

SYLLABUS (2024 – 25)

CLASS VII

ENGLISH

HINDI

MATHEMATICS

SCIENCE

SOCIAL SCIENCE

GENERAL KNOWLEDGE

SANSKRIT

FRENCH

COMPUTER EDUCATION

ART

CRAFT

MUSIC

DANCE

YOGA

SPORTS

LIFE SKILLS

SYLLABUS 2024-2025 ENGLISH VII

Term 1: 3rd April to 9th September 2024

3rd to 5th April

Honeycomb: L-1 Three Questions
Writing Practice: Notice Writing (Competition)

8th to 12th April

An Alien Hand: L-1 The Tiny Teacher
Fresh Way: L-4 Verbs
Writing Practice: Notice Writing (Competition)
Disaster Risk Reduction: Natural Disaster: Earthquake
Activity: What would be your contribution to people affected by flood, depict through a mind map.

15th to 20th April

Honeycomb: Poem-1 The Squirrel
Fresh Way: L-4 Contd.
Writing Practice: Paragraph Writing: 'My Favourite Teacher'
Class Activity: Calligraphy

22nd to 26th April

Honeycomb: L-2 A Gift of Chappals
Grammar: Punctuation Practice
Reading Practice: Comprehension

29th April to 4th May

An Alien Hand: L-2 Bringing Up Kari
Fresh Way: L-1 Pronouns
Writing Practice: Informal letter: Letter to your uncle thanking him for the birthday gift.
AI Activity (1): Create a 'bookmark' and write any quote of your choice. Click its picture and make a pdf file of the same. Upload it in your Activity Portfolio.

6th to 10th May

Honeycomb: Poem-2 The Rebel
Fresh Way: L-1 Contd.
Writing Practice: Character Sketch of the King (L1).

13th to 17th May

Honeycomb: L-3 Gopal and the Hilsa Fish
Fresh Way: L-2 Adjectives
Grammar Practice: Omitting
Writing Practice: Character Sketch of Gopal

20th to 24th May

Honeycomb:	L-3 Contd.
Fresh Way:	L-2 Contd.
Grammar Practice:	Editing
Writing Practice:	Picture Composition
AI Activity (2):	Write a slogan on 'Save Water' and upload the pdf file in your activity portfolio.

5th and 6th July

Honeycomb:	Poem-3 The Shed
An Alien Hand:	L-3 Golu Grows a Nose
Fresh Way:	L-8 Tenses – Forms and Uses (Present Tense Ex. 46 to 50)
Writing Practice:	Leave Application (Sick leave)

8th to 12th July

Honeycomb:	L-4 The Ashes That Made Trees Bloom
An Alien Hand:	L-3 Contd.
Fresh Way:	L-8 Tenses – Forms and Uses (Present Tense Ex. 50 to 58)
Writing Practice:	Message Writing
Class Activity:	Listening Skills

15th to 19th July

Honeycomb:	L- 4 Contd.
Fresh Way:	L-8 Tenses (Past Tense Ex. 59 to 65)
Writing Practice:	Article Writing - The Benefits of Exercise.

22nd to 26th July

Honeycomb:	Poem-4 Chivvy
Fresh Way:	L-10 Active and Passive Voice
Writing Practice:	Speech Writing: Social Media- Boon or Curse
AI Activity (3):	Draw a picture best suitable for the poem Chivvy in your classwork notebooks. Take a pic of the same and upload in your Activity Portfolio in pdf format.

29th July to 2nd Aug

Honeycomb:	Poem-4 Contd.
Fresh Way:	L-10 Contd.
Writing Practice:	E-mail Writing: Write an email to your friend suggesting him / her the importance of following road safety rules.

5th to 10th Aug

Honeycomb:	5 Quality
Fresh Way:	L-5 Adverbs
Writing Practice:	Biosketch
Class Activity:	Speaking Skills (Role Play)

12th to 16th Aug

Honeycomb: L-5 Contd.
 Fresh Way: L-5 Contd.
 Writing Practice: Autobiography of the Indian National Flag

20th to 23rd Aug

Honeycomb: Poem-5 Trees
 Fresh Way: L-14 Capital Letters and Punctuation
 Disaster Risk Reduction: Natural Disaster: Landslides
 Activity: Poster making with slogans on 'Save Trees.'

27th to 30th Aug

Honeycomb: Poem- 5 Contd
 Fresh Way: L-14 Contd.
 Grammar: Editing/Omitting
 AI Activity(4): Upload a pdf of the DRR activity in your Activity Portfolio.

REVISION (2nd to 9th Sept'24)**2nd to 6th & 9th Sep:**

Honeycomb: L1, L2, L3, L-4, L-5
 An Alien Hand: L-1, L2, L3
 Fresh Way: All Grammar done in Term 1
 Writing Practice: Diary Entry and Character Sketch

Term 2:(30th Sept' 24 to 28th February'25)**30th Sept to 5th Oct**

Honeycomb: L-6 Expert Detectives
 Fresh Way: L-9 Modals
 AI Group Activity(1): Make a multimedia presentation on the various equipments used by detectives. Upload a pdf of it in your activity portfolio.

7th to 11th Oct

Honeycomb: L-6 Contd.
 An Alien Hand: L-4 Chandni
 Fresh Way: L-9 Contd.
 Writing Practice: Notice Writing (Competition)
 Class Activity: Listening Skills

14th to 18th Oct

Honeycomb: Poem-6 Mystery of the Talking Fan
 An Alien Hand: L-4 Contd.
 Fresh Way: L-6 Preposition
 Writing Practice: Informal Letter to your friend inviting him/her to celebrate Diwali with you.

21st to 25th Oct

Honeycomb: L-7 The Invention of Vita-Wonk
 An Alien Hand: L-5 The Bear Story
 Fresh Way: L-6 Contd.
 Writing Practice: Message Writing

4th to 8th Nov

Honeycomb: L-7 Contd.
 An Alien Hand: L-5 Contd.
 Fresh Way: L-7 Conjunctions
 Writing Practice: Character Sketch of Mr Nath.
 Disaster Risk Reduction: Invention of Nuclear Bomb-2nd World War(Man made hazard) Activity: 'Atomic Bombs: Exploring History and Ethics' Group activity-Research work. Present findings to the rest of the class by the way of posters, Power Point slides or any other visual aids.

11th to 14th Nov

Honeycomb: Poem-7 Dad and the Cat and the Tree
 An Alien Hand: L-5 Contd.
 Fresh Way: L-7 Contd.
 Writing Practice: Story Writing

18th to 22nd Nov

Honeycomb: Poem-8 Garden Snake
 Fresh Way: L-13 Direct and Indirect Speech
 Writing Practice: Speech Writing- 'Air Pollution'
 AI Activity (2): Draft an advertisement on a paper bag brand in your classwork notebook.

25th to 30th Nov

Honeycomb: Poem-8 Meadow Surprises
 Fresh Way: L-13 Contd.
 Writing Practice: Paragraph Writing: 'The Season I like Most'
 Class Activity: Speaking Skills (Role Play)

2nd to 6th Dec

An Alien Hand: L-6 A Tiger in the House
 Fresh Way: L-13 Contd.
 Writing Practice: Biosketch

AI Activity(3):	Write four lines ending with rhyming words and create a short poem. Upload a pdf of the same in your Activity Portfolio.
9th to 13th Dec	
An Alien Hand:	L-6 Contd.
Fresh Way:	L-3 Articles
Writing Practice:	E-Mail to a friend advising him/her to take part in sports
16th to 20th Dec	
An Alien Hand:	L-6 Contd.
Fresh Way:	L-3 Contd.
Grammar Practice:	Editing /Omitting
23th to 28th Dec	
Honeycomb:	L 8 A Homage To Our Brave Soldiers.
An Alien Hand:	L-7 An Alien Hand
Writing Practice:	Leave Application (For an educational class trip)
AI Activity(4):	Make a collage of brave soldiers in your notebook.
15th to 17th Jan'25	
Honeycomb:	L-8 Contd.
An Alien Hand:	L-7 Contd.
Writing Practice:	Article Writing
Disaster Risk Reduction:	Man made disaster- War Activity: Poster making with slogans on war's aftermath effects
20th to 25th Jan'25	
Honeycomb:	L- 8 Contd
An Alien Hand:	L-7 Contd.
Fresh Way:	Dialogue Completion.
Writing Practice:	Autobiography of a School Bag.
27th to 31st Jan'25	
Honeycomb:	Character Sketch
Fresh Way:	Dialogue Completion Contd.
Class Activity:	Listening Skills
3rd to 7th Feb'25:	
Honeycomb:	Diary Entry
Grammar:	Editing/ Omitting

Revision (10th to 28th February'25)

10th to 15th Feb'25:

Honeycomb:	L1 and L3 Term 1
An Alien Hand:	L1 and L3 Term 1
Fresh Way:	All grammar topics done in Term 1

17th to 21st Feb'25

Honeycomb:	All Lessons done in Term 2
An Alien Hand:	All Lessons done in Term 2
Fresh Way:	All grammar topics done in Term 2

24th to 28th Feb'25

Fresh Way:	Comprehensions Module Test Papers Speaking Skills
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Syllabus of PTs:

PT 1:

Honeycomb:	L-1 Three Questions, Poem-1 The Squirrel
An Alien Hand:	L-1 The Tiny Teacher
Fresh Way:	L-4 Verbs, L-1 Pronouns
Writing:	Notice Writing

PT 2:

Honeycomb:	L-2 A Gift of Chappals, Poem-2 The Rebel
An Alien Hand:	L-2 Bringing up Kari
Fresh Way:	L-10 Active and Passive Voice, L-8 Tense (Present Tense)
Writing:	Biosketch

PT 3:

Honeycomb:	L-6 Expert Detectives, Poem-6 Mystery of the Talking Fan
An Alien Hand:	L-7 Chandni
Fresh Way:	L-6 Preposition, L-9 Modals
Writing:	Message Writing

PT 4:

Honeycomb:	L-7 The Invention of Vita-Wonk Poem-7 Dad and the Cat and the Tree
An Alien Hand:	L-8 The Bear Story
Fresh Way:	L-3 Articles, L-13 Direct and Indirect Speech
Writing:	Leave Application

Half Yearly

Honeycomb: Lessons 1 to 5
An Alien Hand: Lessons 1, 2 and 3

Writing: All work done from 3rd April to 30th August
Grammar: L-4 Verbs, L-1 Pronouns, L-2 Adjectives, L-8 Tenses (Present Tense, Past Tense), L-10 Active and Passive Voice, L-5 Adverbs.

Final Exam

Honeycomb: Lessons (Term 1) 1, 3
(Term 2) 6, 7 and 8
An Alien Hand: Lessons (Term 1) 1, 3
(Term 2) 4, 5, 6, 7
Writing: Full Syllabus
Grammar: Full Syllabus
L-4 Verbs, L-1 Pronouns, L-2 Adjectives, L-8 Tenses (Present Tense, Past Tense), L-10 Active and Passive Voice, L-5 Adverbs, L-6 Preposition, L-9 Modals. L-7 Conjunctions.
L-3 Articles, L-13 Direct and Indirect Speech, Editing, Omitting.

Deleted Chapters:

(Old Books)

Honeycomb: Unit 8: Fire: Friend and Foe
Unit 9: A Bicycle in Good Repair
Unit 10: The Story of Cricket

An Alien Hand: L 3: The Desert
L 4: The Cop and the Anthem
L 6: I Want Something in a Cage

Pattern for Periodic Test

Time: 30-35 Minutes

M.M.: 20

Section	A			B			C			D			Total
	Reading			Writing			Grammar			Literature			
Ques.	1			2			3			4 5 6			20
M.M.	05			05			04			02 02 02			

Pattern for Half Yearly and Final Examination

Time: 3Hrs.

M.M.: 80

Section	Reading			Writing				Grammar			Literature			Total	
	A(20)			B(20)				C(15)			D(25)				
Ques.	1	2	3	4	5	6	7	8	9	10	11	12	13	80	
											a	b	c		
M.M.	10	5	5	3	5	6	6	3	3	9	3	3	3	10	6

Note: All activities related to Assessment such as quiz, projects, role plays, script writing, riddles listening and speaking will be done as class activities.

हिंदी पाठ्यक्रम 2024-25

कक्षा सात

Bunk Paper - The Social Notebook

सत्र एक: 3 अप्रैल से 9 सितंबर 2024

3 से 5 अप्रैल

वसंत

रचनात्मक-कार्य

: पाठ 1 हम पंखी उन्मुक्त गगन के
: किसी पक्षी का चित्र चित्रित करो।
किन्हीं पाँच देवीय आपदाओं के नाम।

8 से 12 अप्रैल

वसंत

व्याकरण

: पाठ 2 हिमालय की बोटियाँ
: भिन्नार्थक शब्द पृष्ठ 87-88 (1-7)
पर्यायवाची शब्द पृष्ठ 72 (1-10)
अनेकार्थक शब्द पृष्ठ 79 (1-6)

15 से 20 अप्रैल

वसंत

व्याकरण

: पाठ-2 हिमालय की बोटियाँ
: अनेक शब्दों के लिए एक शब्द
पृष्ठ 82 (1-10)

विलोम शब्द पृष्ठ 85 (1-15)

शुद्ध कीजिए पृष्ठ 187 (1-3)

रचनात्मक-कार्य

: पहाड़ों पर जाकर आपको कैसा
लगता है? इस विषय पर चर्चा
की जाएगी।

: स्वस्थ जल: स्वस्थ थल (स्लोगन)

22 से 26 अप्रैल

वसंत

व्याकरण

: पाठ 3 कठपुतली

: मुहावरे पृष्ठ 201-202 (1-12)

लोकोक्तियाँ पृष्ठ 204-205 (1-7)

अपठित गद्यांश

29 अप्रैल से 4 मई

वसंत : पाठ 3 कठपुतली
 व्याकरण : वर्ण-विचार, संज्ञा
 रचनात्मक-कार्य : कठपुतली बनाइए।

6 से 10 मई

वसंत : पाठ 4 मिठाईवाला
 व्याकरण : सर्वनाम, वाक्य

13 से 17 मई

वसंत : पाठ 4 मिठाईवाला
 व्याकरण : समास (अव्ययीभाव, तत्पुरुष एवं कर्मधारय)

20 से 24 मई

वसंत : पाठ 4 मिठाईवाला
 व्याकरण : क्रिया, कर्ता, कर्म एवं क्रिया की पहचान
 रचनात्मक-कार्य : व्यर्थ सामान से क्राफ्ट की कोई एक वस्तु बनाना।

5, 6 जुलाई

वसंत : पाठ 5 पापा खो गए

8 से 12 जुलाई

वसंत : पाठ 5 पापा खो गए
 व्याकरण (पत्र) : बड़े भाई के विवाह में सम्मिलित होने के लिए छुट्टी लेने हेतु प्रार्थना-पत्र।

15 से 19 जुलाई

वसंत : पाठ 5 पापा खो गए

व्याकरण : विलोम शब्द पृष्ठ 88 (16-35)

शुद्ध कीर्ति पृष्ठ 188 (4.5)

निबंध : सच्ची मित्रता

✓ : "सावधानी रखें, दुर्घटना से बचें"

रचनात्मक-कार्य : यातायात के नियमों से अवगत करना।

22 से 26 जुलाई

वसंत : पाठ 6 शाम - एक किसान

व्याकरण : अनेक शब्दों के लिए एक शब्द

पृष्ठ 82 (11-18)

रचनात्मक-कार्य : प्रकृति का चित्र बनाइए।

29 जुलाई से 2 अगस्त

वसंत : पाठ 6 शाम - एक किसान

पत्र : छोटे भाई को व्यायाम के महत्त्व पर प्रकाश डालते हुए पत्र लिखिए।

रचनात्मक-कार्य : 'वायु प्रदूषण' पर अनुच्छेद।

5 से 10 अगस्त

वसंत : पाठ 7 अपूर्व अनुभव

व्याकरण : भिन्नार्थक शब्द पृष्ठ 88 (8-15)

अनेकार्थक शब्द पृष्ठ 79 (7-12)

पर्यायवाची शब्द पृष्ठ 72 (11-20)

12 से 16 अगस्त

वसंत : पाठ 7 अपूर्व अनुभव

व्याकरण : मुहावरे पृष्ठ 202-203 (13-25)

लोकोक्तियाँ पृष्ठ 205-206 (8-14)

निबंध : आज की नारी

20 से 23 अगस्त

वसंत : पाठ ५ अपूर्व अनुभव
पत्र : बालसभा आयोजित करने हेतु
प्रधानाचार्य को प्रार्थना-पत्र लिखिए।

पुनरावृत्ति (27 अगस्त से 9 सितंबर)

27 से 30 अगस्त

वसंत : पाठ 1, 2, 3
व्याकरण : विलोम शब्द, भिन्नार्थक शब्द,
पर्यायवाची शब्द, अनेकार्थक शब्द,
अनेक शब्दों के लिए एक शब्द।

2 से 6, 9 सितंबर

वसंत : पाठ 4, 5, 6, 7
व्याकरण : वाक्य, समास, संज्ञा, सर्वनाम,
क्रिया

सत्र दो : 30 सितंबर 2024 से 28 फरवरी 2025

30 सितंबर से 5 अक्टूबर

वसंत : पाठ 8 रहीम के दोहे

व्याकरण : पर्यायवाची शब्द पृष्ठ 72 (21-30)

शुद्ध कीर्णिए पृष्ठ 188 (6-7)

विलोम शब्द पृष्ठ 85 (36-50)

रचनात्मक कार्य : पाँच कवियों के चित्र लगाएँ।

7 से 11 अक्टूबर

वसंत : पाठ 10 खानपान की बदलती तसवीर

व्याकरण : अनेकार्थक शब्द पृष्ठ 79-80 (13-19)

अनेक शब्दों के लिए एक शब्द

पृष्ठ 82 (19-27)

रचनात्मक-कार्य : प्राकृतिक (organic) उत्पादन पर चर्चा।

14 से 18 अक्टूबर

वसंत : पाठ 10 खानपान की बदलती तसवीर

व्याकरण : भिन्नार्थक शब्द पृष्ठ 88 (16-31)

रचनात्मक-कार्य : संकुलित आहार का चार्ट

21 से 25 अक्टूबर

वसंत : पाठ 9 एक दिनका

व्याकरण : विराम-चिह्न, विशेषण, क्रियाविशेषण

विलोम शब्द पृष्ठ 85 (51-65)

निबंध : डिजिटल में न खो जाएँ हम

4 से 8 नवंबर

वसंत : पाठ 9 एक तिनका
पत्र : हिंदी की महता बताते हुए मित्र
को पत्र लिखिए।

रचनात्मक-कार्य : घमंड व गर्व में फर्क बताकर संबंधित
विषय की कहानी सुनाई जायगी।

11 से 14 नवंबर

वसंत : पाठ 11 नीलकंठ
व्याकरण : कारक, मुहावरे पृष्ठ 203 (26-35)
लौकोक्तियाँ पृष्ठ 206 (15-22)

18 से 22 नवंबर

वसंत : पाठ 11 नीलकंठ
व्याकरण : समास (द्वंद्व, द्विगु एवं बहुव्रीहि)

25 से 30 नवंबर

वसंत : पाठ 11 नीलकंठ
पत्र : यात्रा की मंगल कामना करते हुए
मित्र को पत्र लिखिए।

रचनात्मक-कार्य : मोर का चित्र बनाकर उससे
संबंधित 5-6 पंक्तियाँ लिखिए।

2 से 6 दिसंबर

वसंत : पाठ 12 भोर और बरखा
व्याकरण : पर्यायवाची शब्द पृष्ठ 73 (31-40)
उपसर्ग - प्रत्यय

9 से 13 दिसंबर

- वसंत : पाठ 12 भोर और बरखा
व्याकरण : अनेक शब्दों के लिए एक शब्द
पृष्ठ 82-83 (28-36)
मुहावरे पृष्ठ 203-204 (36-50)
रचनात्मक-कार्य : भक्ति काल के कवियों के नाम
लिखिए।

16 से 20 दिसंबर

- वसंत : पाठ 13 वीर कुँवर सिंह
पत्र : अपने पड़ोस में हुई चोरी की रिपोर्ट
करते हुए थानाध्यक्ष को पत्र लिखिए।
संवाद-लेखन : परीक्षा के नजदीक आने पर दो मित्रों
के बीच संवाद।

23 से 28 दिसंबर

- वसंत : पाठ 13 वीर कुँवर सिंह
व्याकरण : विलोम शब्द पृष्ठ 85 (66-75)
रचनात्मक-कार्य : किन्हीं चार स्वतंत्रता सेनानियों के
चित्र लगाइए और उनसे संबंधित
दो-दो वाक्य लिखिए।

15 से 17 जनवरी

- वसंत : पाठ 14 संघर्ष के कारण मैं लुनोकमिजाज
हो गया: धनराज

20 से 25 जनवरी

वसंत : पाठ 14 संघर्ष के कारण में तुनुकमिजाज हो गया : धनराज

व्याकरण : अनेकार्थक शब्द पृष्ठ 80 (20-25)

शुद्ध कीजिए पृष्ठ 189 (8, 9)

संवाद-लेखन : भारी बर्फबारी के बीच कैसे दो पर्यटकों की बातचीत।

रचनात्मक-कार्य : अपने प्रिय शिवाड़ी के बारे में जानकारी इकट्ठी करना।

27 से 31 जनवरी

वसंत : पाठ 15 आत्म का अनुमानित व्यय

व्याकरण : लोकोक्तियाँ पृष्ठ 207 (23-28)

निबंध : लोहारों के प्रति बढ़ती उदासीनता

3 से 7 फरवरी

वसंत : पाठ 15 आत्म का अनुमानित व्यय

रचनात्मक-कार्य : एक गमले में पौधा लगाएँ व उसकी देखभाल करें।

पुनरावृत्ति (10 से 28 फरवरी)

10 से 15 फरवरी

वसंत : पाठ 1, 4, 8

व्याकरण : समास, कारक, विशेषण

17 से 21 फरवरी

वसंत : पाठ 9 से 12
व्याकरण : उपसर्ग-प्रत्यय, पर्यायवाची शब्द, अनेकार्थक शब्द

24 से 28 फरवरी

वसंत : पाठ 13 से 15
व्याकरण : विलोम शब्द, क्रियाविशेषण, मुहावरे, लोकोक्तियाँ

Periodic Test पाठ्यक्रम

Periodic Test 1

वसंत : पाठ 1, 2
व्याकरण : भिन्नार्थक शब्द (1-7), विलोम शब्द (1-15), अनेक शब्दों के लिए एक शब्द (1-10), पर्यायवाची शब्द (1-10), अनेकार्थक शब्द (1-6) शुद्ध कीजिए (1-3)

Periodic Test 2

वसंत : पाठ 3, 4
व्याकरण : संज्ञा, सर्वनाम, वर्ण-विचार, वाक्य, मुहावरे (1-12), लोकोक्तियाँ (1-7)

Periodic Test 3

वसंत : पाठ 8, 10
 व्याकरण : पर्यायवाची शब्द (21-30), विलोम शब्द (36-50), शुद्ध करो (6,7), भिन्नार्थक शब्द (16-31) अनेक शब्दों के लिए एक शब्द (19-29), अनेकार्थक शब्द (13-19)

Periodic Test 4

वसंत : पाठ 9, 11
 व्याकरण : विशेषण, क्रियाविशेषण, विराम-चिह्न, विलोम शब्द (51-65), कारक, समास (द्वंद्व, कृविगु एवं बहुव्रीहि)

अर्द्ध वार्षिक परीक्षा पाठ्यक्रम

वसंत : पाठ 1 से 7
 व्याकरण : 3 अप्रैल से 23 अगस्त तक

वार्षिक परीक्षा पाठ्यक्रम

वसंत : पाठ 1, 4, 8 से 15
 व्याकरण : 30 सितंबर से 07 फरवरी तक

अंक विभाजन (Periodic Test)

वसंत	व्याकरण	कुल
08	12	20

अंक विभाजन

Bunk Paper - The Social Notebook

खंड क (45)

अर्द्धवार्षिक परीक्षा

वार्षिक परीक्षा

1	(क) विलोम शब्द	02	02
	(ख) अनेक शब्दों के लिए एक शब्द	02	02
2	(क) अनैकार्थक शब्द	02	02
	(ख) पर्यायवाची शब्द	02	02
3	(क) भिन्नार्थक शब्द	02	02
	(ख) शुद्ध कीजिए	02	02
4	वाक्य	02	-
	प्रत्यय एवं उपसर्ग	-	02
5	वर्ण-विचार	02	-
	विराम-चिह्न	-	02
6	संज्ञा	02	-
	कारक	-	02
7	समास	05	02
8	मुहावरे एवं लोकोक्तियाँ	03	03
9	सर्वनाम	03	-
	विशेषण	-	03
10	क्रिया	03	-
	क्रियाविशेषण	-	03
11	अपठित गद्यांश	05	-
	संवाद लेखन	-	05
12	पत्र	05	05
13	निबंध	06	06
	खंड ख (35)		
14	सप्रसंग व्याख्या	06	06
15	आशय स्पष्ट कीजिए	04	04
16-19	प्रश्नोत्तर	20	20
20	शब्दार्थ	05	05
	कुल	80	80

SYLLABUS 2024 - 2025**MATHEMATICS****CLASS VII****TERM 1 : 3rd April to 9th Sept' 2024**

3rd to 5th April	Ch-1 Integers Ex-1.1
8th to 12th April	Ex 1.1 (Cont), Ex 1.2
15th to 20th April	Ex-1.3 Activity: Addition of Integers (Art Integrated).
22nd to 26th April	Ch-2 Fractions and Decimals Ex 2.1, Ex 2.2
29th April to 4th May	Ex 2.3, 2.4 and Ex 2.5
6th to 10th May	Activity: Express cropped area in total flooded area as a fraction and decimal from the given data. Assignment will be given
13th to 17th May	Ch-8 Rational Numbers, Ex 8.1
20th to 24th May	Ex 8.2 Assignment will be given
5th and 6th July	Ch-7 Comparing Quantities, Ex 7.1
8th to 12th July	Ex 7.2 Assignment will be given Activity: To calculate increase% of the water level of the data to be given in the class.
15th to 19th July	Ch-3 Data Handling Ex 3.1
22nd to 26th July	Ex 3.2 and Ex 3.3
29th July to 2nd Aug	Activity: Calculatate average rainfall due to cyclones. Assignment will be given
5th to 10th Aug	Ch-5 Lines and Angles, Ex 5.1
12th to 16th Aug	Ex 5.2 Activity: Relation between angles when two parallel lines are intersected by a transversal.
20th to 23rd Aug	Ch-12 Symmetry Ex 12.1, 12.2 and 12.3 Activity: To draw the lines of symmetry in various polygons.(Art Integrated)
27th to 30th Aug	Revision of Ch-1,2, and 3
2nd to 6th & 9th Sept	Revision of Ch- 5,7 and 8
TERM 2 : 30th Sept 2024 to 28th Feb' 2025	

30th Sept to 5th Oct	Ch-4 Simple Equations Ex 4.1, 4.2 and 4.3
7th to 11th Oct	Activity: To generate mathematical equation of the given expression. Assignment will be given
14th to 18th Oct	Ch-6 The Triangle and its Properties Ex 6.1 Activity: To verify angle sum property of a triangle(Art Integrated)
21st to 25th Oct	Ex 6.2 and 6.3
4th to 8th Nov	Ex- 6.3(cont) and 6.4
11th to 14th Nov	Ex 6.5 Activity: To verify Pythagoras Theorem(Art Integrated)
18th and 22nd Nov	Ch-9 Perimeter and Area Ex 9.1 Activity: To calculate area and perimeter of quadrilaterals and use the concept to express crowd density.
25th Nov to 30th Nov	Ex 9.2
2nd to 6th Dec	Ch-11 Exponents and Powers Ex 11.1
9th to 13th Dec	Ex 11.2 and 11.3
16th to 20th Dec	Assignment will be given Activity: Exponents using paper folding (Art Intergrated)
23rd to 28th Dec	Ch-10 Algebraic Expressions Ex 10.1 and 10.2
15th to 17th Jan 2025	Ex-10.2(cont) Assignment will be given
20th to 25th Jan	Ch-13 Visualising Solid Shapes Ex 13.1,13.2
27th to 31st Jan	Ex 13.3
3rd to 7th Feb	Assignment will be given
10th to 15th Feb	Revision of Ch-4,6 and 9
17th to 21st Feb	Revision of Ch-10,11 and 13
24th to 28th Feb	Revision of Ch-2,3 and 8

Syllabus for Periodic Tests

Periodic Test 1	Ch- 1 and 2
Periodic Test 2	Ch- 7 and 8

Periodic Test 3	Ch- 4 and 6				
Periodic Test 4	Ch- 9 and 11				
Pattern of Periodic Tests					
No. of Questions	02	03	03	Total	
Marks	1	2	4	-	
Weightage	2	6	12	20	
Pattern for Half Yearly and Final Exam					
Section	A	B	C	D	Total
No. of Questions	20	08	08	05	-
Marks	1	2	3	4	-
Weightage	20	16	24	20	80

Chapterwise Weightage of Half Yearly Exam										
Ch. No.	01	02	03	05	07	08	12	Total		
Marks	10	13	13	13	13	13	05	80		
Chapterwise Weightage of Final Exam										
Ch. No.	02	03	04	06	08	09	10	11	13	Total
Marks	05	09	11	12	07	11	09	12	04	80

Syllabus For Session 2024-25
Science
Class VII

Term 1 : 3rd April to 09th September 2024

3rd to 5th April : Ch.1 Nutrition in Plants

8th to 12th April : Ch. 1 Contd

Activity : To make a PPT on different modes of nutrition in plants

15th to 20th April : Ch 3 Heat

22nd to 26th April : Ch 3 Heat

Activity : To demonstrate heat transfer in solids with the help of pin & wax

* **Disaster Risk reduction** : To enlist the following on A4 size sheet
a) Various problems caused due to global warming.
b) Precautionary measures to reduce the effects of global warming.

29th April to 4th May : Ch. 2 Nutrition in Animals

6th to 10th May : Ch 2 Contd

13th to 17th May : Ch. 2 Contd

Activity : To conduct a role play on the topic 'Nutrition in Animals'.

20nd to 24th May : Ch. 4 Acids, Bases & Salts

5th & 6th July : Ch 4 Contd

Activity : To test the acidic or basic nature of the given solution by using litmus solution/paper as an indicator.

* **Disaster Risk reduction** : To make a PPT showing how acid rain affects natural ecosystem including its role in nutrient leaching, forest damage and aquatic life disruption .

8th to 12th July : Ch 5 Physical & Chemical changes

15th to 19th July : Ch 5 Contd

Activity : To show the characteristics of physical and chemical changes through different videos

22nd to 26th July : Ch 6 Respiration in Organisms

29st July to 2nd Aug : Ch 6 Contd

Activity : To show that exhaled air contains carbon-dioxide

5th to 10th Aug : Ch 11 Light

12th to 16th Aug : Ch 11 Contd

20nd to 23rd Aug. : Ch 11 Contd

Activity : To make a rainbow with the help of clay.

27th to 30th Aug. : Revision of Ch 1,3,2,5
2nd to 6th Sept & 9th Sept : Revision of Ch 6,4,11

Term 2 : 30th Sept 2024 to 28th Feb 2025

30th Sept to 5th Oct. : Ch 8 Reproduction in Plants
7th to 11th Oct : Ch 8 Contd

Activity : To use autodraw showing various modes of asexual reproduction in plants.

14th to 18th Oct : Ch 10 Electric Current and its Effects

21st to 25th Oct : Ch 10 Contd

Activity : To draw electrical symbols of different electrical components
On A4 size sheet

* **Disaster Risk reduction** : To show a video based on causes of electrical fires, electrical fire safety tips and the right electrical protection in homes.

4th to 8th Nov : Ch 13 Waste Water story

11th & 14th Nov : Ch 13 Contd

18th to 22nd Nov : Ch 13 Contd

Activity : Group discussion on water borne diseases and their pathogens

25th to 30th Nov : Ch 7 Transportation in Animals & Plants

2nd to 6th Dec : Ch 7 Contd

9th to 13th Dec : Ch 7 Contd

Activity : To show that water is taken up by xylem of the roots and transported to various parts of plant

16th to 20th Dec. : Ch 12 Forest our Lifeline

23rd to 28th Dec : Ch 12 Contd

15th to 17th Jan'25 : Ch 12 Contd

Activity : To use Google Lens to collect information related to tropical rain forest

20th to 25th Jan : Ch 9 Motion and Time

27th to 31st Jan : Ch- 9 Contd

3rd to 7th Feb : Ch 9 Contd

Activity : To make a timetable of your daily activities .

* **Disaster Risk reduction** : To perform a role play emphasizing on road safety practices.

10th to 15th Feb : Revision of Ch 2,3,5,7

17th to 21st Feb : Revision of Ch 8,9,13

24th to 28th Feb : Revision of Ch 10,12

Periodic test 1:

Ch 1 : Nutrition in Plants

Ch 3 : Heat

Periodic Test 2

Ch 2: Nutrition in Animals

Ch 4: Acids, Bases & Salts

Periodic Test 3:

Ch 8: Reproduction in Plants

Ch 10: Electric Current and its Effect

Periodic Test 4:

Ch 7: Transportation in animals and plants

Ch 13 : Waste Water Story

Pattern for Half Yearly and Final Examination

Type of Ques.	MCQ	FI B	VSAQ	SAI (2M)	SAII (3M)	LA (5M)	Marks
No. of Ques.	10	5	5	9	9	3	80
Marks	10	05	05	18	27	15	

Lessonwise Weightage for Half Yearly Exams

L. No.	1	2	3	4	5	6	11			TOTAL
Marks	12	12	12	10	10	12	12			80

Lessonwise Weightage for Final Examination

L. No.	7	8	9	10	12	13	2	3	5				TOTAL
Marks	12	12	10	10	08	08	07	07	06				80

Pattern of PT-I, II, III and IV

Time : 30-35 Minutes

M.M. : 20

No. of Questions	3	4	3	Total
Marks	01 (3)	02 (8)	03(9)	20

*

CLASS VII
Social Science

Term 1: 3rd April to 9th September'24

3th to 5th April

History: L-1: Tracing Changes Through a Tough Years

8th to 12th April

History: L-1 Contd.

Geography: L-1: Environment

Draw a diagram showing Components of Environment.

15th to 20th April

History: L-1 Contd.

Geography: L-1 Contd.

Civics: L-1 On Equality

22th to 26th April

History: L-2 Kings and Kingdoms

Geography: L-2: Inside Our Earth

Civics: L-1 Contd.

Art Integrated Activity: Make a 3-D model of Earth with clay

29th April to 4th May

History: L-2 Contd.

Geography: L-2 Contd.

Civics: L-2: Role of the Government in Health

Map: Major Kingdoms Seventh-Twelfth Centuries

6th to 10th May

History: L-2 Contd.

Geography: L-2 Contd.

Civics: L-2 Contd.

Map: States and Capitals of India

13th to 17th May

History: L-2 Contd.

Civics: L-2 Contd.

AI Activity: PPT showing the Chola Temples

20th to 24th May

History: L-2 Contd.

Civics: L-2 Contd.

5th & 6th July

History: L-3 Delhi 12th to 15th Century

Geography: L-3 Our Changing Earth

Group discussion on the causes and impact of an earthquake.

8th to 12th July

History: L-3 Contd.

Geography: L-3 Contd.

Draw a diagram of a Volcano

15th to 19th July

History: L-3 Contd.

Geography: L-3 Contd.

Civics: L-3 How the State Government Works

22nd to 26th July

History: L-3 Contd.

Civics: L-3 Contd.

Art Integrated Activity: Roleplay- How the Elections are conducted in India.

29th July to 2nd August

History: L-4 The Mughals 16th to 17th Century

Civics: L-4 Growing Up as Boys and Girls

5th to 10th August

History: L-4 Contd.

Geography: L-4 Air

Case Study: Delhi Air Pollution- Causes, damage and prevention.

12th to 16th August

History: L-4 Contd.

Geography: L-4 Contd.

Civics: L-4 Contd.

Art Integrated Activity: Roleplay showing disparity between girls and boys in society.

20th to 23rd August

Geography: L-4 Contd.

Map: Military Campaigns under Akbar and Aurangzeb

27th to 30th August Revision

History: L-1, 2

Geography: 1, 2

Civics: L-1, 2

2nd to 6th & 9th September

History: L-3, 4 and maps

Geography: L- 3, 4 and maps

Civics: L- 3, 4 and diagrams

Term 2: 30th September'24 to 28th February'25

30th September to 5th October

History: L-5 Tribes, Nomads and Settled Communities

Art Integrated Activity: Make a headgear worn by any Tribal group using leaves/feathers/shells.

7th to 11th October

History: L-5 Contd.

Geography: L-5: Water

Draw a diagram of 'Water Cycle'

Video- 'How to Survive a Tsunami'

14th to 18th October

History: L-5 Contd.

Geography: L-5 Contd.

Civics: L-5: Women Change the World

Art Integrated Activity: Paste pictures of women activists and write about their contributions to the society.

21st to 25th October

History: L-6 Devotional Paths to the Divine

Geography: L-5 Contd.

Civics: L-5 Contd.

Map: World: Major Seas, Lakes and Oceans

4th to 8th November

History: L-6 Contd.

Geography: L-6 Human Environment Interactions

Civics: L-5 Contd.

11th to 14th November.

History: L-6 Contd.

Geography: L-6 Contd.

Civics: L-6 Understanding Media

18th to 22nd November.

History: L-7 The Making of Regional Cultures

Geography: L-6 Contd.

Civics: L-6 Contd.

AI Activity: PPT showing cultural heritage of any five states of India.

25th to 30th November

History: L-7 Contd.

Geography: L-6 Contd.

Civics: L-6 Contd.

Art Integrated Activity: Paste pictures from newspapers regarding important news events of one week.

2nd to 6th December

History: L-7 Contd.

Geography: L-7 Life in the Deserts

Civics: L-6 Contd.

AI Activity: Virtual tour of the Great Indian Desert

9th to 13th December

History: L-8 Eighteenth Century Political Formations

Geography: L-7 Contd.

16th to 20th December

Civics: L-7 Markets Around Us

History: L-8 Contd.

Geography: L-7 Contd.

Map: Major Bhakti Saints and the Regions associated with them

23rd to 28th December

History: L-8 Contd.

Geography: L-7 Contd.

Civics: L-7 Contd.

A brief report on the role of government to control pollution in markets.

15th to 17th January'25

History: L-8 Contd.

Geography: L-7 Contd.

Civics: L-7 Contd.

20th to 25th January

History: L-8 Contd.

Civics: L-8 A Shirt in the Market

27th January to 31st January

Civics: L-8 Contd.

AI Activity: Collect and write information of any one ancient temple using any search engine.

3rd to 7th February

History: L-8 Contd.

Geography: L-8 Contd.

Civics: L-8 Contd.

10th to 15th February Revision

History: L-5,6

Geography: L-5,6

Civics: L-5,6

17th to 21st February

History: L-7,8 and map

Civics: L-7,8

24th to 28th February

Geography: L-7 and maps

Syllabus for Periodic Tests

Periodic Test-1

History: L-1 Tracing Changes Through a Tough Years

Geography: L-1 Environment

Civics: L-1 On Equality

Periodic Test-2

History: L-2 New Kings and Kingdoms

Geography: L-2 Inside Our Earth

Civics: L-2 Role of the Government in Health

Periodic Test-3

History: L-5 Tribes, Nomads and Settled Communities

Geography: L-5 Water

Civics: L-5 Women Change the World

Periodic Test-4

History: L-6 Devotional Paths to the Divine

Geography: L-6 Human Environment Interactions

Civics: L-6 Understanding Media

Pattern for Periodic Test

Type of Ques.	History (8)			Geography (8)			Civics (4)	Total
No. of Ques.	3	1	1	3	1	1	2	
Marks	1	2	3	1	2	3	2	20

Pattern for Half-Yearly and Final Examination

History-32

Q. No.	Objective Ques. (2)	2	3	2	MCQ	Map	Total
Marks	4	2	3	4	4	3	32

Geography-32

Q. No.	Objective Ques.	2	3	2	MCQ	Map	Total
Marks	4	2	3	4	4	3	32

Civics-16

Q. No.	Objective type	2	2	MCQ	Total
Marks	4	2	3	2	16

Lesson-wise weightage for Half-yearly

History-32

L. No.	1	2	3	4	Map	Total
Marks	7	7	7	8	3	32

Geography-32

L. No.	1	2	3	4	Map	Total
Marks	7	7	7	8	3	32

Civics-16

L. No.	1	2	3	Total
Marks	6	5	5	16

Lesson-wise weightage for Finals

History-32

L. No.	1	5	6	7	8	Map	Total
Marks	5	6	6	6	6	3	32

Geography-32

L. No.	1	5	6	7	Map	Total
Marks	7	7	7	8	3	32

Civics-16

L. No.	1	5	6	7	Total
Marks	4	4	4	4	16

	SYLLABUS 2024 - 2025
	General Knowledge
	CLASS VII
	TERM 1 : 3rd April to 9th Sept' 2024
3rd to 5th April	Task 1, 2, 3
8th to 12th April	Task 4, 5, 6, 7
15th to 20th April	Mental Ability
22nd to 26th April	Task 8, 9, 10, 11, 12
29th April to 4th May	Task 13, 14, 15, 16, 17
6th to 10th May	Mental Ability
13th to 17th May	Important News
20th to 24th May	Activity (Make a PPT on Chandrayan-3)
5th and 6th July	Revision of Tasks
8th to 12th July	Revision of Mental Ability and Important News
15th to 19th July	Task 18, 19, 20, Mental Ability
22nd to 26th July	Task 21, 22, 23, 24, 25
29th July to 2nd Aug	Task 26, 27, 28, Important News
5th to 10th Aug	Task 29, 30, 31, 32, 33, 34, 35
12th to 16th Aug	Revision of Tasks
20th to 23rd Aug	Revision of Mental Ability and Important News
27th to 30th Aug	Revision
2nd to 9th Sept	Activity (Collage on National Parks and Sanctuaries)
	TERM 2 : 30th Sept 2024 to 28th Feb' 2025
30th Sept to 5th Oct	Task 36, 37, 38, 39

7th to 11th Oct	Task 40, 41, 42
14th to 18th Oct	Mental Ability
21st to 25th Oct	Task 43, 44, 45, Mental Ability
4th to 8th Nov	Task 46, 47, 48, Important News
11th to 14th Nov	Task 49, 50, 51, 52
18th to 22nd Nov	Revision of Mental Ability
25th to 30th Nov	Revision of Important News
2nd to 6th Dec	Activity (Making of Indian Handicraft using clay, paper etc.)
9th to 13th Dec	Task 53, 54, Mental Ability
16th to 20th Dec	Task 55, 56, 57, 58, 59
23rd to 28th Dec	Task 60, 61, 62, 63, 64, 65,
15th to 17th Jan 2025	Task 66, 67, 68, Important News
20th to 25th Jan	Revision of Tasks, Mental Ability
27th to 31st Jan	Revision of Important News
3rd to 7th Feb	Activity (Paste pictures of famous musicians)
10th to 15th Feb	Revision of Mental Ability
17th to 21st Feb	Discussion on Current Affairs
24th to 28th Feb	Discussion on General Topics

Syllabus for Periodic Tests

Periodic Test 1	Tasks 1 to 17
Periodic Test 2	Tasks 18 to 35

Periodic Test 3	Tasks 36 to 52
Periodic Test 4	Tasks 53 to 68
Pattern of Periodic Tests	
Tasks	10 marks
Mental Ability	5 Marks
Important News	5 Marks
Total	20 Marks

सत्र एक :

3 अप्रैल से 9 सितंबर 2024

3 से 5 अप्रैल : पाठ 1 सुभाषितानि
घटिका , संख्या 1-50

8 से 12 अप्रैल : पाठ 1 सुभाषितानि
पर्यायाः , शब्दरूप - बाल , लता
गतिविधि - श्लोकों का उच्चारण

15 से 20 अप्रैल : पाठ 2 दुर्बुद्धिः विनश्यति
अशुद्धि - संशोधनम्

22 से 26 अप्रैल : पाठ 2 दुर्बुद्धिः विनश्यति
संवादाः - 1, 2

29 अप्रैल से 4 मई : पाठ 3 स्वावलम्बनम्
चित्रवर्णनम् , अपठित - गाथांशः

6 से 10 मई : पाठ 3 स्वावलम्बनम्
धातुरूप - पठ् , स्था (लट् ,
लृट् , लङ् सर्व लोट् लकार)

गतिविधि - "अष्टौ कर्मकरः" इनका पेंसिल से
चित्र बनाकर संस्कृत में नाम लिखना।

13 से 17 मई : पाठ 3 स्वावलम्बनम्
अनुवाद , उपसर्गः

20 से 24 मई : पाठ 4 पण्डिता रमाबाई
अव्ययपदानि , चित्रवर्णनम्

5 और 6 जुलाई : पाठ 4 पण्डिता रमाबाई
संवादः - 3,4

गतिविधि - पाठ से अव्यय पद चुनना एवं
उनके अर्थ लिखना ।

8 से 12 जुलाई : पाठ 4 पण्डिता रमाबाई
शब्दरूप - मुनि , नदी
अपठित - गद्यांशः

15 से 19 जुलाई : पाठ 5 सदाचारः
अव्ययपदानि

गतिविधि - संस्कृत में 5 सूक्तियाँ
लिखना ।

22 से 26 जुलाई : पाठ 5 सदाचारः
धातुरूप - दा , गम् (लट् ,
लृट् , लङ् एवं लौट् लकार)

29 जुलाई से 2 अगस्त : पाठ 7 त्रिवर्णः ध्वजः
शब्दरूप किम् (स्त्रीलिङ्ग)

5 से 10 अगस्त : पाठ 7 त्रिवर्णः ध्वजः
अनुवाद , चित्रवर्णनम्

गतिविधि - ध्वज - निर्माण

12 से 16 अगस्त : पाठ 7 त्रिवर्णः ध्वजः
अपठित - गद्यांशः , अनुवाद

20 से 23 अगस्त : पाठ 7 त्रिवर्णः ध्वजः
अशुद्धि - संशोधनम् , उपसर्गः

पुनरावृत्ति (१७ अगस्त से १ सितंबर)

१७ से ३० अगस्त : पाठ ३
घटिका, उपसर्गाः, पर्यायाः

१ से ६, १ सितंबर : पाठ ७
संवादाः, अनुवाद, संख्या

सत्र दो : ३० सितंबर २०२५ से २४ फरवरी २०२५

३० सितंबर से ५ अक्टूबर : पाठ ६ सङ्कल्पः सिद्धिदायकः
शब्दरूप - फल, मति
संवादाः ५, ६

७ से ११ अक्टूबर : पाठ ६ सङ्कल्पः सिद्धिदायकः
विपर्ययाः, चित्रवर्णनम्

१५ से १८ अक्टूबर : पाठ ८ अहमपि विद्यालयं गमिष्यामि
अव्ययपदानि
गतिविधि - विद्यालय का चित्र बनाकर
संस्कृत में ५ वाक्य लिखना ।

२१ से २५ अक्टूबर : पाठ ८ अहमपि विद्यालयं गमिष्यामि
संख्या - ५१ से ७५
गतिविधि - नारी-शिक्षा एवं बाल-श्रम
पर एक-एक नारा
(स्लोगन) लिखना ।

५ से ८ नवंबर : पाठ १ विश्वबन्धुत्वम्
धातुरूप - स्मृ, भू (लट्, लृट्, लङ्. एवं लोट् लकार)

11 से 14 नवंबर : पाठ 9 विश्वबन्धुत्वम्
शब्दरूप - साधु , चित्रवर्णनम्,
उपसर्गाः , अनुवाद

18 से 22 नवंबर : पाठ 9 विश्वबन्धुत्वम्
गतिविधि - "विश्वबन्धुत्व आज के
समय की आवश्यकता"
इस विषय पर विचार रखना।

25 से 30 नवंबर : पाठ 10 समवायौ हि दुर्जयः
संख्या - 76 से 100
अशुद्धि - संशोधनम्

2 से 6 दिसंबर : पाठ 10- समवायौ हि दुर्जयः
संवादाः - 7, 8

9 से 13 दिसंबर : पाठ 11 विद्याधनम्
शब्दरूप - अस्मद् , युष्मद्
अनुवाद

16 से 20 दिसंबर : पाठ 11 विद्याधनम्
धातुरूप - दृश् (लट् , लृट्,
लङ् एवं लोट् लकार),
अस् (लट् , लृट् एवं लङ्
लकार)

गतिविधि - विद्या की देवी सरस्वती
पर पाँच वाक्य लिखना

23 से 28 दिसंबर : पाठ 12 अमृतं संस्कृतम्
संख्या - 51 से 100 ,
चित्रवर्णनम्

15 से 17 जनवरी '2025 : पाठ 12 अमृतं संस्कृतम्
 अनुवाद , संवादाः - 9
 गतिविधि - संस्कृत के 5 प्रसिद्ध कवि
 एवं उनके ग्रंथों के नाम
 लिखना ।

20 से 25 जनवरी : पाठ 13 लालनगीतम्
 अशुद्धि - संशोधनम्

27 से 31 जनवरी : पाठ 13 लालनगीतम्
 अपठित - गद्यांशः

3 से 7 फरवरी : पाठ 13 लालनगीतम्
 उपसर्गः

पुनरावृत्ति (10 से 28 फरवरी '2025)

10 से 15 फरवरी : पाठ 11, 12
 शब्दरूप , संवादाः

17 से 21 फरवरी : पाठ 5, 7
 विपर्ययाः , अव्ययपदानि,
 धातुरूप , चित्रवर्णनम्

24 से 28 फरवरी : पाठ 13
 धटिका , उपसर्गः ,
 अनुवाद , संख्या

पाठ्यक्रम

Periodic Test 1

रुचिरा : पाठ 1, 2

व्याकरण : शब्दरूप - ब्रल, लता
पर्यायाः, अशुद्धि - संशोधनम्,
संख्या - 1 से 50, घटिका, संवादः

Periodic Test 2

रुचिरा : पाठ 5, पाठ 4

व्याकरण : धातुरूप पठ, स्था (लट्,
लृट्, लङ्, लोट् लकार)
शब्दरूप - मुनि, नदी
उपसर्गाः, अव्ययपदानि, अनुवाद

Periodic Test 3

रुचिरा : पाठ 6, 8

व्याकरण : शब्दरूप - फल, मति, चित्रवर्णनम्,
विपर्ययाः, अव्ययपदानि,
संख्या - 51 से 75

Periodic Test 4

रुचिरा : पाठ 9, 10

व्याकरण : धातुरूप - स्मृ, भू (लट्,
लृट्, लङ्, लोट् लकार)
संख्या 76 से 100,
अशुद्धि - संशोधनम्, उपसर्गाः,
अनुवाद ।

अर्द्धवार्षिकी परीक्षा

रुचिरा : पाठ 1, 2, 3, 4, 5, 7

व्याकरण : शब्दरूप - बाल, लता, मुनि, नदी,
किम् (स्त्रीलिङ्ग)

धातुरूप - पठ्, स्था, दा, गम्
(लट्, लृट्, लङ् एवं लौट् लकार)

पर्यायाः, अशुद्धि-संशोधनम्, घटिका,

संख्या - 1 से 50, अव्ययपदानि, उपसर्गाः,

अपठित-गाथांशाः, अनुवादाः,

चित्रवर्णनम्, संवादलेखनम् - 1 से 4

वार्षिकी परीक्षा

रुचिरा : पाठ 5 से 13

व्याकरण : शब्दरूप - फल, मति, साधु, अस्मद्,
युष्मद्

धातुरूप - स्मृ, भू, दृश् (लट्,
लृट्, लङ् एवं लौट् लकार)

अस् (लट्, लृट् एवं लङ् लकार)

विपर्यायाः, संख्या - 51 से 100,

अशुद्धि-संशोधनम्, घटिका, उपसर्गाः,

अव्ययपदानि, अपठित-गाथांशाः,

अनुवादाः, संवादः - 5 से 9, चित्रवर्णनम्

PT का अंक-विभाजन

संस्कृत अंक	खण्ड 'क' व्याकरणम् 10	खण्ड 'ख' पाठ्यपुस्तकम् 10	कुल अंक 20

अर्धवार्षिकी एवं वार्षिकी परीक्षा का अंक - विभाजन
 समय: दोराद्वयम् पूर्णाङ्कः 80
 खण्डः 'क' अपठित-अवबोधनम् (5 अङ्काः)

प्रश्न-संख्या		अङ्काः
1	रुक्मः अपठितः गद्यांशः (5) खण्डः 'एव' रचनात्मकं कार्यम् (15)	5
2	अनुवादाः	5
3	चित्रवर्णनम्	5
4	संवादलेखनम् खण्डः 'ग' व्याकरणम् (30)	5
5	शब्दरूपाणि	5
6	धातुरूपाणि	5
7	पर्यायाः / विपर्यायाः	4
8	अशुद्धि - संशोधनम्	4
9	संख्या	4
10	घटिका	3
11	अव्ययप्रदानि	3
12	उपसर्गाः खण्ड 'घ' पठित-अवबोधनम् (30)	2
13	गद्यांशः	5
14	पद्यांशः	5
15	नाट्यांशः	5
16	प्रश्ननिर्माणम्	4
17	शब्दार्थः	4
18	रिक्तस्थानानि / अभ्यासाः	4
19	अभ्यासाः	3

Syllabus 2024-25 (Class VII) French

Term 1: 3rd April to 9th September 2024

3rd to 5th April	Lesson 1
8th to 12th April	Lesson 1
15th to 20th April	Lesson 1
22nd to 26th April	Lesson 2
29th April to 4th May	Lesson 2

- **Activity: To make a power point presentation of Five Slides, introducing your family members and your relation to them in French.**

6th to 10th May	Lesson 2
13th to 17th May	Lesson 2
20th to 24th May	Lesson 3

- **Activity: To make a Short Video of any healthy recipe that you can prepare yourself**

5th & 6th July	Lesson 3
8th to 12th July	Lesson 3
15th to 19th July	Lesson 4
22nd to 26th July	Lesson 4
29th July to 2nd Aug.	Lesson 4

- **Activity: To make a PPT of Five Slides with the pics of your favourite activity(hobby).**

5th to 10th Aug.	Lesson 5
12th to 16th Aug.	Lesson 5
20th to 23rd Aug.	Lesson 5

Revision 27th Aug. to 9th Sep. 2024

27th Aug. to 30th Aug.	Comprehension
2nd to 6th Sep., 9th Sep.	Civilization

Term 2: 1st Oct. 2024 to 28th Feb. 2025

1st to 5th Oct. Lesson 6

7th to 11th Oct. Lesson 6

14th to 18th Oct. Lesson 7

21st to 25th Oct. Lesson 7

- **Activity: To make a collage with the pics of different things related to your favourite season.**

4th to 8th Nov. Lesson 7

11th to 14th Nov. Lesson 8

18th to 22nd Nov. Lesson 8

25th to 30th Nov. Lesson 8

- **Activity: To make a PPT of five slides, presenting your favourite artist and his/her shows.**

2nd to 6th Dec. Lesson 9

9th to 13th Dec. Lesson 9

16th to 20th Dec. Lesson 9

23rd to 28th Dec. Lesson 10

- **Activity: To make a short video of your New Year Celebration.**

15th to 17th Jan. 2025 Lesson 10

20th to 25th Jan. Lesson 10

27th to 31st Jan. Civilization

3rd to 7th Feb. Comprehension Practice

Revision: 10th to 28th Feb. 2025

10th to 15th Feb. Writing Section

17th to 21st Feb. Civilization

24th to 28th Feb. Lesson 10 and Vocabulary

Syllabus for Periodic Tests

Periodic Test - 1
Paragraph

Lesson 1, 2
Décrivez Votre Famille

Periodic Test – 2
Paragraph

Lesson 3, 4
Décrivez une visite au zoo

Periodic Test – 3
Paragraph

Lesson 6, 7
Décrivez Votre saison préférée.

Periodic Test – 4
lettre

Lesson 8, 9
Écrivez une lettre à ton ami pour le concert de la musique.

Syllabus for Half Yearly

Lessons:

1 to 5

Syllabus for Final Exams

Lessons:

5 to 10

Pattern for Periodic Test

Sections	Writing Section	Grammar	Word Meanings
Marks	5	10	5

Pattern for Half Yearly and Final Examinations

Section	Comprehension	Writing	Grammar	Literature	Total
Marks	10	15	35	20	80

SYLLABUS (2024-25)
CLASS VII
COMPUTER EDUCATION

April

Ch-1: Number System
Back Exercise
Question Answers

Activity : Make a presentation on 'Positional Number System' including Decimal number system , Binary number system , Octal number system and Hexadecimal number system.

May

Ch-2: Computer Virus
Back Exercise
Question Answers

Activity : Open a Word document and type about 'E-mail Virus vs Ransomware'.

July

Ch-3: GIMP - Introduction
Back Exercise
Question Answers

Ch-4: GIMP - Working with Layers
Back Exercise
Question Answers

Activity: Create a Collage in GIMP involving creating and rearranging the layers.

August

Ch-5: Internet- Ethics and Safeguard
Back Exercise
Question Answers

Activity: Make a presentation on 'Online Threats' and various precautions you can take to protect yourself from Online Threats.

September

Revision of Ch 1 to 5

October

Ch-6: HTML 5 - Introduction
Back Exercise
Question Answers

Ch-7: HTML 5 - Creating Web Pages
Back Exercise
Question Answers

Activity : Write the HTML code using various types of tags like H1 to H6, Bold, Italic, Underline, Marquee etc and then display your webpage in a web Browser.

November

Ch-8: HTML5 - Images, Links and Table

Back Exercise

Question Answers

Activity: Write the HTML code to create the mark sheet of a student containing marks of five subjects and general information about the student at the top. Insert the photograph of the student also in your web page.

December

Ch- 9: Python - Conditional Control Structures and Turtle

Back Exercise

Question Answers

Activity : Write programs (i) To check whether the given letter is a vowel or a consonant.
(ii) To create simple calculator .
(iii) To draw tangent circles using turtle module.

January

Ch- 10: AI for Sustainable Development Goals

Back Exercise

Question Answers

Activity : Make a power point presentation on 'AI Enabled Systems'. Write their advantages and ethical concern related to these systems. Add proper formatting effects to the presentation.

February

Revision of Ch 6 to 10

Revision of Ch 1,3,4

***5 CA's will be conducted in a year.**

ART

CLASS VII

TERM 1 : 3RD APRIL TO 09TH SEPTEMBER'24

03 RD TO 05 TH APRIL	PRINCIPLES OF DESIGN	
08 TH TO 12 TH APRIL	NEEDLE WORK (TUCKING OF BUTTON)	
15 TH TO 20 TH APRIL	MONUMENTS	pg47-49
22 ND TO 26 TH APRIL	POSTER ON ANY SOCIAL ISSUE	
29 TH APRIL TO 04 TH MAY	ALPHABETS	
06 TH TO 10 TH MAY	STILL LIFE (PENCIL SHADING)	pg11
13 TH TO 17 TH MAY	CONTD.	
20 TH TO 24 TH MAY	VEGETABLE COMPOSITION	pg12
05 TH & 06 TH JULY	CONTD.	
08 TH TO 12 TH JULY	COLD MALAI SANDWICH	
15 TH TO 19 TH JULY	NATURE STUDY	pg14-18
22 ND TO 26 TH JULY	CONTD.	
08 TH TO 12 TH AUG	COMPOSITION	pg35-46
29 TH JULY TO 02 ND AUG	CONTD.	
05 TH TO 10 TH AUG	MOSAIC ART	pg90,91
12 TH TO 16 TH AUG	ANIMAL STUDY	pg22,26
20 TH TO 23 RD AUG	CONTD.	
27 TH TO 30 TH AUG	CONTD.	
02 ND TO 06 TH & 09 TH SEP	REVISION	

TERM 2 : 30TH SEP'24 TO 28TH FEB'25

30 TH SEP TO 05 TH OCT	BIRD STUDY	pg23,27
07 TH TO 11 TH OCT	CONTD.	
14 TH TO 18 TH OCT	COLLAGE MAKING	pg80,81
21 ST TO 25 TH OCT	CALLIGRAPHY	
04 TH TO 08 TH NOV	CONTD.	
11 TH TO 14 TH NOV	ALPHABETS	
18 TH TO 22 ND NOV	CONTD.	
25 TH TO 30 TH NOV	LANDSCAPE (WATER COLOUR)	pg34
02 ND TO 06 TH DEC	CONTD.	
09 TH TO 13 TH DEC	FOLK ART	
16 TH TO 20 TH DEC	HAND & FEET STUDY	pg58,59
23 RD TO 28 TH DEC	CONTD.	
15 TH TO 17 TH JAN'25	PORTRAIT	pg65-68
20 TH TO 25 TH JAN	CONTD.	
27 TH TO 31 ST JAN	VEG KATHI ROLL (ACTIVITY)	
03 RD TO 07 TH FEB	SKETCHES	pg60-64
10 TH TO 15 TH FEB	CONTD.	
17 TH TO 21 ST FEB	REVISION	pg74-77
24 TH TO 28 TH FEB	REVISION	

(continuous assessment throughout the year)

Class-7
Craft
Session 2024-25

Term1:- 03rd April to 09th September'24

03 rd to 05 th April	Introduction of Craft & Mask Making
08 th to 12 th April	Decoration of Scrap Book.
15 th to 20 th April	Long stitch and Back stitch
22 nd to 26 th April	Soft Toy(Bird)
29 th to 04 th May	Bird house with paper cutting
06 th to 10 th May	Alphabets with Tamra Sheet
13 th to 17 th May	Flower making with Fabric
20 th to 24 th May	Flower making with paper cutting
05 th & 06 th July	Bug
08 th to 12 th July	Butterfly with paper cutting
15 th to 19 th July	Contd.
22 nd to 26 th July	Landscape Scene with paper cutting
29 th July to 02 nd Aug	Friendship Band with Beads
05 th to 10 th Aug	Card making on Independence day
12 th to 16 th Aug	Contd.
20 th to 23 rd Aug	Rakhi Making
27 th to 30 th Aug	Janamashtami Craft
02 nd to 06 th Sep & 09 th Sep	Contd.

TERM 2:- 30th Sept'24 to 29th February'25

30 th Sept to 05 th Oct	Toran Making
07 th to 11 th Oct	Calligraphy
14 th to 18 th Oct	Soft Toy (Heart)
21 st to 25 th Oct	Contd.
04 th to 08 th Nov	Chick with Paper Cutting
11 th to 14 th Nov	Best Out of Waste
18 th to 22 nd Nov	Contd.
25 th to 30 th Nov	Stone Painting
02 nd to 06 ^h Dec	Tattoo/Nail Art
09 th to 13 th Dec	Chick Family with paper cutting
16 th to 20 th Dec	Pencil Cap
23 rd to 28 th Dec	Christmas Craft (Gift Wrapping)
26 th to 29 th Dec	Contd.
15 th to 17 th Jan 25	Blooming Scene.
20 th to 25 th Jan	New Year Card
27 th to 31 st Jan	Bombay Sandwich (Cooking Activity)
03 rd to 07 th Feb	Envelope Designing
10 th to 15 th Feb	Wall hanging
17 th to 21 st Feb	Tie & Dye
24 th to 28 th Feb	Contd.

(* continuous Assessment throughout the Year.)

	Music 2024-25		
Vocal / KeyBoard & Percussion			
	Class 7th		
Term 1 (03rd April to 9th Sept'24)			
	Vocal	Key Board	Percussion
3 rd to 5 th April	Alankar 1,2,3,4	Double Hand Shudh Alankar	Waltz
08 th to 12 th April	Alankar 5,6,7	Double Hand Shudh Alankar	Waltz
15 th to 20 th April	Alankar 8,9	Double Hand Komal Alankar	Waltz
22 nd to 26 th April	Alankar 10	Double Hand Komal Alankar	Revision
29 th April to 4 th May	Revision of Alankar	Revision	Disco2
06 th to 10 th May	Revision of Alankar	Har Ghadi Badal Rahi Hai	Disco2
13 th to 17 th May	Devotional Song	Har Ghadi Badal Rahi Hai	Disco2
20 th to 24 th May	Devotional Song	Har Ghadi Badal Rahi Hai	Revision
5 th & 6 th July	Community Song	Revision	Swing
08 th to 12 th July	Community Song	Vande-Matram	Swing
15 th to 19 th July	Teej Song	Vande-Matram	Revision
22 nd to 26 th July	Teej Song	Vande-Matram	Rupak 1
29 th July to 2 nd Aug	Teej Song	Revision	Rupak 1
05 th to 10 th Aug	Teej Song	Vandana ke in swaro	Rupak 1
12 th to 16 th Aug.	Teej Song	Vandana ke in swaro	Kahrawa4
20 th to 23 rd Aug	Teej Song	Vandana ke in swaro	Kahrawa4
27 th to 30 th Aug	Revision	Revision	Revision
2 nd to 9 th Sep	Revision	Revision	Revision
Term II (01st Oct'24 To 28th Feb'25)			
01 st to 5 th Oct	Folk Song	Payo ji maine	Pop 4
7 th to 11 th Oct	Folk Song	Payo ji maine	Pop 4
14 th to 18 th Oct	Tribal Song	Payo ji maine	Pop 4
21 st to 25 th Oct	Tribal Song	National Anthem	Bhajan Taal
04 th Nov to 8 th Nov	Birthday Song	National Anthem	Bhajan Taal
11 th & 14 th Nov	Tribal Song	National Anthem	Bhajan Taal
18 th to 22 nd Nov	Regional song	National Anthem	Revision
25 th to 30 th Nov	Regional song	Right hand chords	Jhap Taal 1
22 th Nov to 6 th Dec	National Song	Right hand chords	Jhap Taal 1
09 th to 13 th Dec	National Song	We wish you a merry christmas	Jhap Taal 2
16 th to 20 th Dec	National Anthem	We wish you a merry christmas	Jhap Taal 2
23 rd to 28 th Dec	Raga Yaman	We wish you a merry christmas	Jhap Taal 2
15 th to 17 th Jan.25	Raga Yaman	We wish you a merry christmas	Kahrawa 5
20 th to 25 th Jan	Raga Yaman	Revision	Kahrawa 5
27 th to 31 st Jan	Raga Yaman	Left hand chords	Kahrawa 5
03 rd Jan to 07 nd Feb	Raga Yaman	Left hand chords	Kahrawa 5
10 th to 15 th Feb	Raga Yaman	Left hand chords	Revision
17 th to 21 st Feb	Revision	Revision	Revision
24 th to 28 th Feb	Revision	Revision	Revision

	Music (2024-25)		
	Vocal & Instrumental		
	Class 7th		
	Class Activity		
	Vocal	Keyboard	Percussion
May	Alankar	Alankar	Waltz
July/ Aug	Devotional Song	Vande-Matram	Disco2
October	Project work in notebook	Project work in notebook	Bhajan Taal
November	Raga Yaman	National Anthem	Pop 4
December	Community Song	We wish you a merry christmas	Jhap Taal 1
Jan/Feb' 24	Regional song	Chords	Kahrawa 5

Dance 2024-25

Class 7th

Term 1 (03rd April to 9th Sept'24)

3 rd to 5 th April	Classical
08 th to 12 th April	Classical
15 th to 20 th April	Classical
22 nd to 26 th April	Classical
29 th April to 4 th May	Classical
06 th to 10 th May	Revision
13 th to 17 th May	Teej Celebration Dance
20 th to 24 th May	Teej Celebration Dance
5 th & 6 th July	Teej Celebration Dance
08 th to 12 th July	Teej Celebration Dance
15 th to 19 th July	Teej Celebration Dance
22 nd to 26 th July	Revision
29 th July to 2 nd Aug	Fusion
05 th to 10 th Aug	Fusion
12 th to 16 th Aug.	Fusion
20 th to 23 rd Aug	Fusion
27 th to 30 th Aug	Fusion
2 nd to 9 th Sep	Revision

Term II (30th Sep'24 To 28th Feb'25)

30 th Sep to 5 th Oct	Childrens Day Dance
7 th to 11 th Oct	Childrens Day Dance
14 th to 18 th Oct	Childrens Day Dance
21 st to 25 th Oct	Childrens Day Dance
04 th Nov to 8 th Nov	Childrens Day Dance
11 th & 14 th Nov	Revision
18 th to 22 nd Nov	Marathi Folk
25 th to 30 th Nov	Marathi Folk
22 th Nov to 6 th Dec	Marathi Folk
09 th to 13 th Dec	Marathi Folk
16 th to 20 th Dec	Marathi Folk
23 rd to 28 th Dec	Revision
15 th to 17 th Jan.25	Hip-Hop
20 th to 25 th Jan	Hip-Hop
27 th to 31 st Jan	Hip-Hop
03 rd Jan to 07 th Feb	Hip-Hop
10 th to 15 th Feb	Hip-Hop
17 th to 21 st Feb	Revision
24 th to 28 th Feb	Revision

Note book -20 Marks

Viva- 20 Marks

Dance - 60 Marks

Class VII Yoga

April

History of Yoga, Meaning of Suryanamaskar and Mantras.

- 1 Om Mitray Namha
- 2 Om Ravaye Namha
- 3 Om Suryaye Namhe
- 4 Om Khagaye Namha
- 5 Om Bhanave Namha
- 6 Om Pushnaye Namha
- 7 Om Hiranya garbhaye Namha
- 8 Om Mareechayae Namha
- 9 Om Adityaye Namha
- 10 Om Savitraye Namha
- 11 Om Arkaye Namha
- 12 Om Bhaskaraye Namha

May

Elements of Yoga

- 1 Yama or 'restraint'
- 2 Niyama or 'purity' : For purity, ethical practices of five senses are included which are the five niyamas :
 - * Saucha ,Santosha, Tapa, Swadhyaya, Ishwara Pranidhana
- 3 Asana or ' Postures'
- 4 Pranayama or 'Breathing exercises'
- 5 Pratyahara or 'sensory withdrawal'
- 6 Dharana or 'Concentration'
- 7 Dhyana or 'Meditation'
- 8 Samadhi or 'Bliss-trance'

July

Padamasana (Lotus Pose) and its advantages will be explained.

In this asana, one sits squatting.

- 1 It is a very good meditation posture .
- 2 It improves the strength of legs and flexibility.
- 3 It helps to reduce abdominal fat.

August

Tadasana (Palm tree Posture) and its advantages will be explained.

In this asana,the trunk is pulled upward while in the standing position.

The position of Tadasana is like a tree .

- * It reduces obesity.
- * It removes constipation.
- * It cures digestive problems.

Class VII

September Activity : Paste the pictures of Surya Namaskar (1 to 12 Steps)
Revision of Surya Namaskar, Padmasana and Tadasana.

October Trikonasana (Triangular Pose) and its advantages will be explained.

- * The arms, Shoulders, legs and feet get strengthened.
- * It improves flexibility.

November Ardha Chakra Asana and its advantages will be explained.

- * It improves the flexibility of spine
- * It controls weight
- * It reduces obesity.
- * It corrects minor postural defects.

December Shalabhasana (Locust Pose) and its advantages will be explained.

- * It increases the strength of the legs .
- * It cures the digestive problems.
- * It increases the abdominal strength.

January What is Pranayama ?
There are various types of pranayamas. Some of the popular forms are :

- * Ujjayee
- * Shitali
- * Viloma
- * Kapalbhathi
- * Sheetkari
- * Bhastrika

(Sheetkari Pranayama)

- * Keeps body and mind cool.
- * Very effective in stress management.
- * Removes excess heat from the body.

February Activity : Make a Chart of different types of Yogasanas and Pranayams.
Revision of Trikonasana, Ardha Chakra Asana, Shalabhasana and Sheetkari Pranayama

Sports
Class VII

April :- Basketball Throw (Front)

May:- Standing Broad Jump .

July & August :-Theory of Basketball Game

History:-Dr. James Naismith invented the basketball . He was Canadian by birth . In the beginning basketball was played with a soccer ball. The first ball for this game was brown but since the late 1950 the orange balls have been in use. The International Basketball Association was constituted in 1932. Basketball became as Olympic sports in Berlin (1936). Basketball was included in Asian Games in 1951.

Measurements:-

Number of court players in a team	:	5
Number of substitutes in a team	:	7
Size of Basketball Court	:	28 m X 15 m
Height of lower edge of board from the floor	:	2.90 m
Radius of the centre circle	:	1.80 m
Breadth of boundary lines	:	5 cm
Thickness of the backboard	:	3 cm
Weight of ball	:	600 g to 650 g
Circumference of the ball	:	75 to 78 cm
Duration of basketball game	:	10-2-10-10-10-2-10 (four durations of 10 minutes each)
Officials	:	5 Officials (1 Referee, 1 Umpire, 1 Scorer, 1 Timekeeper, 1 - 24 second operator)

Fundamental Skills:-

1. Gripping of ball
- 2.. Shooting
3. Passing
4. Rebounding
5. Pivoting
6. Free throw
7. Dribbling

Important Tournaments:-

1. European Cup
2. America Cup
3. Asian Games
4. B. C. Gupta Trophy
5. Olympic Games
6. Commonwealth Games
7. Federation Cup

September :-

Activity : Make a Chart of Fundamental Skills of Basketball (Practical & Viva) and Paste the pictures of the Basketball Court and sports personalities associated with Basketball .
Paper Pen Test , File & Viva .

October :- 200 m Race .

November :- Flying Race (30 m) .

December :- Theory of Table Tennis Game

History:- Table Tennis took its current form of play in the year 1900, when its rules were written and celluloid ball was used . The sound of ball inspired the name “Ping Pong” and later it became as table tennis. The International Table Tennis Federation was formed in Berlin in 1926. Table Tennis became an Olympic sport in Seoul (1988). The New rules were introduced in 2001 to increase the pace of game. Table tennis Federation of India was formed in 1937 in Calcutta.

Measurements :-

Size of Table	:	2.74 m (9 feet) X 1.52 m (5 feet) Plane surface
Height of Table	:	2 feet 6 inches
Size of net	:	1.83 m length
Height of net from the surface of table	:	15.2 cm
Weight of ball	:	2.5 g
Colour of the ball	:	White or Orange (Made with Celluloid)
Colour of T.T. Table	:	Blue or Green
Officials	:	3 Officials (1 Match Umpire, 1 Assistant Umpire, 1 Tournament Referee)

Fundamental Skills:-

1. Grip :
(a) Western grip or shake hand grip (b) Pen hold grip
2. Service
3. Strokes

Important Tournaments:-

1. National Table Tennis Championship
2. Challenge Cup
3. Asian Games
4. World Table Tennis Championship
5. Olympic Games
6. Commonwealth Games

Sports Personalities:-

1. C. Vohra (1961)
2. Chetan P. Baboor (1997)
3. InduPuri (1980)
4. ShailjaSalokhe(1976)
5. NiyatiShah (1989)

January :- Make a Chart of Fundamental Skills of Table Tennis (Practical & Viva)

February :- **Activity :** Paste the pictures of the T. T. Table , Net and sports personalities associated with Table Tennis.
Paper Pen Test, File & Viva

Syllabus For the Session 2024-25
CLASS VII
LIFESKILLS & VALUE EDUCATION

Term1:3rd April to 9th September'24

3rd to 5th April	Chapter 1: Say Hello
8th to12th April	Chapter 2 : Children Children Everywhere
15th to 20th April	Chapter 2 :contd,
22nd to 26th April	Chapter 3 : UN Vasudhaiva Kutumbakam
29th April to 4th May	Chapter 4: A Boy named Sandy
6th to10th May	Chapter 5: Tabassum Needs Glasses
13thto17thMay	Chapter 6: Kartik is Brave
20thto24thMay	Chapter 7: Secrets,Gifts and Surprises and
	Chapter 8: Newspaper Bill
	Chapter 8: contd.
5th&6thJuly	Chapter 9: Riya and Rescue
8thto12thJuly	Chapter 9: contd.
15thto19thJuly	Chapter 10: Woes of Nose
22nd to 26th July	Chapter 11: A Letter from Doctor Auntie(part 1)
29thJuly to 2nd August	Chapter 12: A Letter From Doctor Auntie(part 2)
5th to10thAug.	Chapter 13: Crossing the Line
12thto16thAug.	Chapter 13: contd.
20th to 23rd Aug.	Video will be shown on Child Rights
27th to 30th Aug.	Activity :On A4 sheet make the list of
2ndSep.to6th& 9thSep.	doctors who treat different diseases.

TERM2: 30th September'24 to 28thFebruary'25

30th Sept to 5th Oct	Chapter 14: War and Peace
7th to 11th Oct.	Chapter 15: A Mother's Dilemma
14th to18th Oct.	Chapter 16: The Virtual World
21st to 25thOct	Chapter 17: Pictures Don't Lie ,Oh really?
4th to 8thNov.	Chapter 18: Pokso Plays Dumb Charades
11th to14th Nov.	Chapter 18 : contd.
18th to 22nd Nov.	Chapter 19: Nisha Is a Brave Girl
25th to 30th Nov.	Chapter 19 : contd.
2nd to 6th Dec.	Chapter 20 : Spooky House
9th to 13th Dec.	Chapter 21 : Johny Johny Yes Papa
16th to 20th Dec.	Chapter 21: contd.
23rd to 28th Dec	Chapter 22 : Cheating Is Fun ,Oh Really
15th to17th Jan '25	Chapter 23 :Twinkle Twinkle Little star
20th to 25th Jan	Chapter 24 : 7-Step Safety Rule
27th to 31st Jan	Chapter 25 :Water and Water Everywhere but--
3rd Feb to 7th Feb	Chapter 26 : Earth, Our Only Home in the
	Universe
10th to15th Feb	Chapter 26 :contd.
17thto21stFeb	Activity:On A4 sheet,paste the pictures of
	Wildlife Sanctuaries of India.(6 pictures)
24th to 28th Feb	Discussion on Food Adulteration.