

# **SYLLABUS**

**CLASS V**

**2024-2025**

## Writing

Aa Bb Cc Dd Ee

Ff Gg Hh Ii Jj

Kk Ll Mm Nn Oo

Pp Qq Rr Ss Tt

Uu Vv Ww Xx Yy

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**VALUE OF THE MONTH**

**ENGLISH**

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**MATHS**

**EVS**

**LIFE SKILLS AND VALUE EDUCATION**

**GENERAL KNOWLEDGE**

**COMPUTER**

**ART AND CRAFT**

**YOGA**

**MUSIC**

**DANCE**

# **VALUE OF THE MONTH (2024-25)**

**JANUARY- Nation First, Always First**

**FEBRUARY- Colours Are Smiles of Nature**

**MARCH- Prevention Is Better Than Cure**

**APRIL- Preserving the Heritage, Promoting the Future**

**MAY- Laugh Out Loud**

**JULY- No Rain, No Life**

**AUGUST- Friendship is a Sheltering Tree**

**SEPTEMBER- Eat Healthy, Stay Healthy**

**OCTOBER- Today a Reader, Tomorrow a Leader**

**NOVEMBER- Thanksgiving: The Inward Feeling of Gratitude**

**DECEMBER- Stop Poisoning the Nature: Save Mother Earth**

**Syllabus 2024-25 (Class V)**

**English**

**April'24**

<b>Snowdrops</b>	<b>L-2, Ubuntu</b>
<b>Listening Skills</b>	<b>L-2</b>
<b>Poem</b>	<b>L-1, Hug O' War</b>
<b>Essentials of English</b>	<b>L-1, The Sentence</b>
	<b>L-2, Subject and Predicate</b>
<b>Grammar &amp; Composition</b>	<b>Antonyms 1-5 (Pg-150)</b>
	<b>Synonyms 1-5 (Pg-148)</b>
	<b>Words Often Confused 1-5 ( Pg-144)</b>
<b>Reading Skills</b>	<b>Passage 1 (Pg-155)</b>
<b>Essay Writing</b>	<b>Autobiography of a Monument</b>
<b>Moral Values</b>	<b>Preserving Our Past for the Future- Historical Monuments</b>
<b>Story telling</b>	<b>Learn To Be Humble</b>
<b>Activity</b>	<b>Make a Digital Collage showing Indian Monuments.</b>

**May'24**

<b>Snowdrops</b>	<b>L-4, King And The Parrot</b>
<b>Listening Skills</b>	<b>L-4</b>
<b>Essentials of English</b>	<b>L-3, Nouns</b>
<b>Grammar &amp; Composition</b>	<b>L-4, Nouns : Number</b>
	<b>L-5, Nouns : Gender</b>
	<b>L-6, Nouns : Case</b>
	<b>Antonyms 6-10 (Pg-150)</b>
	<b>Synonyms 6-10 (Pg-148)</b>
	<b>Words Often Confused 6-10 ( Pg-144)</b>
<b>Reading Skills</b>	<b>Passage 2 (Pg-156)</b>
<b>Idioms</b>	<b>a hold one's tongue</b>
	<b>b leave in the lurch</b>
	<b>c take to task</b>
	<b>d from far and wide</b>
	<b>e out of pocket</b>

<b>Declamation</b>	<b>Laughter is the Best Medicine</b>
<b>Story telling</b>	<b>A Smoky Figure</b>
<b>Activity</b>	<b>Make a Joker by Origami (Paper Folding).</b>

**July'24**

<b>Snowdrops</b>	<b>L-6, The Little Bully</b>
<b>Listening Skills</b>	<b>L-6</b>
<b>Poem</b>	<b>L-3, The Brave Little Kite</b>
<b>Essentials of English</b>	<b>L-7, Adjectives</b>
<b>Grammar &amp; Composition</b>	<b>L-8, Adjectives: Degrees of Comparison</b>
	<b>Antonyms 11-15 (Pg-150)</b>
	<b>Synonyms 11-15 (Pg-148)</b>
	<b>Words often confused 11-15 (Pg-145)</b>
<b>Essay Writing</b>	<b>No Rain, No Life</b>
<b>Email Writing</b>	<b>To your friend inviting him/her to your Birthday Party.</b>
<b>Similes</b>	<b>a as swift as a falling star</b>
	<b>b as green as jade</b>
	<b>c as cheap as chips</b>
	<b>d as right as rain</b>
	<b>e as tough as old boots</b>
<b>Moral Values</b>	<b>Say No To Bullying</b>
<b>Story telling</b>	<b>Learn To Control Anger</b>
<b>Activity</b>	<b>Make a Picture of a Rainy Day using Waste Material.</b>

**August' 24**

<b>Snowdrops</b>	<b>L-8, Robinson Crusoe Discovers A Footprint</b>
<b>Listening Skills</b>	<b>L-8</b>
<b>Poem</b>	<b>L-5, My Tree</b>
<b>Essentials of English</b>	<b>L-9, Articles</b>
<b>Grammar &amp; Composition</b>	<b>L-10, Pronouns</b>
	<b>Antonyms 16-20 (Pg-151)</b>
	<b>Synonyms 16-20 (Pg.- 149)</b>



		<b>Words Often Confused 16-20 (Pg-147)</b>
<b>Reading Skills</b>		<b>Passage 3 (Pg-157)</b>
<b>Essay Writing</b>		<b>Life is Better with Friends</b>
<b>Letter Writing</b>		<b>Ex 1 (Pg-172)</b>
<b>Idioms</b>	<b>a</b>	<b>cut a sorry figure</b>
	<b>b</b>	<b>feather one's own nest</b>
	<b>c</b>	<b>give oneself airs</b>
	<b>d</b>	<b>go through fire and water</b>
	<b>e</b>	<b>go without saying</b>
<b>Declamation</b>		<b>Salute the Nation</b>
<b>Story telling</b>		<b>Mother Is The Best Teacher</b>
<b>Activity</b>		<b>Prepare a Song on Friendship along with your friend/friends.</b>

**September' 24**

<b>Snowdrops</b>		<b>L-10, The Red Buds Tree</b>
<b>Listening Skills</b>		<b>L-10</b>
<b>Poem</b>		<b>L-7, Downhill On A Bicycle</b>
<b>Essentials of English</b>		<b>L-12, Verbs</b>
<b>Grammar &amp; Composition</b>		<b>L-13, The Tense</b>
		<b>Antonyms 21-25 (Pg-150)</b>
		<b>Synonyms 21-25 (Pg-148)</b>
		<b>Words Often Confused 21-25 ( Pg-145)</b>
<b>Reading Skills</b>		<b>Passage 4 (Pg-158)</b>
<b>Essay Writing</b>		<b>The First Wealth is Health</b>
<b>Similes</b>	<b>a</b>	<b>as happy as a clam</b>
	<b>b</b>	<b>as thorny as a rose bush</b>
	<b>c</b>	<b>as fiery as a volcano</b>
	<b>d</b>	<b>as soft as a daffodil's petal</b>
	<b>e</b>	<b>as fragile as a house of cards</b>
<b>Moral Values</b>		<b>Healthy Food, Happy Mood</b>
<b>Story telling</b>		<b>Everyone Has Some Good Qualities</b>
<b>Activity</b>		<b>Make a Tree using Green and Red Beads.</b>

**October' 24**

<b>Snowdrops</b>	<b>L-12, The Tears Of Princess Prunella</b>
<b>Listening Skills</b>	<b>L-12</b>
<b>Poem</b>	<b>L-11, Crying</b>
<b>Essentials of English</b>	<b>L-14, Simple Present Tense</b>
<b>Grammar &amp; Composition</b>	<b>L-15, Simple Past Tense</b>
	<b>L-16, Simple Future Tense; the 'Going to' Form</b>
	<b>Antonyms 26-30 (Pg-150)</b>
	<b>Synonyms 26-30 (Pg-148)</b>
	<b>Words Often Confused 26-30 (Pg.- 146)</b>
<b>Reading Skills</b>	<b>Passage 5 (Pg-159)</b>
<b>Notice</b>	<b>Notice No. 1 (Pg-174)</b>
<b>Idioms</b>	<b>a to have a hand in</b>
	<b>b grease the palm of</b>
	<b>c kick up a row</b>
	<b>d to take pains</b>
	<b>e above board</b>
<b>Declamation</b>	<b>Reading is Dreaming with Eyes Open</b>
<b>Story telling</b>	<b>Obey Your Parents</b>
<b>Activity</b>	<b>Design a Cover of your Favourite Story Book.</b>

**November' 24**

<b>Snowdrops</b>	<b>L-14, A French Lesson</b>
<b>Poem</b>	<b>L-9, The Wonderful World</b>
<b>Essentials of English</b>	<b>L-17, 'Continuous Tenses'</b>
<b>Grammar &amp; Composition</b>	<b>L-18, 'Perfect' Tenses</b>
<b>Moral Values</b>	<b>Be Thankful</b>
<b>Activity</b>	<b>Make a Sketch of any one French Personality.</b>

**Revision of all the spellings, fill ups and grammar will be done**

**December'24**

<b>Snowdrops</b>	<b>L-16, The Throne Of Justice</b>
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<b>Listening Skills</b>	<b>L-16</b>
<b>Poem</b>	<b>L-13, Nobody's Friend</b>
<b>Essentials of English</b>	<b>L-27, Interjections</b>
<b>Grammar &amp; Composition</b>	<b>L-28, Punctuation and Capital Letters</b>
	<b>L-29, Direct and Indirect Speech</b>
	<b>Antonyms 31-35 (Pg-150)</b>
	<b>Synonyms 31-35 (Pg-148)</b>
	<b>Words Often Confused 31-35 (Pg-146)</b>
<b>Idioms</b>	<b>a in high spirits</b>
	<b>b over and above</b>
	<b>c with open arms</b>
	<b>d a short fuse</b>
	<b>e fish out of water</b>
<b>Essay Writing</b>	<b>Nurture the Nature</b>
<b>Story telling</b>	<b>The Perfect Judgement</b>
<b>Moral Values</b>	<b>Save the Blue Dot- Our Earth</b>
<b>Activity</b>	<b>Plant a Sapling and Paste the Picture of the same..</b>

**January' 25**

<b>Snowdrops</b>	<b>L-18, The Wizard Of Oz-I</b>
<b>Listening Skills</b>	<b>L-18</b>
<b>Poem</b>	<b>L-15, Abou Ben Adhem</b>
<b>Essentials of English</b>	<b>L-26, Conjunctions</b>
<b>Grammar &amp; Composition</b>	<b>Antonyms 36-40 (Pg-150)</b>
	<b>Synonyms 36-40 (Pg-148)</b>
	<b>Words Often Confused 36-40 (Pg-146)</b>
<b>Similes</b>	<b>a as slippery as an eel</b>
	<b>b as clear as mud</b>
	<b>c as blue as the deepest ocean</b>
<b>Reading Skills</b>	<b>Passage -6 (Pg-161)</b>
<b>Notice</b>	<b>Ex 2 (Pg-174)</b>
<b>Declamation</b>	<b>Nation First, Always First</b>

Story telling	A Magic Pen
Activity	Design a Pamphlet to show Unity in Diversity of India.

**February' 25**

Snowdrops	L-20, The Wizard Of Oz-II
Poem	L-17, Sing A Song Of People
Essentials of English	L-22, Adverbs
Grammar & Composition	L-23, Comparison of Adverbs
	Antonyms 41-45 (Pg-150)
	Synonyms 41-45 (Pg-148)
Idioms	a off and on
	b in a nutshell
	c flog a dead horse
Letter Writing	Leave Application
Essay Writing	If I Were A Magician
Story telling	One Cannot Fool Everyone All The Time
Activity	Make a Mask of a Wizard/Witch.

**March '25**

Snowdrops	Page-63, Reading for Fun
Listening Skills	L-19
Essentials of English	L-19, Modals
Grammar & Composition	L-24, Prepositions
	L-25 , Correct Use of Prepositions
Similes	a as strong as an ox
	b as solid as a rock
	c as regular as a clockwork
Discussion	Prevention is Better than Cure
Poem	L-20, Topsy-turvy Land

Revision of all the spellings, fill ups and grammar will be done. Emphasis will be laid on Grammar, Quizzing etc.

Note:

- a. Children will form sentences of the words underlined on each page of the Reader.
- b. At Least two activities will be done every month.

- c. Picture Composition will be done every month.
- d. A passage of Editing and Omitting will be done every month.
- e. Listening and Speaking Skills will be enhanced.

**Syllabus and Pattern for Worksheets**  
**English Spelling Worksheet (Snowdrops)**

TERMS	I	II
DATE	02.05.24 (THURSDAY)	30.08.24 (FRIDAY)
CHAPTERS	2, 4	6 , 8

No	Pattern	Marks
1	Tick the correct spellings	4
2	Unscramble the given jumbled words	4
3	Match the following words with their meanings	5
4	Fill in the blanks	5
5	Solve the following crossword puzzle with the help of the given clues	5
6	Make sentences	2
7	Dictation	25
	<b>TOTAL MARKS</b>	<b>50</b>

**English Grammar Worksheet (Essentials of English Grammar & Composition)**

Terms	I		II		
Date	16.07.24 (TUESDAY)	MM: 50		22.10.24 (TUESDAY)	MM: 50
L-1	The Sentence	5	L-9	Articles	4
L-2	Subject & Predicate	4	L-10	Pronouns	4
L-3	Nouns	5	L-12	Verbs	3
L-4	Nouns: Number	5	L-13	The Tense	3
L-5	Nouns: Gender	5	L-14	Simple Present Tense	3
L-6	Nouns: Case	4	L-15	Simple Pas Tense	3
L-32	Antonyms (1-10)	4	L-16	Simple Future Tense	3
	Synonyms(1-10)	4	L-32	Antonyms(15-30)	4

L-31	Words Often Confused(1-10)	4		Synonyms(15-30)	4
	Idioms	2	L-31	Words Often Confused(15-30)	4
	Editing/Omitting	3		Idioms/Similes	2
	Comprehension	5		Notice Writing	5
				Editing/Omitting	3
				Comprehension	5

### Term III

Time: 1 hour 30 minutes

Date: 18.02.25 (TUESDAY)

### SYLLABUS

Grammar (Essentials of English Grammar and Composition)

Chapters – 26, 27, 28, 29

Literature (Snowdrops)

Chapters- 14, 16, 18

### PATTERN

	Comprehension	5 Marks
	Notice ( Lost)	5 Marks
	Editing (6)	3 Marks
	Omitting (6)	3 Marks
	Reported Speech (4)	4 Marks

	2 Extracts (including short questions, word meanings etc.)	5X2=10 Marks
	Very Short Questions(5)	5X2 =10 Marks
	Short Questions(30-40words)(2)	2X5 =10 Marks
	<b>TOTAL</b>	<b>50 Marks</b>

# हिन्दी पाठ्यक्रम (कक्षा-5)

सत्र : 2024- 2025

## हिन्दी

### अप्रैल' 24

अमोली	:	पाठ 3 उपकार आगे बढ़ाओ
कविता	:	पाठ 1 दो मुझे खुला आकाश
व्याकरण	:	पाठ 1 भाषा लिपि और व्याकरण , पाठ 5 संज्ञा पाठ 9 काल , पाठ 12 विराम चिह्न शब्द युग्म (1-4), मुहावरे (1-5), वचन बदलो, विलोम शब्द (1-7), पर्यायवाची शब्द (1-10), अनेक शब्दों के लिए एक शब्द (1-10)
भावाभिव्यक्ति	:	चित्र द्वारा
अनुच्छेद	:	स्मारक की आत्मकथा
विचार गोष्ठी	:	देश की धरोहर, हमारी खुद की पहचान
कहानी	:	छोटा पौधा

### मई' 24

अमोली	:	पाठ 8 पिता का प्यार
कविता	:	पाठ 13 समाधि
व्याकरण	:	पाठ 2 ध्वनियाँ, वर्ण, एवं वर्तनी, पाठ 3 शब्द विचार लिंग बदलो, विलोम शब्द (8-14), अनेकार्थी शब्द (1-4), लोकोक्ति (1-5)
विचार गोष्ठी	:	सब रोगों की एक दवाई, जीना सीखो मेरे भाई
कहानी	:	जादुई बादल

### जुलाई' 24

अमोली	:	पाठ 4 वाह! डॉक्टर बाबू
व्यक्तित्व परिचय	:	सायना नेहवाल (केवल पठन के लिए)
व्याकरण	:	पाठ 7 सर्वनाम, विलोम शब्द (15-21) शब्द-युग्म (5-8), मुहावरे (6-10) पर्यायवाची शब्द (11-20), अशुद्धि संशोधन वाक्य (1-5) अपठित गद्यांश

भावाभिव्यक्ति : चित्र द्वारा  
अनुच्छेद : जल है तो कल है  
विचार गोष्ठी : बेवजह मज़ाक उड़ाना, किसी का हक नहीं  
कहानी : क्रोध का फल

अगस्त' 24

अमोली : पाठ 5 डायरी के पन्ने  
कविता : पाठ 6 शूरवीर  
व्याकरण : पाठ 8 विशेषण, लोकोक्ति (6-10)  
शब्द-युग्म (9-12). पद परिचय,  
विलोम शब्द (22-28), अनेक शब्दों के लिए  
एक शब्द (11-20), अनेकार्थी शब्द (5-8)  
अनुच्छेद : सच्ची मित्रता  
विचार गोष्ठी : दोस्त वही जो मुसीबत में काम आए  
कहानी : अनोखी माँ

सितंबर' 24

अमोली : पाठ 12 ब्लैक ब्यूटी  
व्याकरण : पाठ 9 क्रिया  
समुच्चयबोधक, विस्मयादिबोधक  
मुहावरे (11- 15), विलोम शब्द (29-37)  
अनुच्छेद : स्वस्थ आहार, जीवन का आधार  
विचार गोष्ठी : पहला सुख, नीरोगी काया  
कहानी : सदाचार

अक्तूबर' 24

अमोली : पाठ 9 ओणम - बहार  
कविता : चेतक ( पृष्ठ 91)



व्याकरण : पाठ 10 क्रिया विशेषण , मुहावरे (16-20)  
विलोम शब्द(38-44), अनेकार्थी शब्द (9-12),  
अशुद्धि संशोधन वाक्य (6-11).  
पद परिचय, अपठित गद्यांश

पत्र लेखन : निजी पत्र  
विचार गोष्ठी : आज का पाठक, कल का नेता  
कहानी : आज्ञाकारी पुत्र

### नवंबर' 24

दोहे : लिखित (1,2)  
व्याकरण : संवाद-लेखन (पृष्ठ संख्या 114)  
कहानी : दीपावली कथा  
पत्र लेखन : प्रार्थना पत्र  
नोट : पिछले किए सभी कार्यों की पुनरावृत्ति  
कराई जाएगी।

### दिसंबर' 24

अमोली : पाठ 14 सबसे ताकतवर शब्द  
व्याकरण : पाठ 11 वाक्य, पाठ 6 कारक, लोकोक्ति(11-17),  
पर्यायवाची शब्द (21-30), शब्द-युग्म (13-16),  
अनेक शब्दों के लिए एक शब्द (21-30), पद-परिचय  
अनुच्छेद : स्वच्छ पर्यावरण, उज्ज्वल भविष्य  
कविता : पाठ 10 मेमने ने देखे गैया के आसूँ  
कहानी : उचित न्याय

### जनवरी' 25

अमोली : पाठ 2 खेलो इंडिया  
व्याकरण : अनेकार्थी शब्द (13-15),  
पद-परिचय, विलोम शब्द(45-50)  
अनेक शब्दों के लिए एक शब्द (31-40),  
मुहावरे (21-29)

विचार गोष्ठी : राष्ट्र पहले, सदैव पहले  
कहानी : जादुई कलम

### फरवरी 25

अमोली : पाठ 7 वृक्ष हैं तो हम हैं  
कविता : प्रकृति संदेश ( पृष्ठ 55)  
व्याकरण : संबंधबोधक, पद -परिचय  
पर्यायवाची शब्द (31- 40)  
कहानी : मूर्ख को सलाह

### मार्च 25

अमोली : पाठ 11 लगन ज़फ़र मियाँ की  
नोट : वर्तनी, व्याकरण, मौखिक व लिखित  
प्रश्नोत्तरी, भाषण, काव्य-पाठ, वाद-विवाद  
पर विशेष ध्यान दिया जायेगा। संपूर्ण  
पाठ्यक्रम से कठिन शब्द, रिक्त स्थान  
तथा व्याकरण से संबंधित प्रतियोगिता  
रखी जाएगी।

अभ्यास-कार्य पाठ्यक्रम

अभ्यास-कार्य पाठ्यक्रम			
अमोली	Term-1 17.05.24 (शुक्रवार) पाठ 3, 8 रिक्त स्थान भरिए (10), वाक्य निर्माण (5), शब्दार्थ (5), सार्थक शब्द निर्माण (5), श्रुतलेख (25)	अमोली	Term-2 26.09.24 (गुरुवार) पाठ 4, 5, 12 रिक्त स्थान भरिए (10), वाक्य निर्माण (5), शब्दार्थ (5), सार्थक शब्द निर्माण (5), श्रुतलेख (25)
व्याकरण	31.07.24(बुधवार) 1. भाषा ,लिपि और व्याकरण 3 2. संज्ञा 4 3. विराम चिह्न 2 4. काल 3 5. शब्द युग्म (1-4) 4 6. मुहावरे (1-5) 2 7. विलोम शब्द (1-14) 4 8. पर्यायवाची शब्द (1-10) 4 9. वचन बदलो 4 10. ध्वनियाँ, वर्ण एवम् वर्तनी 2 11. शब्द विचार 2 12. लिंग बदलो 4 13. लोकोक्ति (1-5) 2 14. अनेकार्थी (1-4) 2 15. अनेक शब्दों के लिए एक शब्द(1-10) 3 16. अपठित गद्यांश 5 कुल अंक 50	व्याकरण	08.11.24(शुक्रवार) 1. सर्वनाम 4 2. विलोम शब्द (15-37) 5 3. शब्द युग्म (5-12) 4 4. मुहावरे (6-15) 3 5. पर्यायवाची शब्द (11-20) 6 6. अशुद्धि संशोधन 2 वाक्य (1-5) 7. विशेषण 4 8. अनेकार्थी (5-8) 4 9. लोकोक्ति (6-10) 3 10. क्रिया 3 11. समुच्चय बोधक 2 12. विस्मयादिबोधक 2 13. अनेक शब्दों के लिए एक शब्द(11-20) 3 14. अपठित गद्यांश 5 कुल अंक 50
व्याकरण	व्याकरण	अमोली	Term-3 25.02.25(मंगलवार) पाठ 2, 7, 9, 14 बड़े प्रश्न (30-40 शब्द) 5x2=10 छोटे प्रश्न (लगभग 20 शब्द) 2x5=10 कुल अंक 20
व्याकरण	व्याकरण	व्याकरण	व्याकरण
			1. वाक्य / क्रिया-विशेषण 2 2. कारक 2 3. संबंधबोधक 2 4. पर्यायवाची शब्द (21-40) 2 5. शब्द युग्म (13-16) 2 6. लोकोक्ति (11-17) 2 7. अनेक शब्दों के लिए एक शब्द (21-40) 2 8. अनेकार्थी (9 -15) 2 9. मुहावरे (16-29) 2 10. अशुद्धि संशोधन वाक्य (6-11) 2 11. अपठित गद्यांश 5 12. दोहे लिखित (1,2) / प्रार्थना पत्र 3 13. विलोम शब्द (38-50) 2 कुल अंक 30

# CLASS- V(2024-2025)

## MATHEMATICS

NAME OF BOOK: NEW TOGETHER WITH MATHEMATICS

### April' 24

<b>Unit 1</b>	: Numbers and Numeration
<b>Unit 2</b>	: Roman Numerals
<b>Broken Tables</b>	: 2 to 18
<b>Activity</b>	: Representing and Comparing Roman Numerals with Hindu Arabic Numbers.

### May'24

<b>Unit 3</b>	: Operation on Whole Numbers (Page no: 29 to 39)
<b>Broken Tables</b>	: 2 to 18
<b>Activity</b>	: Poem on mixed operations. (+, -, ÷, ×)

### July' 24

<b>Unit 3</b>	: Operation on Whole Numbers (Pg. no. 40 to 46)
<b>Unit 4</b>	: Multiples and Factors
<b>Unit 5</b>	: Fractions (Pg. no. 63 to 71)
<b>Tables</b>	: Tables of 19 and 20
<b>Broken Tables</b>	: 2 to 20
<b>Activity</b>	: Pumpkin Pie Fractions will be made using paper plates.

### August' 24

<b>Unit 5</b>	: Fractions (Pg. no. 72 to 80)
<b>Unit 12</b>	: Basic Geometrical Concepts
<b>Broken Tables</b>	: 2 to 20
<b>Squares</b>	: 2 to 20
<b>Activity</b>	: Understand Concentric Circles using coloured papers.

### **September'24**

<b>Unit 8</b>	: Percentage
<b>Broken Tables</b>	: 2 to 20
<b>Squares</b>	: 2 to 20
<b>Activity</b>	: Make a PPT on Conversion of Fractions into percentage.

### **October'24**

<b>Unit 6</b>	: Decimals
<b>Broken Tables</b>	: 2 to 20
<b>Squares</b>	: 2 to 20
<b>Cubes</b>	: 1 to 10

### **November'24**

<b>Unit10</b>	: Measurement
<b>Broken Tables</b>	: 2 to 20
<b>Squares</b>	: 2 to 20
<b>Cubes</b>	: 1 to 10
<b>Activity</b>	: Paste different measuring equipments for length, mass etc.

### **December'24**

<b>Unit 9</b>	: Profit and Loss
<b>Unit 14</b>	: Perimeter, Area and Volume
<b>Broken Tables</b>	: 2 to 20
<b>Squares</b>	: 2 to 20
<b>Activity</b>	: Story telling on Profit and Loss.

## January' 25

**Unit 13** : Triangles and Quadrilaterals

**Broken Tables** : 2 to 20

**Activity** : Form the shapes of animals using Tangram pieces.( from the book)

## February' 25

**Unit 7** : Money

**Unit 11** : Speed, Distance and Time

**Activity** : Prepare a bill for 5 grocery items.

**Broken Tables** : 2 to 20

## March' 25

**Unit 15** : Data Handling

**Broken tables** : 2 to 20

**Activity** : Draw and colour a bar graph showing the marks of Second term unit test Subject wise.

- ❖ Revision and Mental Ability will be done regularly.
- ❖ Broken Tables, squares and cubes will be revised everyday as per the syllabus.

**SYLLABUS  
OF  
WORKSHEET**

<b>WORKSHEET</b>	I (10/05/2024)	II (16/09/2024 )	III (21/02/2025)
<b>Units</b>	1,2 and 3(Pg. 29 to 39)	4,5,8,12and 3 (pgno.39 to 46)	9,10,13,14
<b>Broken Tables</b>	2 to 18	2 to 20 Squares 2 to 20	2 to 20 Squares 2 to 20 Cubes 1 to 10

**Pattern of Third Terminal  
Examination**

**Time : 1½ hr.**

**M.M: 50**

Sec A : 5 Questions of 1 Mark each

Sec B : 3 Questions of 2 Marks each

Sec C : 5 Questions of 3 Marks each

Sec D : 6 Questions of 4 Marks each

**Pattern For Worksheets**

<b>1. Fill in the Blanks (1x10)</b>	<b>10 Marks</b>
<b>2. Do as Directed (2x5)</b>	<b>10 Marks</b>
<b>3. Statement Sums (2½x2 )</b>	<b>5 Marks</b>
<b>4. Mental Ability (1x5)</b>	<b>5 Marks</b>
<b>5. Match ups/Correct the Statements (1x5)</b>	<b>5 Marks</b>
<b>6. Dictionary Words (1x2)</b>	<b>2 Marks</b>
<b>7. Short Sums (1½x2)</b>	<b>3 Marks</b>
<b>8. Broken Tables( ½x20)</b>	<b>10 Marks</b>

**SYLLABUS (Session 2024-25)**  
**CLASS V**  
**EVS**

\*Explanation, Back exercises, Ques/Ans, Internals, Activities and Diagrams will be done simultaneously along with reading of lessons in the class.

\*Exercises of workbook will be done according to the chapters done in the class.

**April'24**

**Chapter 1: How Does Our Body Work ?**

**Diagrams:** a) Human Excretory System  
b) Human Respiratory System  
c) Human Digestive System (only labelling)

**Activities:** a) 3-D Models of various internal organs and systems will be shown.(Human Torso).  
b) Express in the tabular form,number of each type of teeth in each jaw.  
c) Make a flow chart of the Digestive System.

**Group Discussion :** Demonstrate the right brushing techniques for maintaining oral hygiene.

**Chapter 9: The Northern Plains**

**Activities:** a) Map Work  
Mark 10 states on the Political map of India  
b) Learn the capitals of these 10 states.

**Group Activity :** Students will make a digital collage of various incarnations of Lord Rama.

**May' 24**

**Chapter 2 : Bones And Muscles**

**Diagrams :** Types of muscles

**Activities:** a) The models of the human skeleton and types of joints will be shown to the students.(BIO LAB)



b) Paste any one part of the human skeleton and write its importance.

Group Activity : Encourage students to plan a " Laughing Session" with their loved ones(family,friends,neighbours etc).

## Chapter 6: Mapping The World

Diagram : Draw the diagram showing ;

- i)The Axis of Earth
- ii) The North Pole
- iii) The South Pole
- iv)The Equator
- v)The Northern Hemisphere
- vi) The Southern Hemisphere

Activities: a) Map Work

Mark the Seven Continents on the World Map

b) Longitudes and latitudes will be shown on the globe.

Group Activity: Enjoying while learning:

- a) The Seven Continents song
- b) The Seven Oceans song

.July' 24

## Chapter 13: British Rule in India

Activity: Draw a flowchart of the events that led to the Revolt of 1857.

Group discussion : Discuss the unfair and unjust policies of the British Raj and their atrocities on Indians.

## Chapter 22: Seeing is Believing

Activities: a) Read a text from the EVS Book with a magnifying glass.

b) Cut the shapes of smileys using transparent, translucent and opaque papers.

Group Activities: Discuss the uses of lenses in our day-to-day life.

## **Chapter 21: Materials and their Properties**

**Diagram:** Arrangement of Molecules in solids, liquids and gases.

**Activities:** Students will test the solubility of five different solutes in water.

### **August' 24**

## **Chapter 14: Indian National Movement**

**Activities:** a) Paste the pictures of any five Social Reformers.

b) Make a flow chart of the Indian National Movement from the year 1857 to 1911.

## **Chapter 15: Towards Independence**

**Activities:** a) Make a flow chart of the events leading to Independence from year 1915 to 1947.

b) Role play (enact the role of your favourite Freedom Fighter)

**Group Activity :** Children will be encouraged to hoist the National Flag with their friends.

### **September'24**

## **Chapter 5: Eating Right**

**Activities:** a) Write a few healthy eating habits.

b) Paste the pictures of any five techniques of Food Preservation.

**Group Activity:** Celebrate "Healthy Food Day" with sprouts and fruit salads.

## **Chapter 10: The Southern Plateaus**

**Activities:**

a)

b) Write and learn the capitals of these 10 states of the Southern Plateaus.

**Group Activity:** Life in the Deccan plateau is unique to this region.

**Discuss.**

## **Chapter 11: The Coastal Plains And the Islands**

**Activities:** a) Show the following on the Political Map of India :

- i) The Water bodies surrounding the Indian Peninsula
- ii) The Andaman and Nicobar Islands
- iii) The Lakshadweep Islands

b) Write the names of various spices in English and Hindi.

### **October'24**

## **Chapter 3: Cleanliness and Prevention of Diseases**

**Activity:** Create slogans on an A4 size sheet about the importance of hygiene and cleanliness.

## **Chapter 19: Simple Machines**

**Diagrams:** Draw the diagrams of Levers of Classes I, II and III.

**Activity:** Make a model of any simple machine.

**Group Activity:** Discuss our dependence on machines in day to day life.

### **November'24**

## **Chapter 26: Natural Calamities**

**Activity:** Make a collage showing various natural calamities.

**Group Activity:** Make a "THANK YOU" card for community workers.

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### **DECEMBER'24**

## **Chapter 23: Study of Plants (Pgs 182-186)**

**Diagrams:** a) Parts of a leaf

b) Stamen (The male reproductive part of a flower)

c) Carpel ( The female reproductive part of a flower)

- Group Activities:**
- a) Nature walk in school premises.
  - b) Show germination of seeds with the help of kidney beans.
  - c) Show parts of a flower with the help of a magnifying lens.

## **Chapter 25: Protecting Plants and Animals**

**Activity:** a) Map Work

Mark any 5 National Parks and Wildlife Sanctuaries on the Political Map of India.

## **Chapter 16: Birth of A Nation**

**Activities:** a) Paste the pictures of the Rashtapati Bhawan and the Parliament house.

b) Conduct mock elections in the class.

**Group Activity:** Discuss the following terms:

- i) Democracy
- ii) Socialist
- iii) Secularism

January'25

## **Chapter 17: A New Dawn**

**Activities:** a) Make a flow chart showing the working of the Central Government of India.

b) Write the names of the Prime Minister & the President of India. Also write the names of the Chief Minister and the Governor of your state.

**Group Activity:** Discuss the role of the Municipal Corporation in the cities and the Village Panchayat in the villages.

## **Chapter 20: Force, Work and Energy**

**Activities:** a) Explain the effects of Force.

b) Demonstrate Magnetic Force.

c) Compare the force of friction on different surfaces with the help of a ball.

**Group Activity:** Discuss the advantages of using renewable resources of energy for our energy requirements.

### February'25

**Chapter 7: Our Country**

**Activities:** a) Mark all the states of India on the Political Map.

b) Write and learn their capitals.

**Group Discussion:** Discuss the flora and fauna of the Indian Subcontinent.

### March'25

**Chapter 4: Living Safely**

**Activities:** a) Draw any 5 traffic signs.

b) Role Play/ Demonstration of First Aid to be given for bleeding nose, sprain or cut by any sharp object. (Pair activity)

**Revision:** Ch 7 & 4

Map work, States and Capitals

### Term Wise Syllabus

**Term I** 09.08.24

**Ch No.-** 1, 2, 6, 9, 13 and 22

**Ques/Ans:** Ch-2,13 and 9

**Term II** 22.11.24

**Ch No.-** 14, 15, 5, 10, 11, 3 and 19

**Ques/Ans:** Ch 5, 14 and 10

**Term III** 14.02.25

**Ch No.-** 23, 25, 16, 17 and 20

**Ques/Ans:** Ch-23, 25, 16 and 20

## Pattern For Worksheet (Term I & II)

- 1) Name These
- 2) Fill in the blanks
- 3) Tick the correct option
- 4) Define these
- 5) Diagrams
- 6) Ques/Ans
- 7) Use dictionary to find the meanings of the given words
- 8) Activity: Flow chart/ Concept map
- 9) Correct the statements
- 10) Match these
- 11) Case based question/ Image based question

## Pattern for Term III Exam

Time: 1 Hour 30 Minutes

M.M: 50

<u>Type of questions (no. of questions)</u>	<u>Marks</u>
MCQ (10)	05
Fill in the blanks (5)	05
Correct the statements (3)	03
1 mark questions (5)	05
2 marks questions (6)	12
3 marks questions (5)	15
5 marks questions (1)	05
Total	<b>50</b>

**SYLLABUS 2024-25 CLASS-V**  
**LIFE SKILLS AND VALUE EDUCATION**

**NOTE:** Emphasis will be laid on value education during reading of the chapter.

Students will reflect back through group discussion and the activities/ exercises given at the end of the chapter.

	<b>April'24</b>	
Say Hello!		Page no. 1
Know Your Tigers		Page no. 74
	<b>May'24</b>	
I Like Myself		Page no. 7 to 10
Bamboo and the Crooked Tree		Page no. 11,12
The Wooden Bowl		Page no. 19
	<b>July'24</b>	
The Elephant and the Six Friends		Page no. 3 to 6
Feelings Are Our Friends		Page no. 13 to 16
	<b>August'24</b>	
A Morning Assembly		Page no. 18
Human Body is Like a Machine, But...		Page no. 20
Private Parts		Page no. 21,22
Touches and Looks		Page no. 23, 24
	<b>September'24</b>	
Jack and Jill		Page no. 25 to 28
A Letter From Grandpa		Page no. 29 to 32
Making People Listen		Page no. 55
The Humble Pencil		Page no. 34
	<b>October'24</b>	
Arpit's Online Friend		Page no. 42
Sana in School Land		Page no. 56 to 63
One Day At Lunch Break		Page no. 17
	<b>November'24</b>	
A Summer Night Camp		Page no. 48 to 50
Mosquito, Our Number One Enemy		Page no. 51
	<b>December'24</b>	
A Football Match to Remember		Page no. 66 to 69
Payal Is a Brave Girl		Page no. 70, 71
	<b>January'25</b>	
While Coming Back From School...		Page no. 35 to 37
It Is Okay to Be Scared		Page no. 38
While Doing Homework		Page no. 43 to 45
The Pranksters		Page no. 33
	<b>February'25</b>	
Can You Keep a Secret?		Page no. 39-41
A Shoe That Pinches		Page no. 72,73
	<b>March'25</b>	
The 7-Step Safety Rule		Page no. 52 to 54
When Grandpa Fell Sick...		Page no. 64,65
Tricks To Remember Passwords		Page no. 46,47

## **CLASS-V**

### **General Knowledge**

**Session: 2024-25**

**Note: Important news will be given. Quiz, Spellings, Mental Ability and Objective type questions will be done regularly.**

**April' 24**

**Pages: 42, 43, 44, 45, 46, 47, 48**

**Activity: Paste the pictures of the recently constructed Ram Mandir at Ayodhya.**

**May' 24**

**Pages: 7, 8, 22, 23, 49, 50,51**

**Activity: Write five benefits of Laughter - Yoga**

**July' 24**

**Pages: 28, 29, 30, 52, 53, 54**

**Activity: To make an umbrella using origami sheet.**

**August' 24**

**Pages: 36, 37, 38, 39, 40, 41**

**Activity: Make a friendship band for your friend using waste material.**

**September' 24**

**Pages: 24, 25, 26, 27, 34**

**Activity: Make a vegetable sandwich.**

**October' 24**

**Pages: 16, 17, 18, 19, 20, 21**

**Activity: Make a digital Collage of your favourite books and paste it in your notebooks.**

**November' 24**

**Pages: 55, 56, 57, 58, 59**

**Activity: Story Telling - Bullying  
Talk - Gratitude**



**December' 24**

**Pages: 9,10,11,12, 13,14,15**

**Activity: Make a poster on Global Warming**

**January' 25**

**Pages: 31, 32, 33, 35, 66, 67**

**Activity: Sing any Patriotic Song or recite the Pledge.**

**February' 25**

**Pages: 60, 61, 62, 63, 64, 65**

**Activity: Draw a rainbow and color it.**

**March' 25**

**Pages: 68, 69, 70, 71, 72**

**Activity: Write five lines on vaccination.**

## **Dates & Syllabus for worksheets for term I & term II**

### **Term I**

**Date: 09.07.24**

**Day: Tuesday**

**Syllabus: April, May & July**

**Tasks: 7, 8, 22, 23, 28, 29, 30, 42, 44, 45, 46, 48, 49, 50, 51**

**Mental Ability**

**Important news: April & May**

### **Term II**

**Date: 04.10.24 Day: Friday**

**Syllabus: Aug, September & October**

**Tasks:16, 17, 20, 21, 26, 34, 36, 37, 39, 41,**

**Mental Ability**

**Important news: August & September**

### **Pattern for Worksheets**

**Term I , II**

<b>Book 25 Marks</b>	<b>Name these</b>	<b>Fill ups</b>	<b>Match these</b>	<b>T/F or Choose the Correct option</b>	<b>Q/A</b>
<b>No. of Questions</b>	<b>05</b>	<b>05</b>	<b>05</b>	<b>05</b>	<b>05</b>
<b>Marks</b>	<b>05</b>	<b>05</b>	<b>05</b>	<b>05</b>	<b>05</b>

<b>Mental Ability</b>	<b>Complete the series</b>	<b>Jumbled Words</b>	<b>Circle the odd one out</b>	<b>Arrange in alphabetical order</b>
<b>Marks</b>	<b>04</b>	<b>04</b>	<b>04</b>	<b>03</b>

**Important News: 10 Marks (1×10)**

**Total Marks: 50.**

**Tasks (Book): 25 marks**

**Mental Ability: 15 Marks**

**Important News: 10 marks**

**Term III            G.K. Examination**

**Date: 28.02.25            Day: Tuesday**

**Syllabus: Nov, Dec, Jan & Feb**

**Tasks: 10, 11, 13, 14, 31, 32, 33, 55, 56, 57, 58, 59, 60, 61, 63**

**Pattern of Third Term Exam**

<b>Book 30 marks</b>	<b>Give one word</b>	<b>Name these</b>	<b>Correct the statement</b>	<b>Match these</b>	<b>MCQ</b>	<b>Fill in the blanks</b>
<b>No. of questions</b>	<b>10</b>	<b>10</b>	<b>05</b>	<b>05</b>	<b>10</b>	<b>10</b>
<b>Marks</b>	<b>05</b>	<b>05</b>	<b>05</b>	<b>05</b>	<b>05</b>	<b>05</b>

<b>Mental Ability</b>	<b>Circle the Odd one out</b>	<b>Mirror images</b>	<b>Complete the series</b>	<b>Analogy</b>
<b>Marks</b>	<b>02</b>	<b>02</b>	<b>04</b>	<b>02</b>

**Total Marks: 50**

**Tasks (book): 30 marks.**

**Mental Ability: 10 marks**

**Important news: 10 Marks (Dec & Jan)**

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**SYLLABUS 2024-25**  
**CLASS V**  
**COMPUTER SCIENCE**

**APRIL '24**

- Chapter 1 Computer – History and Generations  
Reading- Concept of Counting, Early Counting Devices, The First Electro-Mechanical Computer, The First Electronic Computer, Personal Computer, Generations of Computer  
Back Exercise, Question Answers, Activity Section
- Activity Draw and Colour a Baisakhi scene

**MAY '24**

- Activity Type a paragraph on 'Laughter is the Best Medicine'  
Activity Draw an Abacus in Paint

**July '24**

- Chapter 2 Windows- File Management  
Reading- File Management, File Explorer, Viewing Files and Folders, Selecting Files and Folders, Creating a New File/Folder, Deleting a File/Folder  
Back Exercise, Question Answers, Activity Section
- Activity Make a poster on 'Conservation of Water'

**AUGUST '24**

- Chapter 3 Word – Table and Mail Merge  
Reading- Microsoft Word, Creating a Document, Entering Text, Making the Text Bold, Italic, Underline, Format Painter, Alignment, Changing Font, Font Size, Colour, Paragraph Spacing, Tab Setting, Inserting a Table, Deleting a table, Combining /Splitting cells in a table, Formatting a table, Using Mail Merge  
Back Exercise, Question Answers, Activity Section
- Activity Draw a Scene on Independence Day  
Activity Type 5 lines on 'Friendship is a Sheltering Tree'

**SEPTEMBER '24**

- Chapter 4 PowerPoint - Creating Presentation  
Reading- Introduction, Using Themes and Templates, Changing PowerPoint views, Creating a Presentation, Changing Slide Layout, Adding a Picture, Adding a table, Adding a chart , Adding a SmartArt, Adding video, Adding Slide Transition, Adding Animation Effects, Running a Presentation, Saving a Presentation, Printing a Presentation  
Back Exercise, Question Answers, Activity Section
- Activity Create a Presentation on 'Benefits of Healthy Lifestyle'

## **OCTOBER '24**

- Chapter 5      Excel- Introduction  
Reading- Introduction to Microsoft Excel, Starting Excel 2019, Components of Excel window, Changing the Active Cell, Creating and Saving Worksheet, Adding a Worksheet, Switching between worksheets, Deleting a Worksheet, Generating a Series  
Back Exercise, Question Answers, Activity Section
- Activity        Make a poster on 'Books are my best friends'

## **NOVEMBER '24**

- Activity        Design a Thank You card for parents/ teachers  
Activity        Make a timetable in Excel  
Activity        Create a Presentation on 'Data Handling' ( Page 52,53)

## **DECEMBER '24**

- Chapter 6      Internet – Electronic mail ( E-mail)  
Reading- E-mail, History of E-mail, Advantages of E-mail, E-mail Programs, Parts of E-mail message, Common E-mail Terms, Creating an E-mail Account, E-mail Etiquettes  
Back Exercise, Question Answers, Activity Section
- Activity        Draw a Christmas Scene  
Activity        Create a Presentation on 'Mother nature'

## **JANUARY '25**

- Chapter 7      Programming Basics  
Reading- Introduction to Programming, Algorithm, Flowchart, Program, Categories of Computer Languages, Language Processor  
Back Exercise, Question Answers, Activity Section
- Activity        Create Slides on 'Unity in Diversity' in MS PowerPoint  
Activity        Draw Various Flowchart symbols in MS-WORD

## **FEBRUARY '25**

- Chapter 9      Domains of Artificial Intelligence  
Reading- Introduction, AI in Healthcare, AI in Social Networking, AI in Education, AI in Manufacturing Industries, Advantages and Disadvantages of AI, Domains of Artificial Intelligence, AI Lab  
Back Exercise, Question Answers, Activity Section
- Activity        Draw and Colour a Basant Panchmi scene

## **MARCH '25**

- Activity        Worksheet – I and II (Page 133, 135)  
Activity        Type 5 lines on Safety tips while using Internet  
Activity        Design a 'Women's Day' card

**ART & CRAFT**  
**Class- V (2024-2025)**

The material which is required for the activity has been mentioned month wise along with the activity. It is to be brought by the child from home.

**April'24**

Aesthetics	Apples	Page-03
Aesthetics	Camel Ride	Page-10
Aesthetics	Save Earth (Draw & Colour)	Page-30

**May'24**

Aesthetics	Monal (Draw & Colour)	Page-13
Aesthetics	Fishermen	Page-11
Group Activity	Spider's Web	Page-12

**July'24**

Aesthetics	Stippling Art	Page-05
Aesthetics	Jungle King (Draw & Colour)	Page-06
Activity	Olympic Games	Page- 24
Activity	Paper Cats	Page-40

**August'24**

Aesthetics	Still Life (Draw & Colour)	Page-04
Aesthetics	Crane	Page-25
Group Activity	Rakshabandhan	Page-20

**September'24**

Aesthetics	Squirrel	Page-35
Aesthetics	Butterfly, Honeybee (Draw & Colour)	Page-16
Group Activity	Charlie Chaplin	Page-09
Aesthetics	Landscape	Page-36

**October'024**

Aesthetics	Gandhi Jayanti (Draw & Colour)	Page-26
Aesthetics	Village Scene	Page-14
Activity	Bookmark	
	* A4 size sheet (Any Colour)	

### **November'24**

Group Activity	Sunset Scene	Page-17
Aesthetics	Folk Art	Page-32
Aesthetics	Castle (Draw & Colour)	Page-37

### **December'24**

Aesthetics	Mickey and Donald	Page-39
Aesthetics	Skiing	Page-22
Activity	Horny Cow	Page-23

### **January'25**

Activity	Republic Day	Page-31
Aesthetics	Court of Justice	Page- 18
Aesthetics	Warli Art (Draw & Colour)	Page- 38

### **February'25**

Aesthetics	Human Anatomy (Draw & Colour)	Page-21
Aesthetics	Stippling	Page-33
Activity	Hedge Hog	Page-27

### **March'25**

Aesthetics	Pattern Design (Draw & Colour)	Page-07
Aesthetics	Mandala Art	Page-08
Group Activity	Chana Chaat Boiled Chana, Chopped Tomato, Cucumber, ½ Lemon, Chaat Masala, 2 Napkin, Plate, Spoon	

## **Syllabus of Yoga Class V**

### **April ' 24**

Suryanamaskar with 12 mantras

1. Om Mitraya Namha
2. Om Ravaye Namha
3. Om Suryaya Namha
4. Om Bhanave Namha
5. Om Khagaya Namha
6. Om Pushne Namha
7. Om Hiranya Garbhaya Namha
8. Om Marichaye Namha
9. Om Savitre Namha
10. Om Aadityaye Namha
11. Om Arkaya Namha
12. Om Bhaskaraye Namha

Benefits : (a) It is a complete body exercise  
(b) It helps in reducing cholesterol.

### **May' 24**

Utthita Paschimottanasana

Benefits : (a) It strengthens our hip bones.  
(b) It exercises our thighs and calves.  
(c) It helps to improve concentration.

### **July' 24**

Garbhasana

Benefits : (a) It exercises knee joints.  
(b) It improves the functioning of small/large Intestine.

Sarvangasana

Benefits : (a) It helps in curing cervical problems.  
(b) It improves the working of Thyroid gland.

### **August' 24**

Janushirasana : (When we touch our head with thighs)

Benefits : (a) It reduces extra fat from the stomach.  
(b) It cures stomach disorders.

Naukasana (Boat Pose)

Benefits : (a) It removes excess fat from stomach and makes stomach area strong.  
(b) It helps in preventing constipation and flatulence.

## **September' 24**

Paschimottanasana : (The forward stretching posture)

- Benefits : (a) It stretches the muscles of the legs and improves flexibility.  
(b) It increases our height.

Ardhmatsyendrasana

- Benefits : (a) It helps to cure 'Diabetes'.  
(b) It increases flexibility of our waist area.

## **October' 24**

Chakrasana : (The Circle pose)

- Benefits : (a) It exercises every inch of our back-bone.  
(b) It removes the stiffness of the spine.

Kukutasana

- Benefits : (a) It strengthens our arms and shoulders.  
(b) It improves concentration.

## **November' 24**

Revision

## **December' 24**

Bhujanmasana :

- Benefits : (a) It reduces extra fat from thighs.  
(b) It increases flexibility of the muscles in our legs.

Matasyasana : (Fish pose)

- Benefits : (a) It provides relief from constipation.  
(b) It exercises our waist area.

## **January' 25**

Bakasana

- Benefits : (a) It strengthens the muscles of arms.  
(b) It brings glow to our face.

Dhanurasana : (The Bow Asana)

- Benefits : (a) It strengthens our backbone.  
(b) It exercises all the internal organs.

## **February' 25**

Shirshad Angusthanasana

- Benefits : (a) It improves the balance of our body.  
(b) It strengthens our legs.

## **March' 25**

Suryanamaskar and its related Asanas.



# SYLLABUS OF MUSIC 2024-2025

## Class-5

1. School Prayers From School Diary
2. Patriotic Song & National Anthem From School Diary
3. The heavens are blue proclaiming to you  
The glory of God their creator  
At sunset or night they're a beautiful sight  
Yes, they show forth the glory of God

Ch: Author of beauty God on high  
It is for you that I sigh,  
As long as I live, My love I shall give  
To you Lord, My God most high  
As Long as I live, My love I shall give  
To you Lord my god most high  
And all of my days I will sing to your praise  
I'll adore you my God most high

The surging of seas, the wind in the trees  
Breathe the music of God in nature  
In songs of a bird, nature's witness is heard  
Yes, they sing forth the glory of God

4. In a cavern, in a canyon  
Excavating for a mine  
Dwelt a miner, forty-niner  
And his daughter, Clementine

Oh my darling, oh my darling  
Oh my darling, Clementine  
You are lost and gone forever  
Dreadful sorry, Clementine

Light she was and like a fairy  
And her shoes were number nine  
Herring boxes, without topses  
Sandals were for Clementine

Drove she ducklings to the water  
Every morning just at nine  
Hit her foot against a splinter  
Fell into the foaming brine

Ruby lips above the water  
Blowing bubbles, soft and fine  
But, alas, I was no swimmer  
So I lost my Clementine

How I missed her! How I missed her  
How I missed my Clementine  
But I kissed her little sister  
I forgot my Clementine

Oh my darling, oh my darling  
Oh my darling, Clementine  
You are lost and gone forever  
Dreadful sorry, Clementine

5. Give me oil in my lamp keep me burning  
Give me oil in my lamp, I pray,  
Give my oil in my lamp, keep me burning,  
Keep me burning 'till the end of day.

Sing hosanna, sing hosanna,  
Sing hosanna to the King of kings!  
Sing hosanna, sing hosanna,  
Sing hosanna to the King!

Give me peace in my mind, keep me resting,  
Give me peace in my mind, I pray.  
Give me peace in my mind, keep me resting,  
Keep me resting 'till the end of day.

Give me love in my work, keep me serving,  
Give me love in my work, I pray.  
Give me love in my work, keep me serving,  
Keep me serving 'till the end of day.

6. मेरी झोपड़ी के भाग, आज खुल जाएंगे, राम आएँगे,  
राम आएँगे आएँगे, राम आएँगे,  
मेरी झोपड़ी के भाग, आज खुल जाएंगे, राम आएँगे ॥

राम आएँगे तो, आंगना सजाऊँगी,  
दिप जलाके, दिवाली मनाऊँगी,  
मेरे जन्मो के सारे, पाप मिट जाएंगे, राम आएँगे,  
मेरी झोपड़ी के भाग, आज खुल जाएंगे, राम आएँगे ॥

राम झूलेंगे तो, पालना झुलाऊँगी,  
मीठे मीठे मैं, भजन सुनाऊँगी,  
मेरी जिंदगी के, सारे दुःख मिट जाएँगे, राम आएँगे,  
मेरी झोपड़ी के भाग, आज खुल जाएंगे, राम आएँगे ॥

7. School Song From School Diary  
8. Gandhi Jayanti Celebration Song  
9. Holi Celebration Song

## **Class V ( 2024-25 )**

### **Dance**

**April & May '24**

**Classical**

**July '24**

**Bhangra**

**August '24**

**Free style ( Patriotic song )**

**September '24**

**Gandhi Jayanti Celebration**

**October '24**

**Classical**

**November '24**

**Revision**

**December '24**

**Christmas Carol**

**January & February '25**

**Basant Panchami Song**

**March '25**

**Practice of dance Steps**