 7 The Making Of Regional Cultures  
Civics:. L-7 Contd.

### **11<sup>th</sup> to 15<sup>th</sup> December**

History : L-7 Contd.  
Civics : L-7 Contd.

### **18<sup>th</sup> to 22<sup>nd</sup> December**

History : L-7 Contd.  
Civics : L-7 Contd.  
AI Activity : Steps For Manufacturing A Shirt with the help of Cotton , Thread and Cloth  
.

**26<sup>th</sup> to 29<sup>th</sup> December**

History : L-7 Contd.

Civics : L-7 Contd.

**15<sup>th</sup> to 19<sup>th</sup> January'24**

History : L- 8 Eighteenth – Century Political Formations

Geography : L-7 Life In The Desert

Civics:. L-8 A Shirt in the Market

**22<sup>nd</sup> to 25<sup>th</sup> January**

History : L-8 Contd.

Geography : L-7 Contd.

Civics : L-8 Contd.

Map : Ladakh ( Mountains, Glaciers and Rivers)

AI Activity : PPT showing Main Tourist Spots of Ladakh .

**29<sup>th</sup> January to 2<sup>nd</sup> February**

History : L-8 Contd.

Civics: L-8 Contd.

**Revision****5<sup>th</sup> to 9<sup>th</sup> February**

History : L-1, 7

Geography : L-1, 5

Civics : L-1, 6

Map : World- Major Seas, Lakes and Rivers

**12<sup>th</sup> to 16<sup>th</sup> February**

History : L-6

Map : Major Bhakti Saints and Regions associated with them.

Geography : L-6,7

Map : Ladakh (Mountains, Glaciers, Rivers)

Ganga Brahmaputra Basin

**19<sup>th</sup> to 24<sup>th</sup> February**

History : L-5

Civics: L-7,8

Map : States and Capitals of India

**26<sup>th</sup> to 29<sup>th</sup> February**

History : L-8

Geography : L-7

Civics: L-5

**Syllabus for Periodic Tests****Periodic Test 1**

History : L-1 Tracing Changes Through A Thousand Years

Geography : L-1 Environment

Civics : L-1 On Equality

**Periodic Test 2**

History : L-2 New Kings and Kingdoms

Geography : L-3 Our Changing Earth

Civics : L-2 Role of the Government in Health

**Periodic Test 3**

History: L-5 Tribes, Nomads and Settled Communities

Geography : L-5 Water

Civics: L-5 Women Change the World

**Periodic Test 4**

History: L-7 The Making Of Regional Culture

Geography : L-6 Human Environment Interaction

Civics : L-6 Understanding Media

**Pattern of Periodic Test**

Types of ques	History(8)			Geography(8)			Civics(4)	Total
No. of ques	3	1	1	3	1	1	2	
Marks	1	2	3	1	2	3	2	20

**HISTORY -32**

Q.NO	9	3	2	MAP	TOTAL
Marks	1	3	5	4	32

**GEOGRAPHY-32**

Q.NO	9	3	2	MAP	TOTAL
Marks	1	3	5	4	32

**CIVIC-16**

Q.NO	9	3	2	MAP	TOTAL
Marks	1	3	5	4	32

**Lesson wise weightage for Half Yearly Examination**

**HISTORY -32**

L.No	1	2	3	4	MAP	TOTAL
Marks	7	7	7	7	4	32

**GEOGRAPHY-32**

L.NO	1	2	3	4	MAP	TOTAL
Marks	7	7	7	7	4	32

**CIVIC-16**

L.NO	1	2	3	4	TOTAL
Marks	4	4	4	4	16

**Lesson wise weightage for Final Examination**

**HISTORY -32**

L.No	1	5	6	7	8	MAP	TOTAL
Marks	4	6	6	6	6	4	32

**GEOGRAPHY-32**

L.NO	1	5	6	7	MAP	TOTAL
Marks	5	8	8	7	4	32

**CIVIC-16**

L.NO	1	5	6	7	8	TOTAL
Marks	3	4	3	3	3	16



**SYLLABUS - 2023 – 2024**  
**General Knowledge Class VII**

**Term 1: 5<sup>th</sup> April to 9<sup>th</sup> September 2023**

5 <sup>th</sup> to 7 <sup>th</sup> April	: Task 1, 2, 3
10 <sup>th</sup> to 13 <sup>th</sup> April	: Task 4, 5, 6, 7
17 <sup>th</sup> to 21 <sup>st</sup> April	: Mental Ability
24 <sup>th</sup> to 29 <sup>th</sup> April	: Task 8, 9, 10
1 <sup>st</sup> to 5 <sup>th</sup> May	: Mental Ability
8 <sup>th</sup> to 13 <sup>th</sup> May	: Task 11, 12, 13
15 <sup>th</sup> to 19 <sup>th</sup> May	: Important News
22 <sup>nd</sup> to 26 <sup>th</sup> May	: Task 14, 15, 16
5 <sup>th</sup> to 8 <sup>th</sup> July	: Revision of Tasks
10 <sup>th</sup> to 14 <sup>th</sup> July	: Revision of Mental Ability and Important News
17 <sup>th</sup> to 21 <sup>st</sup> July	: Virtual Tour (Seven sister states of India)
24 <sup>th</sup> to 28 <sup>th</sup> July	: Task 17, 18, 19, 20
31 <sup>st</sup> July to 4 <sup>th</sup> Aug	: Task 21, 22, 23, 24, Mental Ability
7 <sup>th</sup> to 12 <sup>th</sup> Aug	: Task 25, 26, 27, 28 Important News
14 <sup>th</sup> to 18 <sup>th</sup> Aug	: Task 29, 30, 31, 32
21 <sup>st</sup> to 25 <sup>th</sup> Aug	: Revision of Tasks, Mental Ability
28 <sup>th</sup> Aug to 2 <sup>nd</sup> Sep	: Revision of Important News
4 <sup>th</sup> to 9 <sup>th</sup> Sep	: Paste pictures of the seven wonders of the world.

**Term 2: 3<sup>rd</sup> Oct' 23 to 29<sup>th</sup> Feb' 24**

3 <sup>rd</sup> to 6 <sup>th</sup> Oct	: Task 33, 34, 35, 36
9 <sup>th</sup> to 13 <sup>th</sup> Oct	: Task 37, 38, 39, 40
16 <sup>th</sup> to 21 <sup>st</sup> Oct	: Mental Ability
23 <sup>rd</sup> and 27 <sup>th</sup> Oct	: Task 41, 42, 43
30 <sup>th</sup> Oct to 4 <sup>th</sup> Nov	: Important News
6 <sup>th</sup> and 7 <sup>th</sup> Nov	: Task 44, 45, Mental Ability
16 <sup>th</sup> to 18 <sup>th</sup> Nov	: Task 46, 47, 48
20 <sup>th</sup> to 24 <sup>th</sup> Nov	: Virtual Tour 'The Mighty Mughals'
28 <sup>th</sup> Nov to 1 <sup>st</sup> Dec	: Revision Tasks
4 <sup>th</sup> to 9 <sup>th</sup> Dec	: Revision Mental Ability and Important News
11 <sup>th</sup> to 15 <sup>th</sup> Dec	: Task 49, 50, 51, 52
18 <sup>th</sup> to 22 <sup>nd</sup> Dec	: Task 53, 54, 55, 56
26 <sup>th</sup> to 29 <sup>th</sup> Dec	: Task 57, 58, 59, 60, 61 and Mental Ability
15 <sup>th</sup> to 19 <sup>th</sup> Jan 24	: Important News
22 <sup>nd</sup> to 25 <sup>th</sup> Jan	: Task 62, 63, 64, 65
29 <sup>th</sup> Jan to 2 <sup>nd</sup> Feb	: Task-66, 67, 68
5 <sup>th</sup> to 9 <sup>th</sup> Feb	: Revision of Tasks
12 <sup>th</sup> to 16 <sup>th</sup> Feb	: Poster Making on 'Yoga Showing Different Asanas'
19 <sup>th</sup> to 24 <sup>th</sup> Feb	: Discussion on 'Famous Environmentalists'
26 <sup>th</sup> and 29 <sup>th</sup> Feb	: Virtual Tour on 'Cultural Heritage'

### **Syllabus for GK Periodic Tests**

PT-1	PT-2	PT-3	PT-4
Tasks	Tasks	Tasks	Tasks
1 to 16	17 to 32	33 to 48	49 to 68

### **Pattern of Examination**

Tasks	Mental Ability	Important News	Total
10 Marks	5 Marks	5 Marks	20 Marks

# संस्कृत

सत्र एक : 5 अप्रैल से 9 सितम्बर 2023

5 से 7 अप्रैल

: पाठ 1 सुभाषितानि  
घटिका, संख्या 1 - 50

10 से 13 अप्रैल

: पाठ 1 सुभाषितानि  
पर्यायाः, शब्दरूप - नर, रमा

17 से 21 अप्रैल

: पाठ 2 दुर्बुद्धिः विनश्यति  
अशुद्धि - संशोधनम्  
गतिविधि - पाठ से 5 पुंलिङ्ग, 5 स्त्रीलिङ्ग  
एवं 5 नपुंसकलिङ्ग शब्दों का चयन

24 से 29 अप्रैल

: पाठ 2 दुर्बुद्धिः विनश्यति  
संवादाः - 1, 2

1 से 5 मई

: पाठ 3 स्वावलम्बनम्  
चित्रवर्णनम्

8 से 13 मई

: पाठ 3 स्वावलम्बनम्  
धातुरूप - पठ्, पत् (लट्, लृट्,  
लङ् एवं लोट् लकार)  
अपाठित - अवबोधनम् (गद्यांशः)  
गतिविधि - "अष्टौ कर्मकराः" इनका पैसिल से  
चित्र बनाकर संस्कृत में नाम लिखना

15 से 19 मई

: पाठ 3 स्वावलम्बनम्

## अनुवाद , उपसर्गः

२२ से २६ मई

: पाठ ५ पाण्डिता रमाबाई  
अव्ययपदानि , चित्रवर्णनम्

५ से ८ जुलाई

: पाठ ५ पाण्डिता रमाबाई  
संवादाः - ३, ५

गतिविधि - पाठ से अव्यय पद चुनना एवं  
उनके अर्थ लिखना

१० से १५ जुलाई

: पाठ ५ पाण्डिता रमाबाई  
अपठित - अवबोधनम् (गाथांशाः)  
शब्दरूप - कवि, नदी

१७ से २१ जुलाई

: पाठ ६ सदाचारः  
अपठित - अवबोधनम् (गाथांशाः)  
अव्ययपदानि

२५ से २८ जुलाई

: पाठ ६ सदाचारः  
धातुरूप - मा, गम् (लट्, लृट्,  
लङ् एवं लोट् लकार)

गतिविधि - संस्कृत में ५ सूक्तियाँ लिखना

३१ जुलाई से ५ अगस्त

: पाठ ८ त्रिवर्णः ध्वजः  
शब्दरूप - किम् (स्त्रीलिङ्ग)

७ से १२ अगस्त

: पाठ ८ त्रिवर्णः ध्वजः  
अनुवाद , चित्रवर्णनम्

गतिविधि - ध्वज - निर्माण

14 से 18 अगस्त : पाठ 8 त्रिवर्णः ध्वजः  
अनुवाद , अपठित - अवबोधनम्

21 से 25 अगस्त : पाठ 8 त्रिवर्णः ध्वजः  
उपसर्गाः , अक्षुद्धि - संशोधनम्

पुनरावृत्ति : 28 अगस्त से 9 सितम्बर

28 अगस्त से 2 सितम्बर : पाठ 3  
द्यटिका , उपसर्गाः , पर्यायाः

4 से 9 सितम्बर : पाठ 8  
संवादाः , अनुवाद , संख्या

सत्र दो : 3 अक्टूबर 2023 से 29 फरवरी 2024

3 से 6 अक्टूबर : पाठ 7 सङ्कल्पः सिद्धिदायकः  
शब्दरूप - पुष्प , मति  
संवादाः 5, 6

9 से 13 अक्टूबर : पाठ 7 सङ्कल्पः सिद्धिदायकः  
विपर्ययाः , चित्रवर्णनम्

16 से 21 अक्टूबर : पाठ 9 अहमपि विद्यालयं गमिष्यामि  
अव्ययपदानि  
गतिविधि - मन्त्रोच्चारण

23 से 27 अक्टूबर : पाठ 9 अहमपि विद्यालयं गमिष्यामि  
संख्या - 51 से 75



गतिविधि - नारी - शिक्षा एवं बाल श्रम पर  
एक - एक नारा (स्लोगान) लिखना

30 अक्टूबर से 4 नवम्बर : पाठ 10 विश्वबन्धुत्वम्  
धातुरूप - स्मृ, भू (लट्, लृट्,  
लङ् एवं लोट् लकार) अनुवाद

6 और 7 नवम्बर : पाठ 10 विश्वबन्धुत्वम्  
शब्दरूप - साधु  
गतिविधि - "विश्वबन्धुत्व आज के समय  
की आवश्यकता" इस विषय पर  
विचार रखना

16 से 18 नवम्बर : पाठ 10 विश्वबन्धुत्वम्  
उपसर्गः, चित्रवर्णनम्

20 से 24 नवम्बर : पाठ 11 समवायौ हि दुर्जयः  
अशुद्धि - संशोधनम्  
संख्या - 76 से 100

28 नवम्बर से 1 दिसम्बर : पाठ 11 समवायौ हि दुर्जयः  
संवादः - 7, 8

4 से 9 दिसम्बर : पाठ 12 विद्याधनम्  
शब्दरूप - अस्मद्, भुस्मद्  
अनुवाद

11 से 15 दिसम्बर : पाठ 12 विद्याधनम्  
धातुरूप - वृश् (लट्, लृट्, लङ्)

रुवं लोट् लकार)

अस ( लट्, लृट् रुवं लङ् लकार )  
गतिविधि - विद्या की देवी सरस्वती पर  
पाँच वाक्य लिखना

18 सै 22 दिसम्बर

: पाठ 13 अमृतं संस्कृतम्  
संख्या - 51 सै 100, चित्रवर्णनम्

26 सै 29 दिसम्बर

: पाठ 13 अमृतं संस्कृतम्  
अनुवाद, संवादाः - 9

गतिविधि - संस्कृत के 5 प्रसिद्ध कवि  
रुवं उनके ग्रन्थों के नाम लिखना

15 सै 19 जनवरी '2024

: पाठ 15 लालनगीतम्  
अष्टाङ्गि - संशोधनम्

22 सै 25 जनवरी

: पाठ 15 लालनगीतम्  
अपठित - अवबोधनम्

29 जनवरी सै 2 फरवरी

: पाठ 15 लालनगीतम्  
उपसर्गः

पुनरावृत्ति : 5 सै 29 फरवरी

5 सै 9 फरवरी

: पाठ 12, 13  
शब्दरूप, संवादाः

12 सै 16 फरवरी

: पाठ 6, 8  
विपर्ययाः, अव्यय पदानि, धातुरूप

19 सै 24 फरवरी

: पाठ 15

घटिका, उपसर्गः, चित्रवर्णनम्

26 सै 29 फरवरी

: अनुवाद, संख्या

### पाठ्यक्रम

#### Periodic Test 1

रुचिरा : पाठ 1, 2

व्याकरण : शब्दरूप - नर, रमा

पर्यायाः, अशुद्धि - संशोधनम्,  
संख्या - 1 से 50, घटिका

संवादाः

#### Periodic Test 2

रुचिरा : पाठ 5, 6

व्याकरण : धातुरूप - पठ्, पत (लट् लृट्, लङ्, लोट्)  
शब्दरूप - कवि, नदी  
उपसर्गः, अव्ययपदानि, अनुवाद

#### Periodic Test 3

रुचिरा : पाठ 7, 9

व्याकरण : शब्दरूप - मुष्प, मति, चित्रवर्णनम्  
विपर्ययाः, अव्ययपदानि, संख्या 51-75

#### Periodic Test 4

रुचिरा : पाठ 10, 11



व्याकरण : धातुरूप - स्मृ, भू (लट्, लृट्, लङ्, लोट्)  
अशुद्धि-संशोधनम्, संख्या 76 से 100,  
उपसर्गाः, अनुवाद

### अर्द्धवार्षिकी परीक्षा

रुचिरा : पाठ 1, 2, 3, 5, 6, 8

व्याकरण : शब्दरूप - नर, रमा, कवि, नदी

धातुरूप - पठ्, पत्, पा, गम् (लट्, लृट्, लङ्  
स्व लोट् लकार) पर्यायाः, अशुद्धि-संशोधनम्,  
संख्या - 1 से 50, घटिका, अन्ययपदानि,  
उपसर्गाः ।

अपठित - अवबोधनम्, अनुवादाः,  
चित्रवर्णनम्, संवादलेखनम् - 1 से 4

### वार्षिकी परीक्षा

रुचिरा : पाठ 6 से 13 एवं 15

व्याकरण : शब्दरूप - पुष्प, मति, साधु, अस्मद्, युष्मद्  
धातुरूप - स्मृ, भू, वृश् (लट्, लृट्, लङ् एवं  
लोट् लकार), अस् (लट्, लृट् एवं लङ् लकार)  
विपर्यायाः, अशुद्धि-संशोधनम्, संख्या - 51 से 100,  
घटिका, अन्ययपदानि, उपसर्गाः ।

अपठित - अवबोधनम्, अनुवादाः,  
चित्रवर्णनम्, संवादलेखनम् - 5 से 9

### PT का अंक-विभाजन

अंक	खण्ड 'क' व्याकरणम् 10	खण्ड 'ख' पाठ्यपुस्तकम् 10	कुल अंक 20
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## SYLLABUS-2023-24 (CLASS - VII) FRENCH

Term 1: 5th April to 9th September 2023

5th to 7th April Lesson-1

10th to 13th April Lesson-1

17th to 21st April Lesson-2

24th to 29th April Lesson-2

- Activity : To make a PPT of 5 slides with the pictures of your family members, mentioning your relation to them.

1st to 5th May Lesson-2

8th to 13th May Lesson-2

15th to 19th May Lesson-3

22nd to 26th May Lesson-3

- Activity : To make a video of a healthy recipe that you can prepare yourself.

5th to 8th July Lesson-3

10th to 14th July Lesson-4

17th to 21st July Lesson-4

24th to 28th July Lesson-4

31st July to 4th Aug Lesson-5

- Activity : To make a PPT of 5 slides showing the beauty and nature of Telangana.

7th to 12th Aug. Lesson-5

14th to 18th Aug. Lesson-5

21st to 25th Aug. Lesson-5

REVISION: 28th August to 9th September 2023

28th Aug. to 2nd Sep. Comprehension

4th to 9th Sep. Civilization

Term 2: 3rd Oct. 2023 to 28th Feb.2024

- |                   |          |
|-------------------|----------|
| 3rd. to 6th Oct.  | Lesson-6 |
| 9th to 13th Oct.  | Lesson-6 |
| 16th to 21st Oct. | Lesson-6 |
| 23rd to 27th Oct. | Lesson-7 |
- Activity : To make a collage on A-4 size sheet with different flowers available in Spring Season.
- |                       |          |
|-----------------------|----------|
| 30th Oct. to 4th Nov. | Lesson-7 |
| 6th & 7th Nov.        | Lesson-7 |
| 16th to 18th Nov.     | Lesson-8 |
| 20th to 24th Nov.     | Lesson-8 |
| 28th Nov. to 1st Dec. | Lesson-8 |
- Activity : To make a PPT of 5 slides introducing your favourite singer with his stage performances.
- |                   |           |
|-------------------|-----------|
| 4th to 19th Dec.  | Lesson-9  |
| 11th to 15th Dec. | Lesson-9  |
| 18th to 22nd Dec. | Lesson-9  |
| 26th to 29th Dec. | Lesson-10 |
- Activity : To make a PPT of 5 slides with the pictures of any birthday party that you enjoyed the most.
- |                        |           |
|------------------------|-----------|
| 15th to 19th Jan. 2024 | Lesson-10 |
| 22nd to 25th Jan.      | Lesson-10 |
| 29th Jan to 2nd Feb    | Lesson-10 |

REVISION: 5th to 29th Feb 2024

- |                   |                 |
|-------------------|-----------------|
| 5th to 9th Feb    | Lesson-10       |
| 12th to 16th Feb. | Civilization    |
| 19th to 24th Feb. | Writing Section |
| 26th to 29th Feb. | Comprehension   |

### SYLLABUS FOR PERIODIC TESTS

Periodic Test - 1 : Lesson- 1, 2  
Periodic Test -2 : Lesson- 3 , 4  
Periodic Test - 3 : Lesson - 6 , 7  
Periodic Test - 4 : Lesson - 8 , 9

### SYLLABUS FOR HALF-YEARLY

Lessons: 1 to 5

### SYLLABUS FOR FIINAL EXAMS

Lessons: 5 to 10

### Pattern for Periodic Test

Section	writing section	Word Meaning	Grammar
marks	5	5	10

### Pattern for Half Yearly and Final Examination

Section	Comprehensio n	Writing	Grammar	literature	Total
Marks	10	15	35	20	80

**CLASS VII  
COMPUTER EDUCATION**

**April Ch-1 Number System**  
Back Exercise  
Ques Ans

**Activity** : Make a presentation on 'NUMBER SYSTEM' including decimal number system , binary number system , octal number system and hexadecimal number system.

**May Ch-2 Computer Virus**  
Back Exercise  
Ques Ans

**Activity** : Open a Word document and type about 'TYPES OF VIRUSES' , their sources and antivirus program.

**July Ch-3 GIMP - Introduction**  
Back Exercise  
Ques Ans

**Ch-4 GIMP - Working with Layers**  
Back Exercise  
Ques Ans

**Activity**: Open an image in GIMP and use various types of tools to edit an image . Also, apply transforming a layer , merging of layers and various blending modes.

**August Ch-5 Internet- Ethics and Safeguard**  
Back Exercise  
Ques Ans

**Activity**: Make a presentation on 'CYBER SECURITY' . Add content regarding Potential threats on web and various precautions you can take to protect yourself.

**September : Revision of Ch 1 to 5**

**October Ch-6 HTML 5 - Introduction**  
Back Exercise  
Ques Ans

**Ch-7 HTML 5 - Creating Web Pages**  
Back Exercise  
Ques Ans

**Activity** : Write the HTML code to build your RESUME using various types of tags and then display your webpage in a web Browser.

**November : Ch-8 HTML 5 - Images, Links and Table**  
Back Exercise  
Ques Ans

**Activity:** Write the HTML code to create the time table of your class using suitable tags and also insert picture of your school at the top.

**December : Ch -9 Python - Conditional Control Structures and Turtle**  
**Back Exercise**  
**Ques Ans**

**Activity :** Write programs (i) To print greatest number among three numbers.  
(ii) To create simple calculator .  
(iii) To draw an equilateral triangle.

**January : Ch - 10 AI for Sustainable Development Goals**  
**Back Exercise**  
**Ques Ans**

**Activity :** Make a power point presentation on 'Using AI innovation to achieve SDGs'. Also, list applications of AI innovation in the world's journey to achieve SDGs.

**February : Revision of Ch- 6 to 10**  
**Revision of Ch- 1,3,4**

**\*5 CA's will be conducted in a year.**

**Class-7**  
**Art**  
**Session 2023-24**

**Term1:- 05<sup>th</sup> April to 09<sup>th</sup> September'23**

05 <sup>th</sup> to 07 <sup>th</sup> April	PRINCIPLES OF DESIGN	
10 <sup>th</sup> to 13 <sup>th</sup> April	INTRODUCTION OF COLOUR	
17 <sup>th</sup> to 21 <sup>st</sup> April	STILL LIFE	[Page No. 10]
24 <sup>th</sup> to 29 <sup>th</sup> April	CONTD.	
01 <sup>st</sup> to 05 <sup>th</sup> May	ALPHABETS (A TO M)	
08 <sup>th</sup> to 13 <sup>th</sup> May	CONTD.	
15 <sup>th</sup> to 19 <sup>th</sup> May	POSTER MAKING (ANY SOCIAL TOPIC)	
22 <sup>nd</sup> to 26 <sup>th</sup> May	CONTD.	
05 <sup>th</sup> to 08 <sup>th</sup> July	VEGETABLE COMPOSITION	[Page No. 12]
10 <sup>th</sup> to 14 <sup>th</sup> July	CONTD.	
17 <sup>th</sup> to 21 <sup>st</sup> July	VEG. MALAI SANDWICH(ACTIVITY)	
24 <sup>th</sup> to 28 <sup>th</sup> July	NATURE STUDY	[Page No. 14 to16]
	<b><i>PG 14-16</i></b>	
31 <sup>st</sup> July to 04 <sup>th</sup> August	CONTD.	
07 <sup>th</sup> to 12 <sup>th</sup> August	COMPOSITION	[Page No. 38]
14 <sup>th</sup> to 18 <sup>th</sup> August	CONTD.	
21 <sup>st</sup> to 25 <sup>th</sup> August	ANIMAL STUDY	[Page No. 23&24]
	<b><i>PG 63</i></b>	
28 <sup>th</sup> Aug to 02 <sup>nd</sup> Sep	CONTD.	
	<b><i>PG 23-24</i></b>	
04 <sup>th</sup> to 09 <sup>th</sup> Sep	RANGOLI DESIGN	[Page No. 85]



**TERM 2:- 03<sup>rd</sup> October'23 to 29<sup>th</sup> February'24**

03 <sup>rd</sup> to 06 <sup>th</sup> Oct	BIRD STUDY	[Page No. 18]
09 <sup>th</sup> to 13 <sup>th</sup> Oct	CONTD.	
16 <sup>th</sup> to 21 <sup>st</sup> Oct	COLLAGE MAKING	[Page No. 84]
23 <sup>rd</sup> to 27 <sup>th</sup> Oct	ANIMAL COMPOSITION	[Page No. 34]
30 <sup>th</sup> Oct to 04 <sup>th</sup> Nov	CONTD.	
06 <sup>th</sup> & 07 <sup>th</sup> Nov	CONTD.	
16 <sup>th</sup> to 18 <sup>th</sup> Nov	ALPHABETS (N to Z)	
20 <sup>th</sup> to 24 <sup>th</sup> Nov	CONTD.	
28 <sup>th</sup> Nov to 01 <sup>st</sup> Dec	LANDSCAPE	[Page No. 29&30]
04 <sup>th</sup> to 09 <sup>th</sup> Dec	CONTD.	
11 <sup>th</sup> to 15 <sup>th</sup> Dec	HANDS & FEET STUDY	[Page No. 56&57]
18 <sup>th</sup> to 22 <sup>nd</sup> Dec	CONTD.	
26 <sup>th</sup> to 29 <sup>th</sup> Dec	PORTRAIT	
15 <sup>th</sup> to 19 <sup>th</sup> Jan 24	CONTD.	
22 <sup>nd</sup> to 25 <sup>th</sup> Jan	VEG KATHI ROLL (ACTIVITY)	
29 <sup>th</sup> Jan to 02 <sup>nd</sup> Feb	SKETCHES	[Page No. 59&60]
05 <sup>th</sup> to 09 <sup>th</sup> Feb	CONTD.	
12 <sup>th</sup> to 16 <sup>th</sup> Feb	NEEDLE WORK	
19 <sup>th</sup> to 24 <sup>th</sup> Feb	FOLK ART	[Page No. 74&75]
26 <sup>th</sup> to 29 <sup>th</sup> Feb	CONTD.	

**(\*continuous Assessment throughout the Year.)**

**Class-7**  
**Craft**  
**Session 2023-24**

**Term1:- 05<sup>th</sup> April to 09<sup>th</sup> September'23**

05 <sup>th</sup> to 07 <sup>th</sup> April	Introduction of Craft & Mask Making
10 <sup>th</sup> to 13 <sup>th</sup> April	Decoration of Scrap Book.
17 <sup>th</sup> to 21 <sup>st</sup> April	Long stitch and Back stitch
24 <sup>th</sup> to 29 <sup>th</sup> April	Soft Toy(Bird)
01 <sup>st</sup> to 05 <sup>th</sup> May	Bird house with paper cutting
08 <sup>th</sup> to 13 <sup>th</sup> May	Alphabets with Tamra Sheet
15 <sup>th</sup> to 19 <sup>th</sup> May	Flower making with Fabric
22 <sup>nd</sup> to 26 <sup>th</sup> May	Flower making with paper cutting
05 <sup>th</sup> to 08 <sup>th</sup> July	Bug
10 <sup>th</sup> to 14 <sup>th</sup> July	Butterfly with paper cutting
17 <sup>th</sup> to 21 <sup>st</sup> July	Contd.
24 <sup>th</sup> to 28 <sup>th</sup> July	Landscape Scene with paper cutting
31 <sup>st</sup> July to 04 <sup>th</sup> August	Friendship Band with Beads
07 <sup>th</sup> to 12 <sup>th</sup> August	Card making on Independence day
14 <sup>th</sup> to 18 <sup>th</sup> August	Contd.
21 <sup>st</sup> to 25 <sup>th</sup> August	Rakhi Making
28 <sup>th</sup> Aug to 02 <sup>nd</sup> Sep	Janamashtami Craft
04 <sup>th</sup> to 09 <sup>th</sup> Sep	Contd.

**TERM 2:- 03<sup>rd</sup> October'23 to 29<sup>th</sup> February'24**

03 <sup>rd</sup> to 06 <sup>th</sup> Oct	Toran Making
09 <sup>th</sup> to 13 <sup>th</sup> Oct	Calligraphy
16 <sup>th</sup> to 21 <sup>st</sup> Oct	Soft Toy (Heart)
23 <sup>rd</sup> to 27 <sup>th</sup> Oct	Contd.
30 <sup>th</sup> Oct to 04 <sup>th</sup> Nov	Chick with Paper Cutting
06 <sup>th</sup> & 07 <sup>th</sup> Nov	Best Out of Waste
16 <sup>th</sup> to 18 <sup>th</sup> Nov	Contd.
20 <sup>th</sup> to 24 <sup>th</sup> Nov	Stone Painting
28 <sup>th</sup> Nov to 01 <sup>st</sup> Dec	Tattoo/Nail Art
04 <sup>th</sup> to 09 <sup>th</sup> Dec	Chick Family with paper cutting
11 <sup>th</sup> to 15 <sup>th</sup> Dec	Pencil Cap
18 <sup>th</sup> to 22 <sup>nd</sup> Dec	Christmas Craft (Gift Wrapping)
26 <sup>th</sup> to 29 <sup>th</sup> Dec	Contd.
15 <sup>th</sup> to 19 <sup>th</sup> Jan 24	Blooming Scene.
22 <sup>nd</sup> to 25 <sup>th</sup> Jan	New Year Card
29 <sup>th</sup> Jan to 02 <sup>nd</sup> Feb	Bread Pin Wheel (Cooking Activity)
05 <sup>th</sup> to 09 <sup>th</sup> Feb	Envelope Designing
12 <sup>th</sup> to 16 <sup>th</sup> Feb	Wall hanging
19 <sup>th</sup> to 24 <sup>th</sup> Feb	Tie & Dye
26 <sup>th</sup> to 29 <sup>th</sup> Feb	Contd.

**(\*continuous Assessment throughout the Year.)**

[illegible]

	<b>Music ( 2023-24 )</b>		
	<b>Vocal &amp; Instrumental</b>		
	<b>Class 7<sup>th</sup></b>		
	<b>Class Activity</b>		
	<b>Vocal</b>	<b>Keyboard</b>	<b>Percussion</b>
<b>May</b>	<b>Alankar</b>	<b>Alankar</b>	<b>Waltz</b>
July/ Aug	Devotional Song	Vande-Matram	Disco2
October	Project work in notebook	Project work in notebook	Bhajan Taal
November	Raga Yaman	National Anthem	Pop 4
December	Community Song	We wish you a merry christmas	Jhap Taal 1
Jan/Feb' 24	Regional song	Chords	Kahrawa 5

## **Dance 2023-24**

### **Class 7th**

#### **Term 1 ( 05th April to 9th Sept'23 )**

5th to 7th April	Classical
10th to 13th April	Classical
17th to 21st April	Classical
24th to 29th April	Classical
1st to 5th May	Classical
8th to 13th May	Revision
15th to 19th May	Rajasthani Folk
22nd to 26th May	Rajasthani Folk
5th to 8th July	Rajasthani Folk
10th to 14th July	Rajasthani Folk
17th to 21st July	Rajasthani Folk
24th to 28th July	Revision
31st July to 4th Aug	Fusion
7th to 12th Aug	Fusion
14th to 18th Aug.	Fusion
21st to 25th Aug	Fusion
28th Aug to 2nd Sep	Fusion
4th to 9th Sep	Revision

#### **Term II ( 03rd Oct'23 To 29th Feb'24 )**

3rd to 6th Oct	Dandia & Garba
9th to 13th Oct	Dandia & Garba
16th to 21st Oct	Dandia & Garba
23rd to 27th Oct	Dandia & Garba
30th Oct to 4th Nov	Dandia & Garba
6th & 7th Nov	Revision
16th to 18th Nov	Marathi Folk
20th to 24th Nov	Marathi Folk
28th Nov to 1st Dec	Marathi Folk
4th to 9th Dec	Marathi Folk
11th to 15th Dec	Marathi Folk
18th to 22nd Dec	Revision
26th to 29th Dec.	Hip-Hop
15th to 19th Jan 24	Hip-Hop
22nd to 25th Jan	Hip-Hop
29th Jan to 02nd Feb	Hip-Hop
5th to 9th Feb	Hip-Hop
12th to 16th Feb	Revision
19th to 24th Feb	Revision
26th and 29th Feb	Revision

**Note book -20 Marks**

**Viva- 20 Marks**

**Dance - 60 Marks**

## **Syllabus of Yoga (2023-24)**

### **Class VII**

#### **April**

History of Yoga, Meaning of Suryanamaskar and Mantras.

- 1 Om Mitray Namha
- 2 Om Ravaye Namha
- 3 Om Suryaye Namhe
- 4 Om Khagaye Namha
- 5 Om Bhanave Namha
- 6 Om Pushnaye Namha
- 7 Om Hiranya garbhaye Namha
- 8 Om Mareechayae Namha
- 9 Om Adityaye Namha
- 10 Om Savitraye Namha
- 11 Om Arkaye Namha
- 12 Om Bhaskaraye Namha

#### **May**

Elements of Yoga

- 1 Yama or 'restraint'
- 2 Niyama or 'purity' : For purity ethical practices of five senses is included which are the five niyamas :
  - \* Saucha ,Santosha, Tapa, Swadhyaya, Ishwara Pranidhana
- 3 Asana or ' Postures'
- 4 Pranayama or 'Breathing exercises'
- 5 Pratyahara or 'sensory withdrawal'
- 6 Dharana or 'Concentration'
- 7 Dhyana or 'Meditation'
- 8 Samadhi or 'Bliss-trance'

#### **July**

Padamasana (Lotus Pose) and its advantages will be explained.

In this asana, one sits squatting. the position of this asana is that of a Lotus

- 1 A very good meditation posture .
- 2 Improves the strength of legs and flexibility.
- 3 It helps to reduce abdominal fats.

#### **August**

Tadasana (Palm tree Posture) and its advantages will be explained.

In this asana,the trunk is pulled upward while in the standing position.

The position of Tadasana is like a tree .

- \* It reduces obesity.
- \* It removes constipation.
- \* It removes digestive problems.

## **Syllabus of Yoga (2023-24)**

### **Class VII**

**September**    **Activity :** Paste the pictures of Surya Namaskar ( 1 to 12 Steps)  
Revision of Surya Namaskar Padmasana and Tadasana.

**October**        Trikonasana ( Triangular Pose) and its advantages will be explained.

- \*        The arms, Shoulders, legs and feet get strengthened.
- \*        Improves flexibility.

**November**    Ardh Chakra Asana and its advantages will be explained.

- \*        Improves the flexibility of spine
- \*        Controls weight
- \*        Reduces obesity.
- \*        Corrects minor postural defects.

**December**    Shalabhasana (Locust Pose) and its advantages will be explained.

- \*        Increases the strength of the legs .
- \*        Cures the digestive problems.
- \*        Increases the abdominal strength.

**January**        What is Pranayama ?  
There are various types of pranayama. Some of the popular forms are :

- \*        Ujjayee
- \*        Shitli
- \*        Viloma
- \*        Kapalbhati
- \*        Sheetskari
- \*        Bhastrika

( Sheetskari Pranayama )

- \*        Keeps body and mind cool.
- \*        Very effective in stress management.
- \*        Removes excess heat from the body.

**February**      **Activity :** Make a Chart of different types of Yogasana and Pranayams.  
Revision of Trikonasana, Ardh Chakra Asana, Shalbhasana and Sheetskari Pranayar



**Sports**  
**Syllabus of Class VII (2023-24)**

**April :-** Basketball Throw ( Front )

**May:-** Standing Broad Jump .

**July & August :-** Theory of Basketball Game

**History:-** Dr. James Naismith invented the basketball . He was Canadian by birth . In the beginning basketball was played with a soccer ball. The first ball for this game was brown but since the late 1950 the orange balls have been in use. The International Basketball Association was constituted in 1932. Basketball became as Olympic sports in Berlin (1936). Basketball was included in Asian Games in 1951.

**Measurements :-**

Number of court players in a team	:	5
Number of substitutes in a team	:	7
Size of Basketball Court	:	28 m X 15 m
Height of lower edge of board from the floor	:	2.90 m
Radius of the centre circle	:	1.80 m
Breadth of boundary lines	:	5 cm
Thickness of the backboard	:	3 cm
Weight of ball	:	600 gm to 650 gm
Circumference of the ball	:	75 to 78 cm
Duration of basketball game	:	10-2-10-10-10-2-10 (four durations of 10 minutes each)
Officials	:	5 Officials (1 Referee, 1 Umpire, 1 Scorer, 1 Timekeeper, 1 - 24 second operator )

**Fundamental Skills:-**

1. Gripping of ball
- 2.. Shooting
3. Passing
4. Rebounding
5. Pivoting
6. Free throw
7. Dribbling

**Important Tournaments:-**

1. European Cup
2. America Cup
3. Asian Games
4. B. C. Gupta Trophy
5. Olympic Games
6. Commonwealth Games
7. Federation Cup

**September :-** **Activity :** Make a Chart of Fundamental Skills of Basketball (Practical & Viva) and Paste the pictures of the Basketball Court and sports personalities.  
Paper Pen Test , File & Viva .

**October :-** 200 Mt. Race .

**November :-** Flying Race (30 mt.) .

**December :-** Theory of Table Tennis Game

**History:-** Table Tennis took its current form of play in the year 1900, when its rules were written and celluloid ball was used . The sound of ball inspired the name “Ping Pong” and later it became as table tennis. The International Table Tennis Federation was formed in Berlin in 1926. Table Tennis became an Olympic sport in Seoul (1988). The New rules were introduced in 2001 to increase the pace of game. Table tennis Federation of India was formed in 1937 in Calcutta.

**Measurements :-**

Size of Table	:	2.74 m (9 Feet) X 1.52 m (5 feet) Plane surface
Height of Table	:	2 feet 6 inches
Size of net	:	1.83 m length
Height of net from the surface of table	:	15.2 cm
Weight of ball	:	2.5 gm
Colour of the ball	:	White or Orange ( Made with Celluloid )
Colour of T.T. Table	:	Blue of Green
Officials	:	3 Officials (1 Match Umpire, 1 Assistant Umpire, 1 Tournament Referee)

**Fundamental Skills:-**

1. Grip :  
(a) Western grip or shake hand grip      (b) Pen hold grip
2. Service
3. Strokes

**Important Tournaments:-**

1. National Table Tennis Championship
2. Challenge Cup
3. Asian Games
4. World Table Tennis Championship
5. Olympic Games
6. Commonwealth Games

**Sports Personalities:-**

1. C. Vohra (1961)
2. Chetan P. Baboor (1997)
3. InduPuri (1980)
4. ShailjaSalokhe( 1976)
5. NiyatiShah (1989)

**January :-** Make a Chart of Fundamental Skills of Table Tennis (Practical & Viva)

**February :-** **Activity :** Paste the pictures of the T. T. Table , Net and sports personalities.  
Paper Pen Test, File & Viva

## **CLASS VII SYLLABUS (2023- 2024)**

### **LIFE SKILLS & VALUE EDUCATION**

#### **Term1: 5th April to 09th September'23**

5th to 7th April	Page 1-2
10th to 13th April	Page 3-4
17th to 21st April	Page 5-6
24th to 29th April	Page 7-8
1st to 5th May	Page 9-10
8th to 13th May	Page 11-13
15th to 19th May	Page 14-16
22nd to 26th May	Page 17-18
5th to 8th July	Page 19 -20
10th to 14th July	Page 21-22
17th to 21st July	Page 23-24
24th to 28th July	Page 25 -26
31 <sup>st</sup> July to 4th August	Page 27-28
7th to 12th Aug.	Page 29-30
14th to 18th Aug.	Page 31-32
21st to 25th Aug.	Page 33-34
28th Aug. to 2nd Sep	Video will be shown on Child Rights
4th to 9th Sep.	Activity (paste the pictures of famous sportspersons)

#### **TERM 2 : 3rd October '23 to 29th February'24**

3rd to 6th Oct	Page 35-36
9th to 13th Oct.	Page 37-38
16th to 21st Oct.	Page 39-40
23rd to 27th Oct	Page 41- 42
30th Oct to 4th Nov.	Page 43-44
6th & 7th Nov.	Page 45- 46
16th to18th Nov.	Page 45- 46
20th to 24th Nov.	Page 47-49
28th Nov.to1st Dec.	Page 50-51
4th to 9th Dec.	Page 52-53
11th to 15th Dec.	Page 54-55
18th to 22nd Dec.	Page 56-58
26th to 29th Dec	Page 59-61
15th to 19th Jan'24	Page 62-64
22nd to 25thJan	Page 65-67
29thJan to2nd Feb	Page 68-70
5th to 9th Feb	Page 71-74
12th to16th Feb	Activity (pasting the pictures of famous lakes of India)
19th to 24th Feb	Video will be shown on "JAGO GRAHAK JAGO."
26th to 29th Feb	Discussion on Food Adulteration.